

## Total Wellness Physical Therapy - Addison

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### *Total Wellness Physical Therapy - Addison*

#### **Total Wellness Physical Therapy: Your Path to Recovery in Addison, New York**

Located in the heart of Addison, New York, **Total Wellness Physical Therapy** offers a comprehensive range of services designed to assist individuals in their recovery journey. With dedicated professionals like Yvonne at the helm, patients can expect personalized care tailored to their specific needs.

## Amenities and Accessibility

Total Wellness is committed to providing an environment that enhances your rehabilitation experience. The facility boasts several **amenities** to ensure comfort and convenience for all patients. Notably, the clinic features a **wheelchair-accessible entrance**, allowing easy access for individuals with mobility challenges. Additionally, there is a **wheelchair-accessible toilet** and a **wheelchair-accessible car park** available for added accessibility.

## Planning and Appointments

Effective planning is crucial when it comes to achieving optimal results in physical therapy. At Total Wellness, **appointment required** policies help streamline the process, ensuring that each patient receives focused attention during their sessions. It is highly recommended that patients book their **appointments** in advance to secure a time that works best for them.

## Patient Testimonials

The experiences shared by patients reflect the high level of care provided at Total Wellness. Yvonne has become a trusted figure for many, including families navigating post-surgery recoveries. One patient's 10-year-old daughter underwent knee surgery, and Yvonne was instrumental in her pre-operative and post-operative care. The comfort and trust that children and adults alike feel while receiving treatment highlight Yvonne's compassionate approach. Another patient reflected on their journey after a total knee replacement, praising Yvonne for her conscientious and caring demeanor. With a deep understanding of what is necessary for recovery, Yvonne's expertise fosters confidence among her patients, making them feel fortunate to have such a professional within their community.

Positive outcomes are a common theme among various testimonials. One individual noted that what they initially thought was a hip issue turned out to be ligament trouble, which Yvonne addressed effectively, illustrating her diagnostic skills and commitment to patient care.

Indeed, many families return to Yvonne for subsequent surgeries, showcasing the trust built through successful rehabilitation experiences. A father completing his father's knee rehab with Yvonne emphasizes the continuity of care offered at Total Wellness.

Moreover, patients experiencing chronic pain have reported significant improvements. One individual suffering from a frozen shoulder experienced near-complete movement restoration and a dramatic reduction in pain, demonstrating the effectiveness of the therapy provided.

## Conclusion

Total Wellness Physical Therapy stands out as a beacon of hope and healing in Addison, New York. With exceptional professionals like Yvonne leading the charge, patients can expect not only effective treatment but also a supportive atmosphere conducive to recovery. Don't hesitate to reach out and schedule your appointment today!

### Our business is found at

108 Front St, 14801 Addison, New York - United States (US)

The phone of this **Physical therapist** is +1607-359-2228

And if you want to send a WhatsApp, you can do so at +1607-359-2228

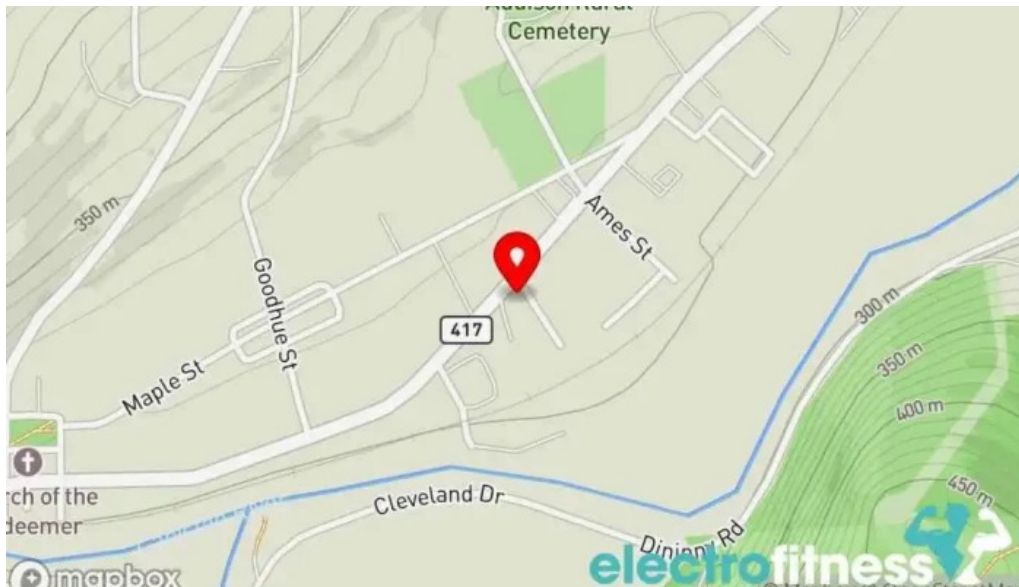
### We look forward to seeing you at:

Day Hours  
Monday  
Closed  
Tuesday  
Closed  
Wednesday  
8?AM–5?PM  
Thursday  
8?AM–5?PM  
Friday  
8?AM–5?PM  
Saturday  
8?AM–5?PM  
Sunday  
8?AM–5?PM

The website is Total Wellness Physical Therapy

If you require to modify any data that you consider is not correct regarding this portal, we kindly request send a message and we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

## Images



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## Tags

*Amenities, Toilet, Planning, Appointments recommended, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park, Appointment required, Wheelchair-accessible toilet*

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health consultant
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health spa
hiking area
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pharmacy
physical fitness program
physical therapist
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pickleball court
pilates studio
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rehabilitation center
rock climbing gym
school district office
self defense school
shooting range



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spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
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swimming instructor
swimming school
tennis club
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