

Corestar Pilates and Physical Therapy - Fort Wayne

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Welcome to Corestar Pilates and Physical Therapy

Corestar Pilates and Physical Therapy, located in Fort Wayne, Indiana, is a premier clinic offering specialized services that cater to a wide range of physical therapy needs. With a focus on individualized care and effective treatment plans, this clinic has garnered numerous positive testimonials from satisfied clients.

Accessibility Features

The clinic prides itself on being fully ****accessible**** to all patients. Key features include a ****wheelchair-accessible entrance****, ensuring ease of access for those with mobility challenges. In addition, a ****wheelchair-accessible toilet**** and a ****wheelchair-accessible car park**** are available, providing necessary amenities for a comfortable visit.

Personalized Treatment Plans

At Corestar, appointments are highly recommended to ensure that each patient receives the dedicated time and attention they deserve. Minda, the head therapist, takes the time to discuss individual goals and develop ****customized**** treatment plans tailored to specific needs. This personalized approach has proven effective, as seen in the experience of one client who improved his gait remarkably in just one month of Pilates exercises.

A Range of Services

Corestar's offerings extend beyond typical physical therapy. Minda employs various techniques including dry needling, Pilates instruction, taping, and massage therapy. Clients have repeatedly praised her vast knowledge and willingness to continually learn new methods to better serve her patients. One client, who trained under Minda before surgery, found that the preparation led to quicker and less painful recovery, showcasing the clinic's effectiveness.

Client-Centric Care

What sets Corestar apart is the exceptional level of care provided. Many clients express gratitude for Minda's compassionate and attentive approach. Comments highlight experiences of thorough evaluations and targeted treatment plans aimed at relieving pain and improving mobility. A retiree shared how Minda helped restore his golfing hobby through improved core strength and flexibility, while other clients noted significant improvements in running performance and rehabilitation from injuries.

Community Impact

The commitment to patient wellbeing at Corestar extends beyond individual sessions. Families often bring multiple members in for treatments, knowing they will receive the same high-quality care. One family mentioned their satisfaction with Minda's thoroughness and dedication to their long-term health.

Conclusion

Whether you are seeking help for chronic pain, post-surgery rehabilitation, or simply looking to enhance your physical fitness through Pilates, Corestar Pilates and Physical Therapy offers an inviting environment equipped with the right amenities to support your journey. With its wheelchair-accessible features and a focus on individualized care, Corestar stands out as a top choice in Fort Wayne, Indiana. Schedule your appointment today to experience the difference

firsthand!

We are found at

349 Airport North Office Park, 46825 Fort Wayne, Indiana - United States (US)

The phone of this **Physical therapy clinic** is +1260-226-7156

And if you want to send a WhatsApp, you can do so at +1260-226-7156

The website is Corestar Pilates and Physical Therapy

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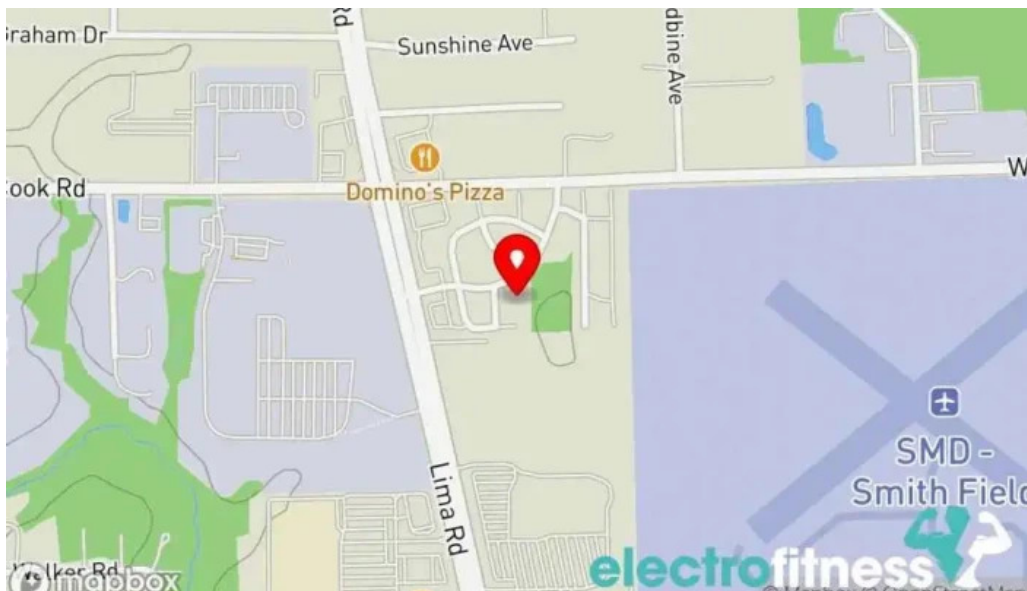
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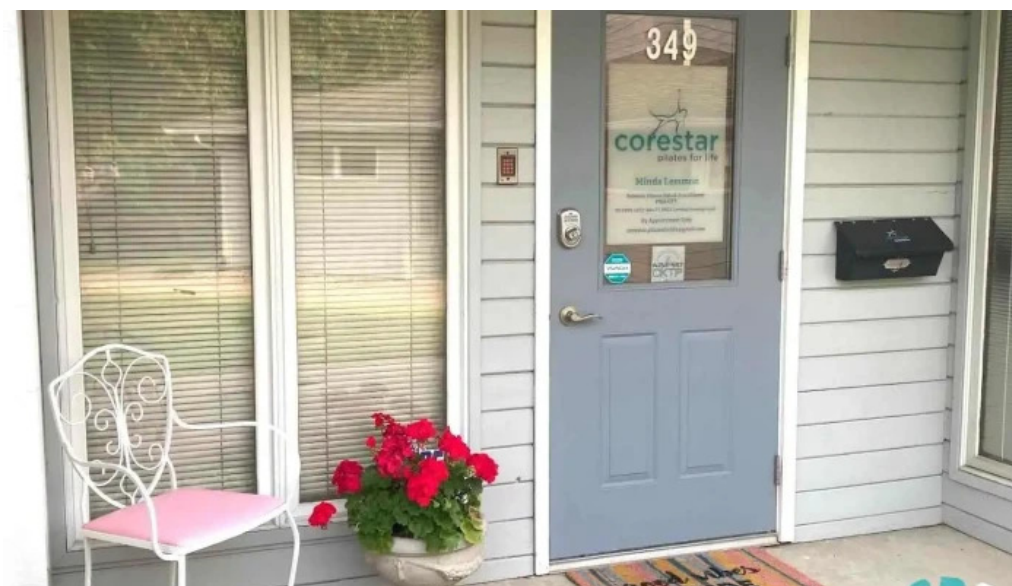
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Tags

Toilet, Wheelchair-accessible toilet, Appointments recommended, Amenities, Wheelchair-accessible car park, Accessibility, Planning, Wheelchair-accessible entrance

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