

Black Goat Fitness Spokane - Spokane

spokane

 I'm not a robot 
reCAPTCHA

Published on: 02/05/25	Hits: 814
Comments: 0	See comments
Votes: 74	Score: 4.9

https://www.electrofitness.com/physical-fitness-program/spokane/black-goat-fitness-spokane-spokane_257946.php



spokane

Black Goat Fitness Spokane - Spokane

Discover Black Goat Fitness Spokane: A Community-Driven Physical Fitness Program

Black Goat Fitness Spokane has rapidly become a cherished part of the local fitness community in Washington. This gym offers more than just a place to work out; it provides an inclusive atmosphere where individuals of all abilities can thrive. With amenities such as a **sauna**, a **wheelchair-accessible entrance**, and a **wheelchair-accessible car park**, Black Goat Fitness

prioritizes accessibility for everyone.

Exceptional Coaching and Programming

Members rave about the **phenomenal coaching and programming** available at Black Goat Fitness. Coaches like Jerryl, Sebastian, and Addison are known for their professionalism and encouragement. Whether you are joining the early morning workout crew or dropping in for a class, the level of support and expertise from the coaches helps each member achieve their fitness goals. One member shared, "All of the Black Goat coaches are professional, knowledgeable, and encouraging."

A Welcoming and Supportive Environment

The sense of community at Black Goat Fitness is palpable. Members often express gratitude for the supportive atmosphere, making it an ideal environment for newcomers. "I've never felt more welcomed and cared for by a gym in my entire life," said one member, highlighting the friendly interactions that define the Black Goat experience. Addison's approach, especially with older adults, emphasizes patience and understanding. She took time to explain movements to a member's 76-year-old grandmother, inspiring her to engage in weight training—a goal she previously felt intimidated to pursue.

Top-notch Facilities and Amenities

Black Goat Fitness boasts **high-quality amenities** that cater to diverse fitness needs. The facility is clean, spacious, and well-organized, with a variety of equipment available for functional training. Alongside traditional strength and conditioning options, the recently installed **infrared sauna** adds an extra layer of wellness that members can enjoy post-workout. "I really enjoy how friendly and kind they are, which makes me feel welcome and less intimidated," said another member, reflecting the welcoming nature of both the staff and fellow gym-goers.

Accessibility for Everyone

Black Goat Fitness not only focuses on fitness but also champions **accessibility**. The gym features **a wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for everyone to participate in classes and training sessions. This commitment to inclusivity shines through in the way the coaches provide modifications and support tailored to individual needs.

Flexible Membership Options

With flexible pricing and scheduling options, Black Goat Fitness caters to various lifestyles. Members can choose from monthly memberships, drop-in single workouts, or discounted punch cards, making it easy to fit fitness into busy schedules. Furthermore, they offer a free trial workout, allowing

newcomers to experience the environment without commitment.

Conclusion: Join the Black Goat Fitness Community

If you're looking for an exceptional place to improve your physical fitness in Spokane, look no further than Black Goat Fitness. With a focus on community, professional coaching, and a welcoming atmosphere, this gym is dedicated to helping individuals reach their health and fitness goals. Experience the unique blend of support, accessibility, and fun at Black Goat Fitness—where everyone is truly welcome!

Our business is located at

123 E Mission Ave, 99202 Spokane, Washington - United States (US)

The contact line of the respective **Physical fitness program** is +1509-863-7922

And if you want to send a WhatsApp, you can do so at +1509-863-7922

We are open during the following hours:

Day Hours
Monday
5?AM–7:30?PM
Tuesday
5?AM–7:30?PM
Wednesday
5?AM–6:30?PM
Thursday
8–10?AM
Friday
Closed
Saturday
5?AM–7:30?PM
Sunday
5?AM–7:30?PM

The website is BLACK GOAT FITNESS SPOKANE

If you wish to change any information that you feel is not correct concerning this web, we ask send us a message and we will handle it promptly. In advance thanks for your cooperation.

