

The Pilates Ritual - Spokane

spokane

☐ I'm not a robot
 

Published on: 02/05/25	Hits: 290
Comments: 0	See comments
Votes: 29	Score: 5

https://www.electrofitness.com/pilates-studio/spokane/the-pilates-ritual-spokane_257897.php



spokane

The Pilates Ritual - Spokane

Discover The Pilates Ritual in Spokane, Washington

If you're looking for a unique and welcoming Pilates experience, **The Pilates Ritual** is the place to be. Nestled in Spokane, Washington, this studio is more than just a workout location; it's a community of fitness enthusiasts led by the exceptional instructor, Tiana.

A Welcoming Atmosphere and Amenities

The atmosphere at The Pilates Ritual is described as **inviting and immaculate**. The studio provides a chic and carefully curated environment that feels like an upscale spa. With thoughtful **amenities** such as snacks, grip socks, electrolyte drinks, and adorable retail selections, every detail is attended to, creating an enjoyable experience for all.

Accessibility Features

Understanding the importance of accessibility, The Pilates Ritual offers a number of features to accommodate all guests:

Wheelchair-accessible entrance **Wheelchair-accessible car park**

Wheelchair-accessible toilet for convenience

Tiana ensures that everyone can partake in the enriching experience of Pilates, making it a welcoming place for all fitness levels.

Class Structure and Personalization

One of the standout features of The Pilates Ritual is the small class sizes, which allow for **semi-private instruction**. Tiana's expert knowledge enables her to cater to both beginners and advanced students, providing modifications and challenges tailored specifically for each participant.

Participants frequently mention that the personalized attention sets The Pilates Ritual apart from other studios: "Every class felt like a private session!" With a maximum of four people per group class, each individual receives the guidance needed to improve their practice.

Planning Your Visit

As demand for classes at The Pilates Ritual continues to grow, it is highly recommended to schedule your **appointments in advance**. This guarantees you a spot in Tiana's sought-after classes, known for their creativity and effectiveness. Don't miss your chance to join this empowering Pilates community!

Final Thoughts

The Pilates Ritual is not merely a studio; it's a transformative space that fosters strength, confidence, and community. Whether you're entirely new to Pilates or a seasoned practitioner, Tiana's expertise and inviting style make this studio a must-visit in Spokane. With its focus on **accessibility** and personalized experience, you are sure to leave feeling rejuvenated and inspired.

We are based in

159 S Lincoln St # 165, 99201 Spokane, Washington - United States (US)

The contact line of the mentioned **Pilates studio** is +1661-406-9605
And if you want to send a WhatsApp, you can do so at +1661-406-9605

We open at the following schedule:

Day Hours
Monday
8–11?AM
Tuesday
8?AM–12?PM 4–6?PM
Wednesday
8–11?AM
Thursday
8?AM–12?PM
Friday
Closed
Saturday
8?AM–12?PM 4:30–5:30?PM
Sunday
8?AM–12?PM 4–6?PM

The website is The Pilates Ritual

In case you want to update any information that you think is incorrect regarding this site, we ask send us a message and we will adjust it as soon as possible. With anticipation thank you very much.

