

ProBalance Physical Therapy & Pilates Studio - Alameda

alameda

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ProBalance Physical Therapy & Pilates Studio - Alameda

Welcome to ProBalance Physical Therapy & Pilates Studio in Alameda, California

ProBalance Physical Therapy & Pilates Studio stands out as a beacon of healing and fitness in Alameda, California. Known for its ****exceptional amenities****, this facility caters to individuals seeking rehabilitation and wellness through specialized physical therapy and Pilates classes.

Amenities That Support Your Journey to Recovery

Whether you're dealing with injuries or striving to improve your overall well-being, ProBalance offers ****top-notch amenities**** that enhance the recovery process. Their ****wheelchair-accessible entrance**** ensures that everyone can engage in their services comfortably. Additionally, the facility includes a ****wheelchair-accessible toilet**** and a convenient ****wheelchair-accessible car park****, making accessibility a priority for all clients.

Planning Your Visits

When considering therapy sessions, it's advisable to make ****appointments recommended**** in advance. ProBalance is dedicated to providing personalized care, and scheduling your visits allows the skilled staff to prepare adequately for your needs.

Accessibility for Everyone

ProBalance is committed to ensuring ****accessibility**** for all clients. Beyond physical accessibility measures, the staff's professionalism and generosity shine through in every interaction. Reviews highlight how the therapists go above and beyond, showing genuine concern and commitment to patient progress.

Testimonials: Real Stories of Transformation

Clients at ProBalance share incredible experiences that showcase the impact of their therapy journey. One client mentioned, "I am a huge fan of this amazing studio! I have only had EXCELLENT classes and care from the Pilates instructors and Physical Therapy." Another client expressed gratitude for their therapy journey, noting, "Going from completely able-bodied and active to unable to walk or function is harder than I can put into words." These heartfelt testimonials reflect the dedication of therapists like Marie Solorzano, Cicely, and Ada Wells, who provide compassionate care tailored to meet individual needs.

Your Path to Strength and Flexibility

ProBalance not only focuses on physical healing but also promotes overall strength and flexibility. As one client noted, "I have not been injured one time. I am stronger than I was in my 40s." This sentiment captures the essence of ProBalance's approach—empowering clients to reclaim their health and vitality.

Why Choose ProBalance?

With a reputation for excellence, ProBalance Physical Therapy & Pilates Studio is highly recommended for its knowledgeable staff, effective treatments, and a welcoming environment. The emphasis on ****selfless care**** and accessibility makes it a leading choice in the East Bay. Clients leave feeling equipped with tools for self-management and lifelong wellness. In conclusion, if you're looking to embark on a journey of recovery or enhance your physical capabilities, ProBalance Physical Therapy & Pilates Studio is the place to be.

Your health and wellness matter, and here, you'll find the support you need to thrive.

The address of our establishment is

2213 Harbor Bay Pkwy, 94502 Alameda, California - United States (US)

The contact phone of the respective **Physical therapy clinic** is +1510-523-1900

And if you want to send a WhatsApp, you can do so at +1510-523-1900

Our service hours are:

Day	Hours
Monday	9?AM–6?PM
Tuesday	8?AM–7?PM
Wednesday	9?AM–5?PM
Thursday	8?AM–2?PM
Friday	9?AM–2?PM
Saturday	8?AM–12?PM
Sunday	9?AM–7?PM

The website is ProBalance Physical Therapy & Pilates Studio

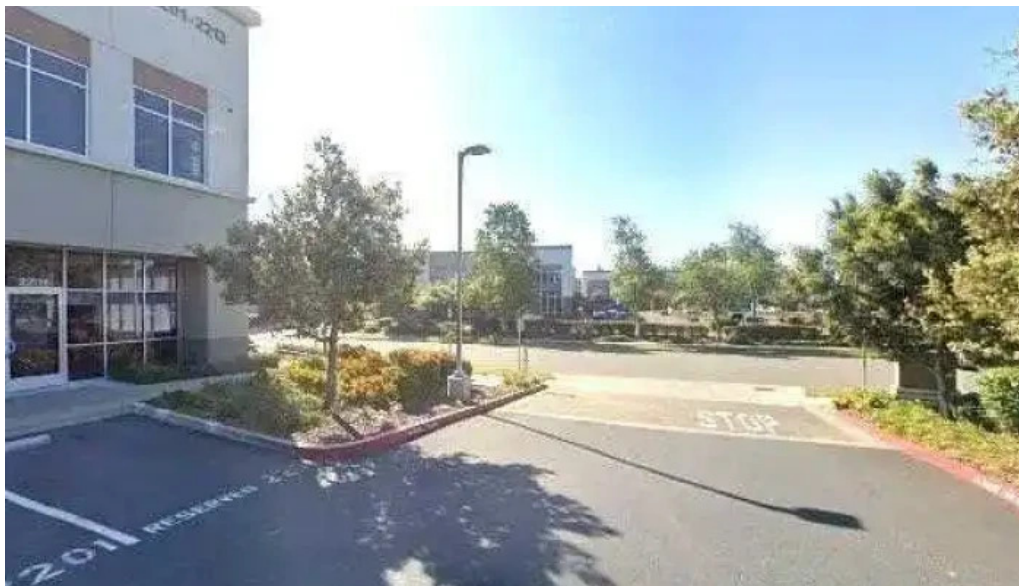
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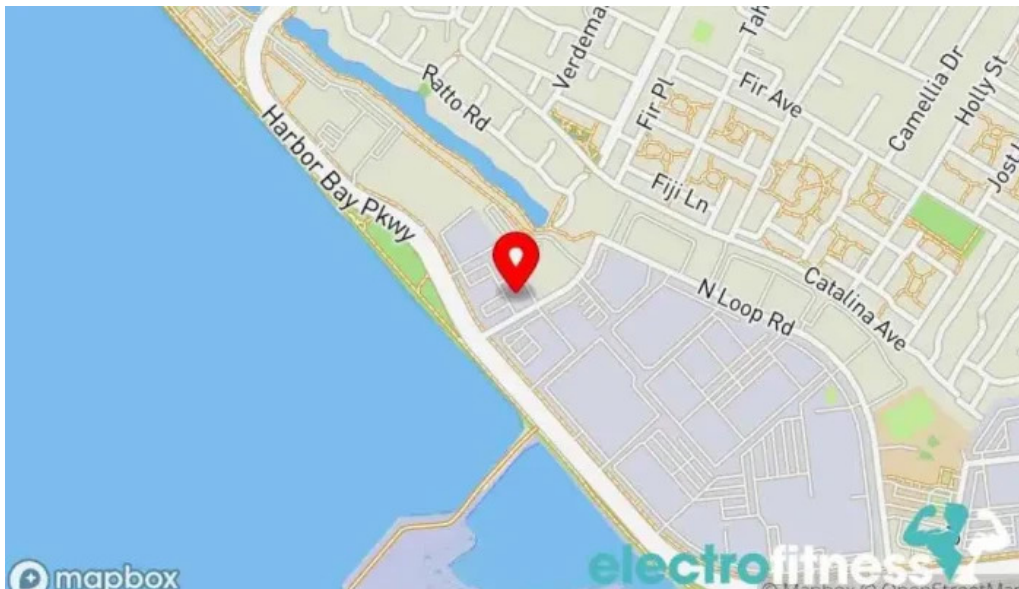
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Tags

Accessibility, Amenities, Toilet, Wheelchair-accessible car park, Appointments recommended, Wheelchair-accessible toilet, Planning, Wheelchair-accessible entrance

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