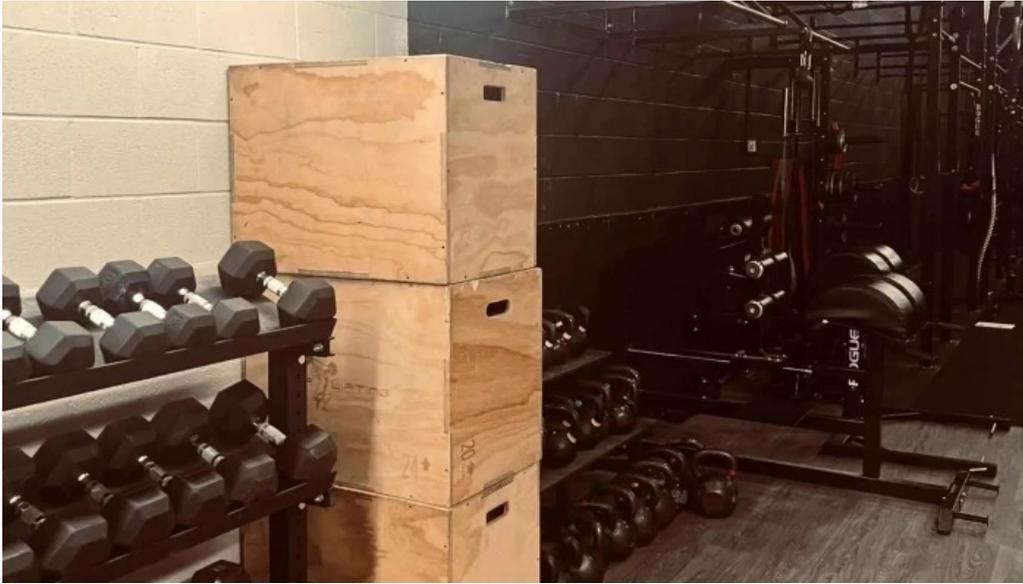
Images



Black goat fitness spokane videos



Black goat fitness spokane street view 360deg



Black goat fitness spokane spokane



Black goat fitness spokane score



Black goat fitness spokane promotion



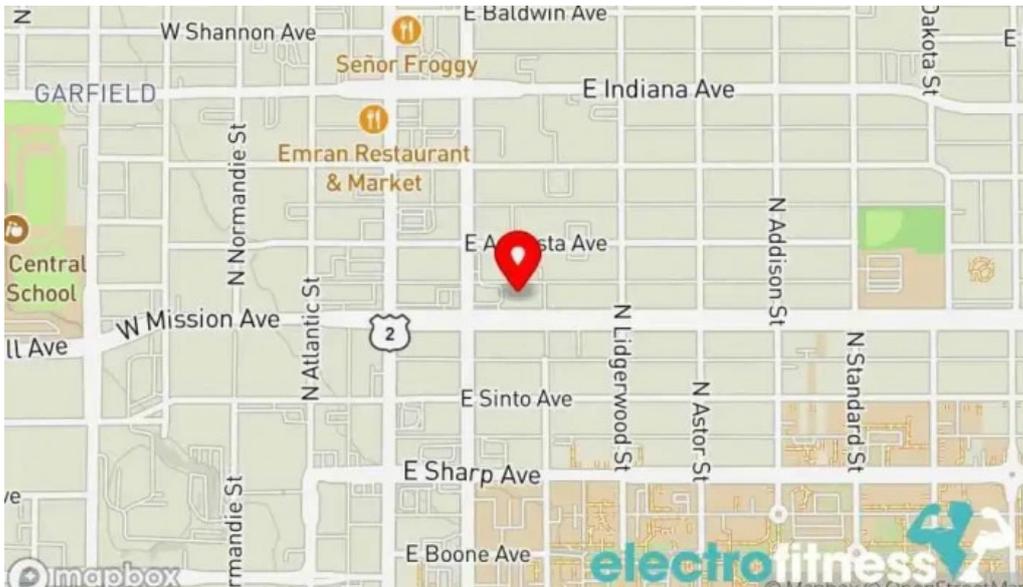
Black goat fitness spokane physical fitness program



Black goat fitness spokane photos



Black goat fitness spokane near me



Black goat fitness spokane map



Black goat fitness spokane catalog



Black goat fitness spokane by owner



Black goat fitness spokane all



Black goat fitness spokane address

Tags

Wheelchair-accessible entrance, Sauna, Amenities, Accessibility, Wheelchair-accessible car park

Related content

5.0 * *Gettysburg Goat Yoga - Gettysburg*

5.0 * *Black Dragon's Den - Adrian*

3.8 * *Black Belt Academy - Fort Washington*

5.0 * *Black Flag Strength - Hanover*

4.5 * *Black Belt Academy - Waldorf*

3.5 * *Crunch Fitness - Boise Black Eagle - Boise*

5.0 * *S&a Boxing Academy - Waldorf*

4.9 * *Sweat Dc - Park View - Washington*

4.9 * *Witfit Fitness - Burlington*

5.0 * *Brandis Touch Studios - The Integrated Wellness Spa - Fort Washington*

Categories

academic department

acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler

food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic

pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor

yoga studio
youth organization