


## Brandie Freeman - Bfitjunky Studio - Watertown

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### Discover BFit Junky Studio: A Transformative Physical Fitness Program in Watertown, NY

If you're looking for a fitness experience that combines quality training with a welcoming atmosphere, **BFit Junky Studio** is the place to be. Owned by the dynamic **Brandie Freeman**, this studio offers a range of programs tailored to meet diverse needs, making it an inclusive space for all individuals.

#### A Welcoming Atmosphere for Everyone

BFit Junky Studio is not just a gym; it's a **transgender safe space** and **LGBTQ+ friendly** environment. With **gender-neutral toilets** and a **wheelchair-accessible entrance**, the studio ensures accessibility for everyone. Customers appreciate the **wheelchair-accessible car park** and convenient **on-site parking**, making visits hassle-free.

## **A Variety of Service Options**

At BFit Junky, you can choose from an impressive range of service options, including personalized training sessions and engaging **online classes**. The studio prides itself on being **women-owned** and offers a variety of on-site services tailored to individual fitness goals. Clients rave about the **boot camp classes**, which provide a challenging yet supportive workout environment designed for all fitness levels.

## **State-of-the-Art Amenities**

The facility boasts excellent amenities, including **shower** facilities and comfortable **wheelchair-accessible seating**. With **free parking lot** options, member convenience is always a priority. As one client mentioned, the space is filled with a positive atmosphere where individuals can feel motivated to achieve their health goals.

## **Client Testimonials: Real Results, Real Transformation**

Many clients have shared transformative experiences at BFit Junky Studio: - One individual expressed gratitude for the empowerment received through Brandie's training, saying she "reminded me how strong I am." - Another client highlighted the **judgment-free** environment, stating, "I couldn't ask for a better personal trainer than Brandie!" This sentiment resonates with many who appreciate the supportive community atmosphere. - A client who lost 87 pounds remarked on the knowledge and care shown by the trainers, reinforcing the commitment to client success.

## **Planning Your Visit**

While walk-ins are welcome, it's recommended to schedule your sessions as an **appointment is required** for personalized training. Whether you're a beginner or looking to enhance your existing routine, Brandie and her team are committed to helping you every step of the way.

## **Conclusion: A Gem in the Community**

BFit Junky Studio has become a cherished resource in Watertown, NY. Its combination of knowledgeable staff, supportive culture, and comprehensive service options makes it a standout choice for anyone seeking to improve their physical fitness. Come and experience the welcoming atmosphere, where you can work towards achieving your fitness goals while feeling empowered and supported. Brandie and her team are here to guide you through every step of

your fitness journey.

**You can reach us at**

1222 Arsenal St #2b, 13601 Watertown, New York - United States (US)

The contact line of the mentioned **Physical fitness program** is +1315-783-2319

And if you want to send a WhatsApp, you can do so at +1315-783-2319

**We look forward to seeing you at:**

Day Hours  
Monday

6?AM–6:30?PM

Tuesday

6?AM–6:30?PM

Wednesday

9?AM–12?PM

Thursday

9–11?AM

Friday

6?AM–6:30?PM

Saturday

6?AM–6:30?PM

Sunday

6?AM–6:30?PM

The website is Brandie Freeman - Bfitjunky Studio

In case you want to adjust any information that you think is incorrect concerning this portal, we kindly request deliver a message so we can we will adjust it as soon as possible. In advance thanks for your cooperation.

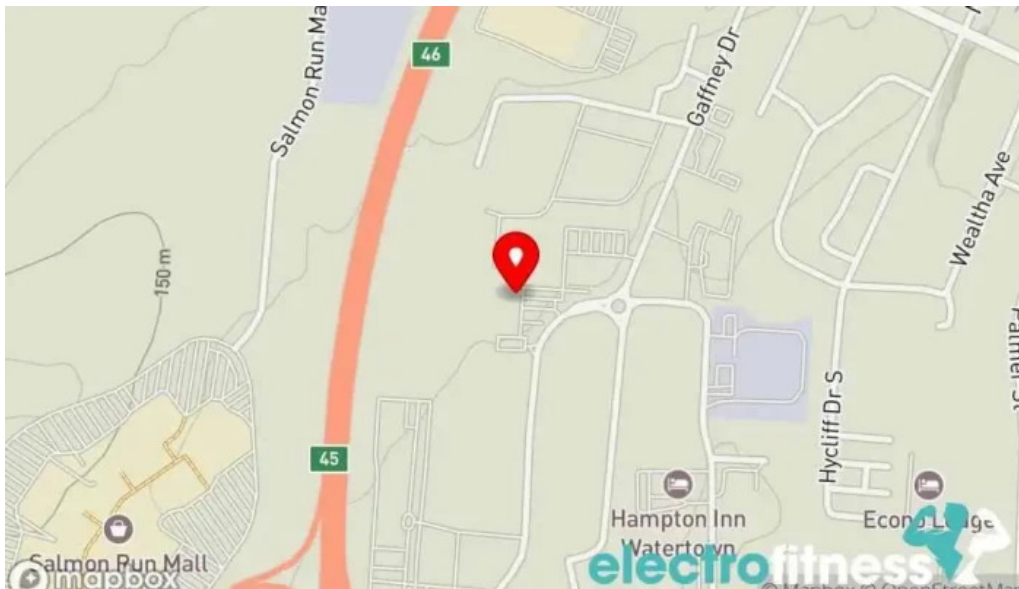
## Images



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## Tags

*Transgender safe space, Wheelchair-accessible seating, On-site services, On-site parking, Atmosphere, Planning, Service options, Free of charge street parking, Appointment required, From the business, Gender-neutral toilets, Toilet, Crowd, Identifies as women-owned, Accessibility, Free parking lot, Shower, Parking, Wheelchair-accessible entrance, Online classes, Wheelchair-accessible car park, Restaurant, LGBTQ+ friendly, Amenities*

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boot camp
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chiropractor
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dollar store
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exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school

karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store

weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization