

## Absolutely Pilates - Bowling Green

bowling green

☐ I'm not a robot
 

Published on: 12/05/25	Hits: 56
Comments: 0	See comments
Votes: 7	Score: 5

[https://www.electrofitness.com/pilates-studio/bowling-green/absolutely-pilates-bowling-green\\_288732.](https://www.electrofitness.com/pilates-studio/bowling-green/absolutely-pilates-bowling-green_288732.php)

php



*bowling green*

## *Absolutely Pilates - Bowling Green*

### Welcome to Absolutely Pilates in Bowling Green, Kentucky

Absolutely Pilates is not just a place to practice; it's a welcoming community that caters to everyone. With a focus on form and alignment, the instructors ensure that every participant achieves maximum results while enjoying their Pilates journey.

### Accessibility Features at Absolutely Pilates

One of the standout features of Absolutely Pilates is its commitment to

accessibility. The studio offers a **wheelchair-accessible car park**, making it convenient for all guests. Moreover, the **wheelchair-accessible toilet** ensures that facilities are available for everyone, enhancing the overall experience for those with mobility challenges.

## **Amenities That Enhance Your Experience**

At Absolutely Pilates, you can enjoy a range of **amenities** designed to make your time enjoyable. The studio's atmosphere is described as encouraging, friendly, and helpful, which greatly contributes to the overall experience. Guests appreciate the thoughtful planning behind classes, ensuring they cater to different skill levels, from beginner to advanced.

## **Planning Your Visit**

To make the most of your time at Absolutely Pilates, it's best to plan ahead. **Appointments are recommended** to secure your spot in the classes you want to attend. This allows the instructors to provide personalized attention and guidance, enhancing your practice and helping you achieve your fitness goals.

## **Why Choose Absolutely Pilates?**

With an energetic owner like Kathy and a team of smart, patient, and encouraging instructors, Absolutely Pilates stands out as an ideal choice for both newcomers and seasoned practitioners. The focus on classical Pilates combined with a supportive environment makes it easier for everyone, including those who are new to Pilates, to feel comfortable and engaged. In summary, Absolutely Pilates in Bowling Green, Kentucky, not only prioritizes your fitness but also ensures that everyone can participate through its thoughtful **accessibility features** and welcoming atmosphere. Whether you're looking to improve your form or simply enjoy a class surrounded by positive energy, Absolutely Pilates is the perfect destination for your Pilates practice.

## **We are positioned at**

1051 Fairview Ave, 42103 Bowling Green, Kentucky - United States (US)

The contact line of this **Pilates studio** is +1270-793-2728

And if you want to send a WhatsApp, you can do so at +1270-793-2728

## **You can visit us at the following hours:**

Day Hours  
Monday  
7:30?AM–7:30?PM

Tuesday  
7:30?AM–7:30?PM  
Wednesday  
7:30?AM–7:30?PM  
Thursday  
7:30?AM–7:30?PM  
Friday  
8?AM–12?PM  
Saturday  
Closed  
Sunday  
7:30?AM–7:30?PM

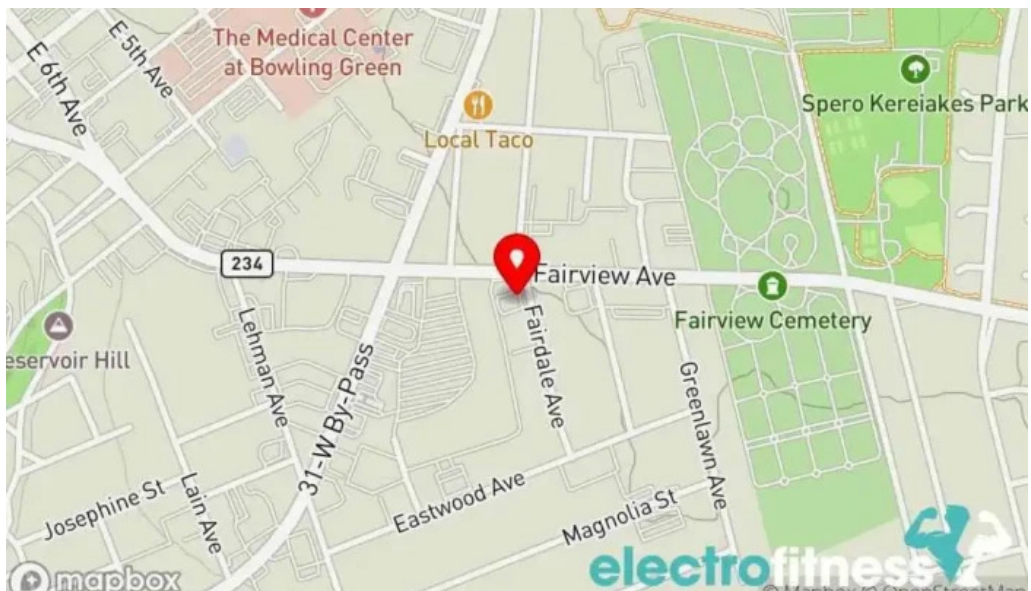
The website is [Absolutely Pilates](#)

If necessary to update any data that you think is incorrect regarding this site, we urge you to deliver a message so that we will correct it at the earliest convenience. In advance thank you very much.

## Images



*Absolutely pilates street view 360deg*



*Absolutely pilates map*



*Absolutely pilates bowling green*



*Absolutely pilates all*

## Tags

*Toilet, Planning, Wheelchair-accessible car park, Amenities, Wheelchair-accessible toilet, Appointments recommended, Accessibility*

## Related content

---

**4.2 \*** *Tru by Hilton Bowling Green - Bowling Green*

---

**5.0 \*** *F45 Training East Bowling Green - Bowling Green*

---

**4.9 \*** *RockBox Fitness Bowling Green - Bowling Green*

---

**5.0 \*** *iStroll Bowling Green - Bowling Green*

---

**5.0 \*** *Hotworx - Bowling Green, Ky - Bowling Green*

---

**4.9 \*** *Bowling Green Powerhouse - Bowling Green*

---

**5.0 \*** *Bowling Green Barbell Club - Bowling Green*

---

**4.2 \*** *Planet Fitness - Bowling Green*

---

**5.0 \*** *The Spot & Spot Stretch'd - Bowling Green*

---

**4.8 \*** *Anytime Fitness - Bowling Green*

## Categories

academic department
---------------------

acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school

exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization

nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket



swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization