

CrossFit Palestine - Palestine

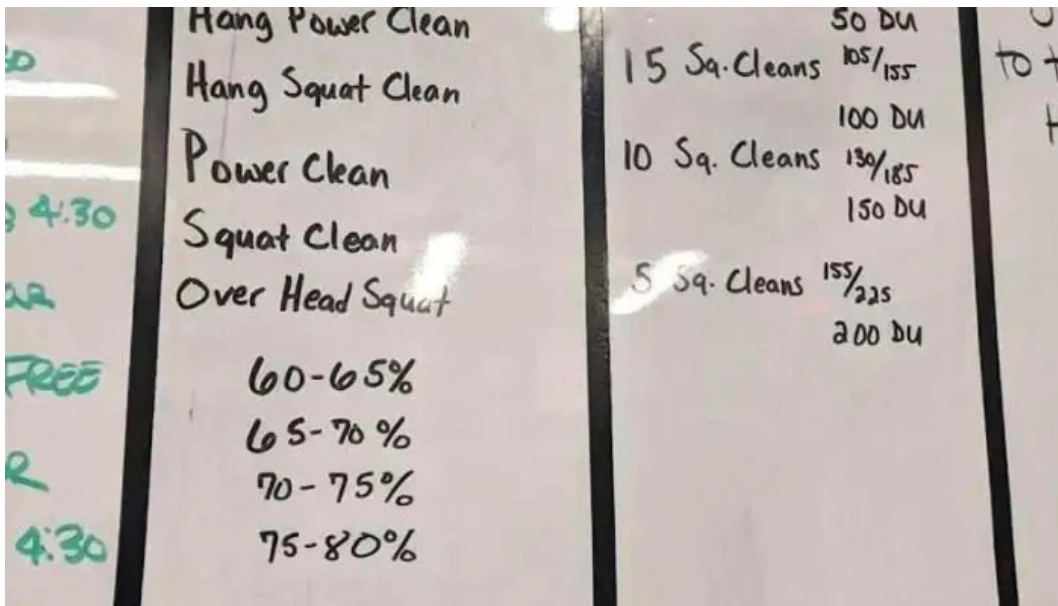
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palestine

CrossFit Palestine - Palestine

Discover CrossFit Palestine: A Comprehensive Physical Fitness Program

If you're looking for a ****dynamic and engaging fitness experience**** in Palestine, TX, look no further than CrossFit Palestine. Known for its inclusive atmosphere and effective workout routines, this fitness program caters to individuals of all skill levels.

Accessibility at CrossFit Palestine

One of the standout features of CrossFit Palestine is its commitment to

****accessibility****. The facility is designed to ensure that everyone can participate in the physical fitness programs offered.

Wheelchair-Accessible Car Park

CrossFit Palestine provides a ****wheelchair-accessible car park****, making it easier for those with mobility challenges to access the gym. This thoughtful addition ensures that all members and visitors can enjoy their fitness journey without the stress of navigating obstacles.

Wheelchair-Accessible Entrance

Upon arrival, individuals will find a ****wheelchair-accessible entrance**** that welcomes everyone into the vibrant community. This feature reflects CrossFit Palestine's dedication to creating an inclusive space where every person feels valued and empowered to achieve their fitness goals.

Join the Community

CrossFit Palestine is more than just a gym; it's a community. With a focus on accessibility, all members can engage in challenging workouts, receive personal training, and participate in group classes tailored to various fitness levels.

Conclusion

With its robust commitment to ****accessibility****, CrossFit Palestine stands out as an exceptional option for anyone looking to enhance their physical fitness in Palestine, TX. Whether you're a seasoned athlete or new to fitness, the welcoming environment makes it an ideal place to start your journey. Join the movement today and discover what CrossFit Palestine has to offer!

The address of our establishment is

3001 N, 3001 TX-256 Loop, 75803 Palestine, TX - United States (US)

The phone of the respective **Physical fitness program** is +1903-394-9638

And if you want to send a WhatsApp, you can do so at +1903-394-9638

In case you want to modify any data that you feel is incorrect concerning this site, we ask send a message so that we will fix it promptly. Thank you in advance we appreciate it.

