

Tiffany's Total Fitness - Lufkin

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Tiffany's Total Fitness - Lufkin

Discover Tiffany's Total Fitness: A Premier Physical Fitness Program in Lufkin, Texas

Tiffany's Total Fitness is not just a gym; it is a community hub for individuals looking to enhance their physical well-being. Located in Lufkin, Texas, this fitness facility stands out for its commitment to inclusivity and accessibility.

Inclusive Accessibility Features

One of the significant advantages of Tiffany's Total Fitness is its ****wheelchair-accessible entrance****. This feature ensures that all members,

regardless of mobility challenges, can easily access the gym and its services. Additionally, the facility includes a ****wheelchair-accessible car park****, providing convenience for those who require it.

A Welcoming Environment for Everyone

Feedback from visitors highlights the friendly atmosphere at Tiffany's Total Fitness. As one satisfied member stated, "I love this place and the instructors. You will feel welcome and get a great workout, regardless of your fitness level." This sentiment reflects the gym's dedication to making everyone feel included and comfortable.

Versatile Event Facilities

Tiffany's Total Fitness also offers rental options for events, such as Christmas parties. A previous guest shared their experience, noting, "Have used facilities as a rental for a Christmas Party, staff was very pleasant and easy to work with, even had options for table and chair rentals. Will definitely use again!!!" This versatility makes it an ideal choice not only for fitness enthusiasts but also for those looking to host memorable gatherings.

Conclusion

In summary, Tiffany's Total Fitness is a standout physical fitness program in Lufkin, Texas, thanks to its ****accessibility**** features and welcoming environment. Whether you are looking to improve your fitness level or organize a memorable event, Tiffany's Total Fitness provides the space and support you need to succeed.

Our business is found at

210 S Timberland Dr B, 75901 Lufkin, Texas - United States (US)

The phone of the respective **Physical fitness program** is +1936-208-7274
And if you want to send a WhatsApp, you can do so at +1936-208-7274

Our opening hours are:

Day Hours
Monday
12–1?PM 4:30–6:30?PM
Tuesday
5:30–6:30?PM
Wednesday
10–11?AM

Thursday

Closed

Friday

12–1?PM 5:30–7:30?PM

Saturday

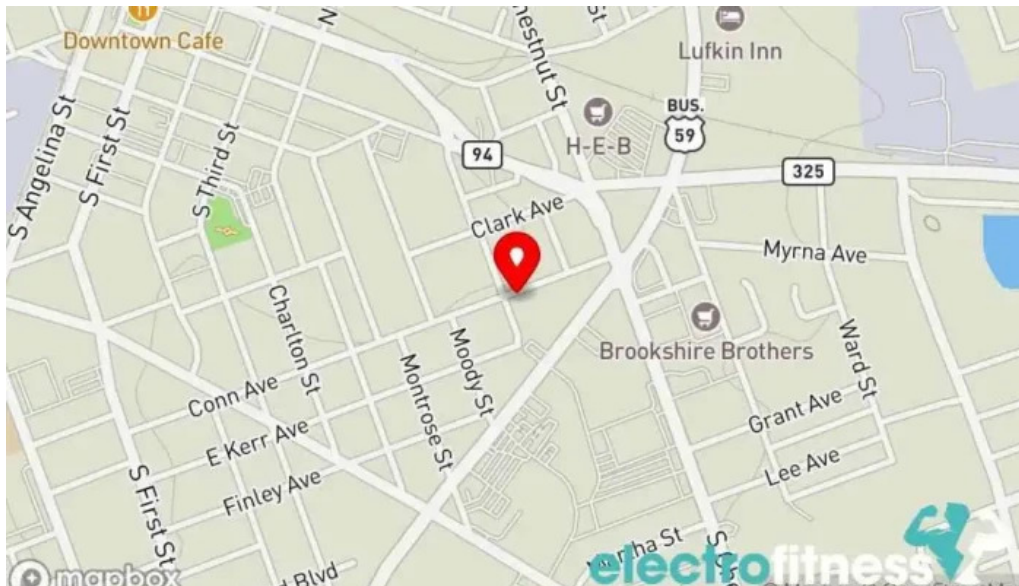
12–1?PM 4:30–6:30?PM

Sunday

9–10?AM 5:30–7:30?PM

If necessary to update any element that you consider is not correct concerning this portal, please send a message so we can we will handle it at the earliest convenience. In advance thanks for your cooperation.

Images



Tiffany's total fitness map



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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indoor lodging
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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
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training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
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