

## 936 Pilates & Barre - Lufkin

lufkin

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## 936 Pilates & Barre - Lufkin

### Experience Fitness at 936 Pilates & Barre in Lufkin, Texas

If you're looking for a place that offers not just fitness but a community feel, **\*\*936 Pilates & Barre\*\*** is the perfect studio for you. Located in the heart of Lufkin, Texas, this studio has become a go-to destination for those seeking to improve their physical health and overall well-being.

### Why Choose 936 Pilates & Barre?

At **\*\*936 Pilates & Barre\*\***, you will find a variety of classes designed to suit all fitness levels. Whether you're a beginner or an experienced practitioner, the

instructors here provide personalized attention to help you achieve your fitness goals.

### **A Welcoming Community**

One of the standout features of \*\*936 Pilates & Barre\*\* is its welcoming atmosphere. Many visitors have appreciated the friendly staff and supportive environment. This sense of community not only motivates but also encourages members to stick with their fitness journey.

### **Expert Instructors**

The instructors at \*\*936 Pilates & Barre\*\* are highly trained and passionate about helping clients succeed. With their expertise in both Pilates and barre techniques, they ensure that every class is challenging yet accessible, making it easier for individuals to push their limits.

### **Diverse Class Offerings**

From traditional Pilates sessions to dynamic barre classes, \*\*936 Pilates & Barre\*\* offers a diverse range of fitness options. This variety keeps workouts fresh and exciting, preventing routine fatigue and promoting continuous improvement.

### **Join the Movement**

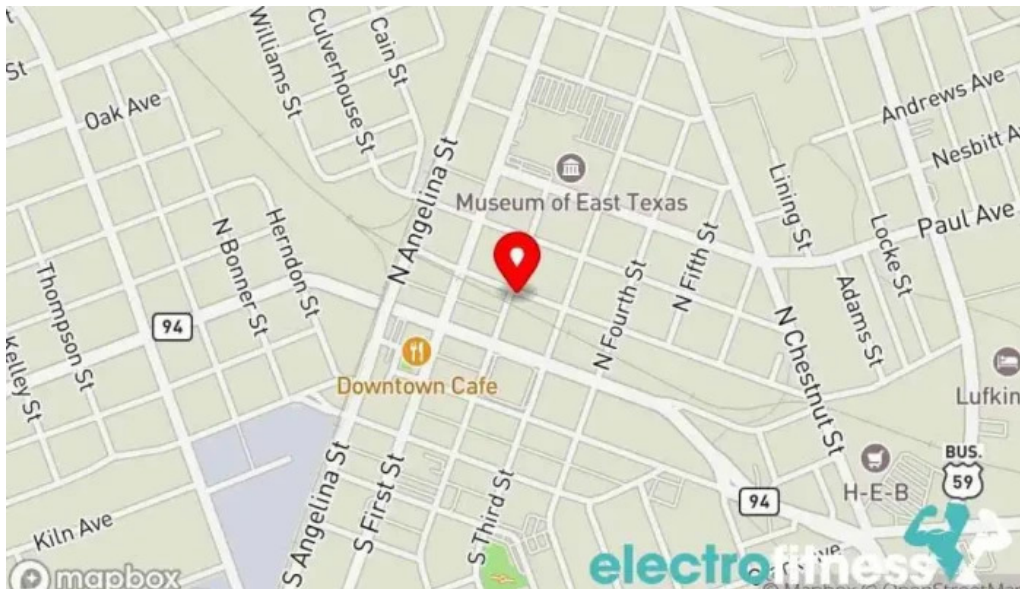
If you're in Lufkin, Texas, and looking for a studio that combines excellent instruction with a supportive community, look no further than \*\*936 Pilates & Barre\*\*. Join today and take the first step toward a healthier, more active lifestyle!

### **You can find us at**

206 E Groesbeck Ave, 75901 Lufkin, Texas - United States (US)

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## **Images**



*936 pilates barre map*



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## Tags

*fitness, diverse, perfect, classes, community, supportive, pilates, located, experience, variety, welcoming, instructors*

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acupuncture clinic
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athletic track
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
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corporate office
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coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
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food producer
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fountain
gated community
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golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa

hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center



private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
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school
school district office
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sporting goods store
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sports complex
sports massage therapist
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summer camp organizer
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swimming instructor
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swimming school
taekwondo school
tanning salon
tennis club



thrift store
trade school
training centre
university
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
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