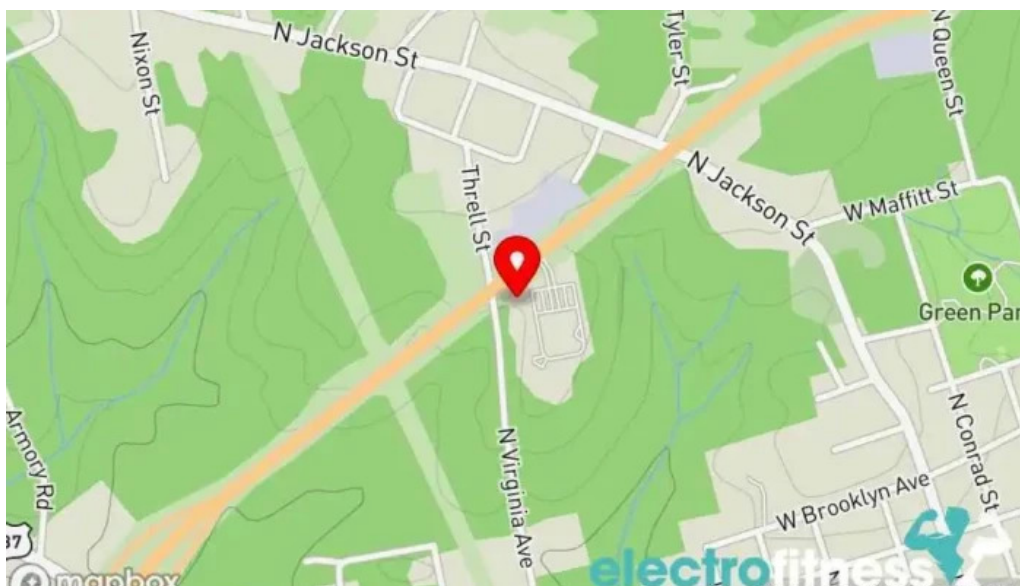
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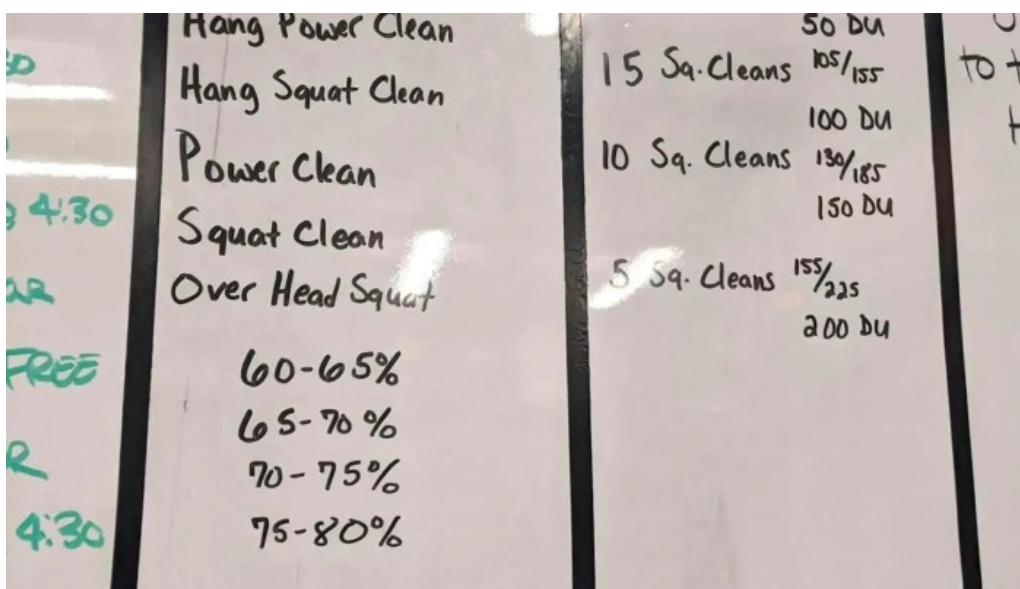
Crossfit palestine street view 360deg

Hang Power Clean	50 DU
Hang Squat Clean	105/155
Power Clean	100 DU
Squat Clean	130/185
Over Head Squat	150 DU
60-65%	5 Sq. Cleans 155/225
65-70%	200 DU
70-75%	
75-80%	

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Crossfit palestine map



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Tags

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

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parking lot
parkour spot
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
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