

Club Pilates - Dallas

dallas

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dallas

Club Pilates - Dallas

Discover Club Pilates in Dallas, Texas

If you are looking for a welcoming and supportive environment to begin or advance your Pilates journey, look no further than ****Club Pilates**** in Dallas, Texas. This studio offers a variety of ****service options**** designed to meet the needs of all participants, from beginners to seasoned practitioners.

Accessibility and Amenities

Club Pilates provides a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy their

classes comfortably. The studio also features a **wheelchair-accessible toilet**, making it convenient for individuals with mobility challenges. In addition to premier facilities, Club Pilates emphasizes thoughtful **planning** for each class. With instructors who tailor sessions to individual capabilities, participants can feel confident regardless of their fitness level. **Appointments are recommended** to secure your spot, particularly during peak hours.

Service Options and On-Site Services

Club Pilates offers a range of **on-site services** including group classes, private training, and **online classes** for those who prefer to work out from home. Their instructors are known for their personalized attention, ensuring that every participant receives the guidance needed to succeed. Moreover, active military members can benefit from special **active military discounts**, reinforcing the studio's commitment to supporting those who serve.

Class Experience at Club Pilates

Members rave about the energetic and motivating instructors at Club Pilates, such as **Daisy and Carolyn**, who have transformed many participants' fitness journeys. From the moment you step in, you will experience a warm welcome from the staff, creating an inviting atmosphere. Participants appreciate the variety of exercises and equipment used in each class, which keeps their workouts fresh and engaging. The **class highlights** often mention how no two sessions are ever the same, eliminating any chance of boredom. One participant expressed their initial nervousness about trying Pilates but found comfort and support in the instructors' patient and accommodating teaching styles. Whether you're falling over in laughter or feeling the burn in your muscles, the supportive community makes everyone feel at home.

A Welcoming Community

Member feedback consistently highlights the friendly environment at Club Pilates. Many individuals mentioned how they felt welcomed regardless of their prior experience. The instructors, such as **Stefanie and Autumn**, go out of their way to ensure that everyone feels included and challenged in their practice. With accessible amenities, a variety of service options, and a warm community atmosphere, Club Pilates in Dallas stands out as a premier choice for anyone looking to embark on a Pilates journey. Join today and discover how this studio can change your relationship with fitness and well-being!

The address of our establishment is

5290 Belt Line Rd Suite 123, 75254 Dallas, Texas - United States (US)

The contact phone of the respective **Pilates studio** is +1469-352-9291
And if you want to send a WhatsApp, you can do so at +1469-352-9291

You can visit us at the following hours:

Day Hours

Monday
5:30?AM–8:30?PM

Tuesday
5:30?AM–4?PM

Wednesday
7:30?AM–3?PM

Thursday
7:30?AM–2?PM

Friday
5:30?AM–8:30?PM

Saturday
5:30?AM–8:30?PM

Sunday
5:30?AM–8:30?PM

The website is [Club Pilates](#)

If you wish to adjust any detail that you consider is not correct regarding this page, we urge you to deliver a message so we can we will correct it as soon as possible. Thank you in advance thank you very much.

Images



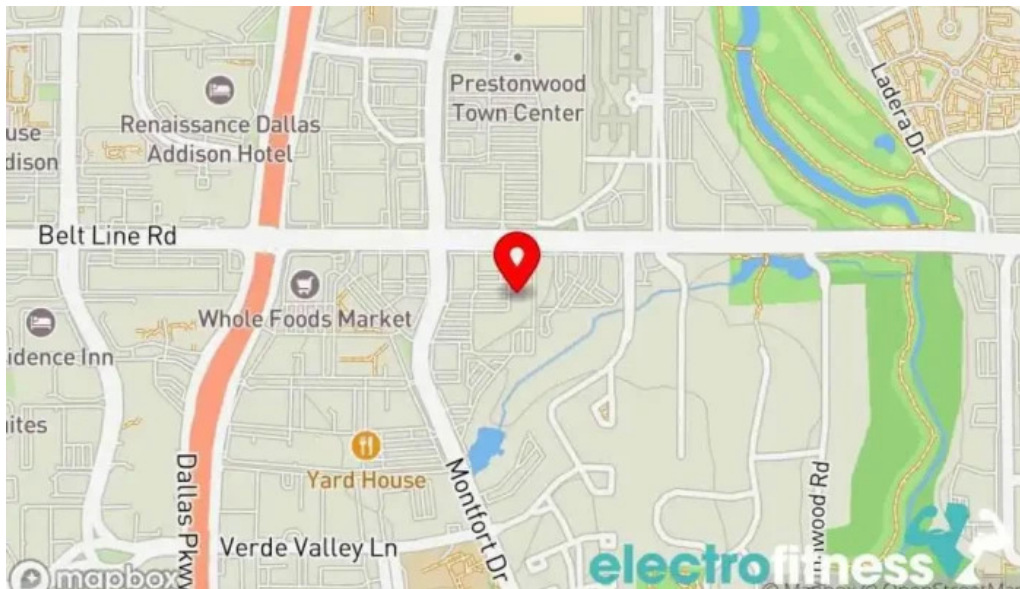
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Club pilates pilates studio



Club pilates map



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Club pilates by owner



Club pilates all

Tags

Wheelchair-accessible toilet, Highlights, Service options, Accessibility, Wheelchair-accessible entrance, On-site services, Toilet, Planning, Appointments recommended, Wheelchair-accessible car park, Amenities, Active military discounts, Online classes

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sports medicine clinic
sports school
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swimming school
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