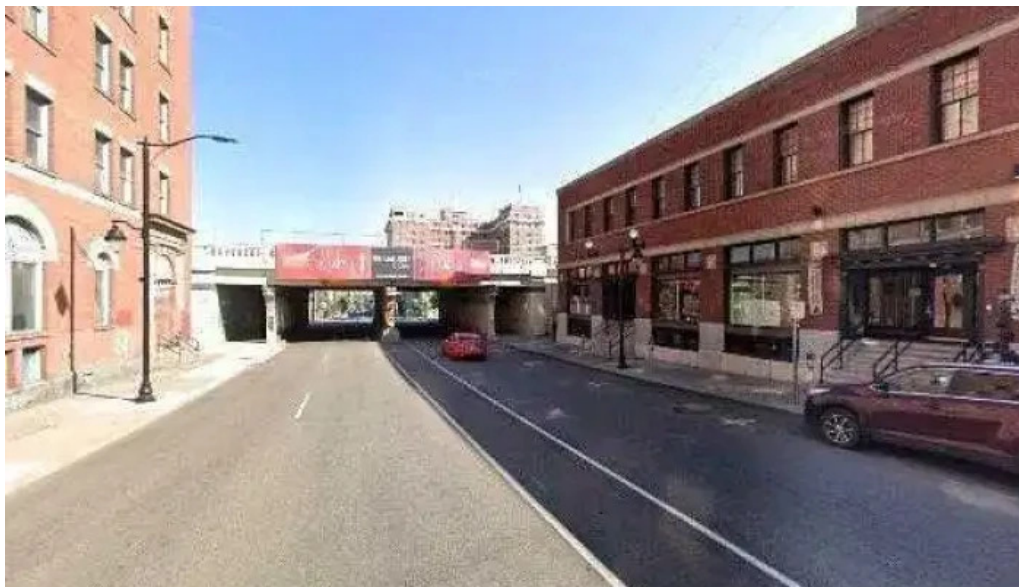
Images



The pilates ritual yoga



The pilates ritual where



The pilates ritual street view 360deg



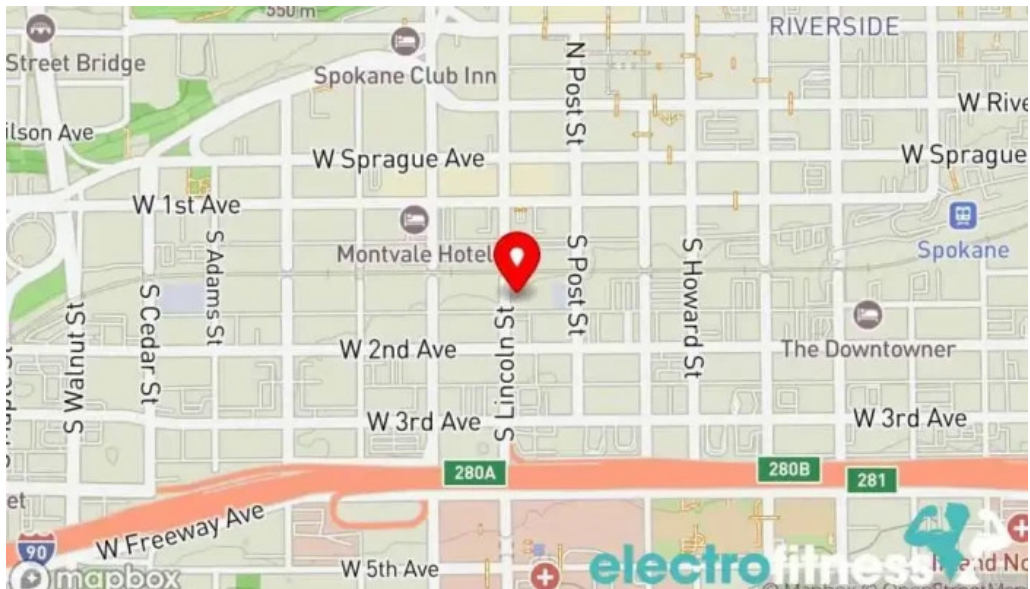
The pilates ritual spokane



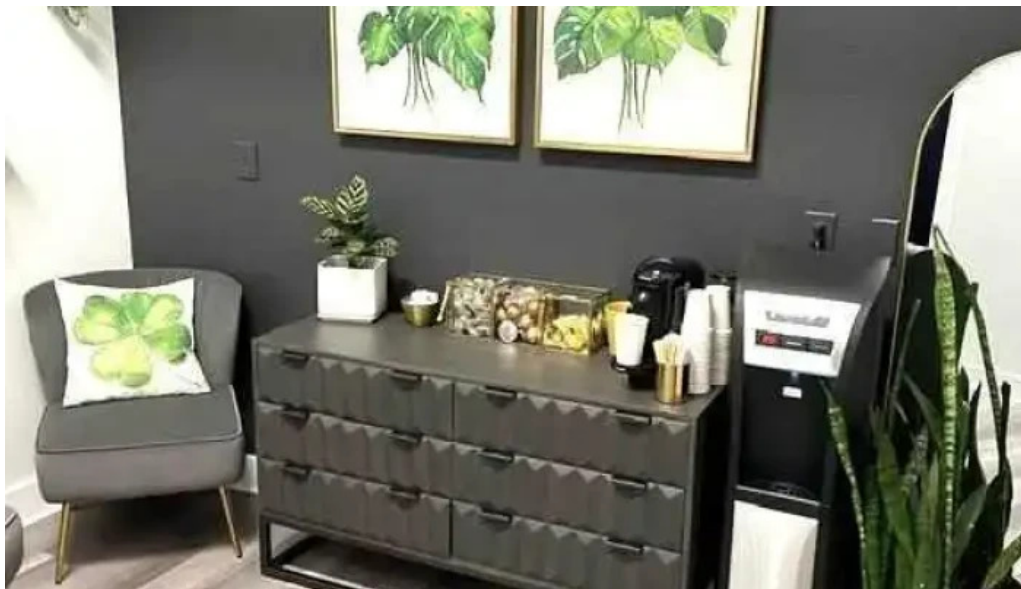
The pilates ritual pilates studio



The pilates ritual photos



The pilates ritual map



The pilates ritual by owner



The pilates ritual all

Tags

Toilet, Appointments recommended, Amenities, Wheelchair-accessible entrance, Accessibility, Planning, Wheelchair-accessible toilet, Wheelchair-accessible car park

Related content

4.7 * *Ritual Sweat Society - Dartmouth*

5.0 * *Pilates Plus - Centennial*

5.0 * *The Pilates Den - Williston*

4.5 * *Teague Classical Pilates - Agoura Hills*

4.9 * *Bodhi Pilates - Highlands Ranch*

3.6 * *Common Core Pilates - Walnut Creek*

5.0 * *Core Dynamics-Pilates - Santa Fe*

5.0 * *Pilates Santa Fe - Santa Fe*

5.0 * *Pilates Plus - Westlake Village Thousand Oaks - Thousand Oaks*

5.0 * *Mighty Pilates Lafayette - Lafayette*

Categories

academic department

acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer

foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court

pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization