

305 Fitness Dc - Washington

washington

☐ I'm not a robot 

Published on: 16/04/25	Hits: 1089
Comments: 0	See comments
Votes: 121	Score: 4.9

https://www.electrofitness.com/physical-fitness-program/washington/305-fitness-dc-washington_208285.php



washington

305 Fitness Dc - Washington

Experience the Excitement of 305 Fitness DC

Located in the vibrant Logan Circle area of Washington, D.C., **305 Fitness** is more than just a workout; it's a high-energy dance party that challenges your body while uplifting your spirit. With a welcoming atmosphere and enthusiastic instructors, this fitness program has attracted a diverse community of fitness enthusiasts, making it a must-try for anyone looking to spice up their fitness routine.

Wheelchair-Accessible Entrance

Accessibility is a priority at 305 Fitness DC. The studio features a **wheelchair-accessible entrance** to ensure that everyone can join the fun. This inclusive approach aligns with the supportive environment created within the classes, as attendees of all backgrounds come together to dance, sweat, and enjoy themselves.

Service Options and Class Variety

305 Fitness offers various **service options**, including online classes that allow participants to join from the comfort of their homes. This flexibility caters to anyone's schedule and ensures that those unable to attend in-person sessions can still benefit from the energetic workouts. The classes are designed to deliver a full-body workout while incorporating intuitive dance movements, catering to individuals of all dance abilities.

Accessibility and Community Vibes

The testimonials from participants highlight the **accessibility** and warmth of the community. Many express how welcoming the environment is, particularly for newcomers. One participant noted, "305 is honestly the most fun I've ever had while working out," capturing the essence of the studio's mission to create a non-judgmental space where all can thrive. The energy is infectious, fueled by live DJs and vibrant music that keeps everyone moving and grooving.

Join the Dance Party

305 Fitness is not just about breaking a sweat; it's about creating connections. Participants rave about the positive interactions with both instructors and fellow classmates, fostering a sense of belonging. The shared experience transforms each session into a celebration of fitness rather than a chore. As one enthusiastic attendee put it, "You're in for an AMAZING workout," making it evident that the fun atmosphere keeps everyone returning for more.

Conclusion: Why You Should Try 305 Fitness DC

If you're seeking a workout that doesn't feel like a traditional exercise routine, look no further than 305 Fitness DC. With its **wheelchair-accessible entrance**, various **service options** including online classes, and an incredible community vibe, this fitness program stands out as a leader in the D.C. fitness scene. Join the movement, get ready to dance, and discover why so many have fallen in love with this exhilarating fitness experience. Whether you're a seasoned dancer or a beginner, 305 Fitness welcomes you with open arms!

The premises are located at

1328 Florida Ave NW, 20009 Washington, District of Columbia - United States (US)

The phone of said **Physical fitness program** is +1202-885-9606
And if you want to send a WhatsApp, you can do so at +1202-885-9606

We are open during the following hours:

Day	Hours
Monday	6?AM–8:30?PM
Tuesday	6?AM–8:30?PM
Wednesday	6?AM–8:30?PM
Thursday	6?AM–7:30?PM
Friday	8?AM–1:30?PM
Saturday	7:45?AM–12:45?PM 4–6?PM
Sunday	7?AM–8:30?PM

The website is 305 Fitness DC

If you wish to adjust any detail that you believe is not accurate about this web, we urge you to deliver a message so we can we will adjust it quickly. In advance thanks for your cooperation.

Images



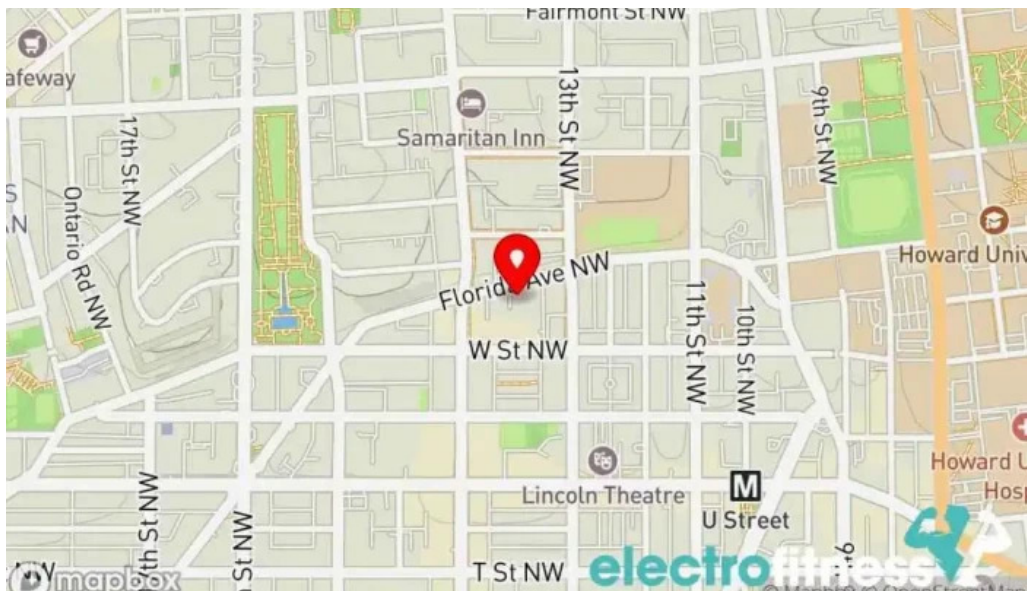
305 fitness dc washington



305 fitness dc street view 360deg



305 fitness dc physical fitness program



305 fitness dc map



305 fitness dc by owner



305 fitness dc all

Tags

Wheelchair-accessible entrance, Online classes, Service options, Accessibility

Related content

4.5 *	<i>Fort Washington Forest Community Center - Fort Washington</i>
4.1 *	<i>Washington St. Gym - Aberdeen</i>
4.5 *	<i>Planet Fitness - Fort Washington</i>
5.0 *	<i>Belly Dance! Studio - Walnut Creek</i>
4.3 *	<i>Bayside Community Center - Aberdeen Proving Ground</i>
4.7 *	<i>Corvias Gym - Aberdeen Proving Ground</i>
3.8 *	<i>Black Belt Academy - Fort Washington</i>
3.9 *	<i>Dold Gymnasium - Washington Township</i>
5.0 *	<i>Ultimate Fitness Llc - Fort Washington</i>
5.0 *	<i>Brandis Touch Studios - The Integrated Wellness Spa - Fort Washington</i>

Categories

academic department

amusement park ride
arena
association / organization
athletic club
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school

karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre

vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization