

## Curated Pilates + Movement - Stowe

stowe

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## Curated Pilates + Movement - Stowe

### Discover Curated Pilates + Movement in Stowe, Vermont

Curated Pilates + Movement is a premier Pilates studio located in the beautiful town of Stowe, Vermont. This studio has quickly become a favorite among locals and visitors alike, thanks to its welcoming atmosphere and exceptional instruction.

### Accessibility for All

One of the standout features of Curated Pilates is its **\*\*accessibility\*\***. The studio is designed to accommodate everyone, including those with mobility

challenges. It boasts a **\*\*wheelchair-accessible car park\*\*** and a **\*\*wheelchair-accessible toilet\*\***, ensuring that all clients can enjoy their experience with ease.

## **Amenities for an Enhanced Experience**

The studio offers modern **\*\*amenities\*\*** that contribute to a comfortable and enjoyable workout environment. With new equipment and a cozy setting, clients can feel at home while focusing on their fitness goals. The beautifully designed space enhances the overall experience, making it a perfect escape for both relaxation and exercise.

## **Planning Your Visit**

Whether you're planning a quick workout during your ski trip or looking to deepen your practice, Curated Pilates is ready to cater to your needs. It's recommended to book **\*\*appointments\*\*** in advance to secure your spot, especially during peak seasons. Kaarin, the knowledgeable instructor, offers both private sessions and group classes, providing flexibility for all fitness levels.

## **Why Choose Curated Pilates?**

Testimonials from satisfied clients highlight the exceptional quality of the classes at Curated Pilates. One visitor states, "Kaarin is incredibly knowledgeable, and her studio environment is friendly and inviting." Another shared, "The class size, Kaarin's knowledge and guidance made everything challenging and fun." These sentiments reflect the personalized attention and intuitive instruction that Kaarin brings to each class. Clients have praised the quality of the equipment and the cozy ambiance of the studio. One participant noted, "Beautiful space, and beautifully paced instruction," showcasing how Kaarin ensures each session is engaging and informative.

## **Conclusion**

If you're in Stowe, Vermont, don't miss the opportunity to visit Curated Pilates + Movement. With its commitment to accessibility, outstanding amenities, and skilled instruction, this studio is a must-try for anyone looking to enhance their Pilates practice. Book your appointment today and experience the difference for yourself!

## **We are based in**

1880 Mountain Rd Unit 3, 05672 Stowe, Vermont - United States (US)

The contact line of the mentioned **Pilates studio** is +1802-304-0480  
And if you want to send a WhatsApp, you can do so at +1802-304-0480

**We look forward to seeing you at:**

Day Hours

Monday  
8–10?AM

Tuesday

*Closed*

Wednesday

9:30–11:30?AM

Thursday

8:30?AM–2:30?PM

Friday

7?AM–12?PM

Saturday

8:30?AM–2:30?PM

Sunday

8:30?AM–1?PM

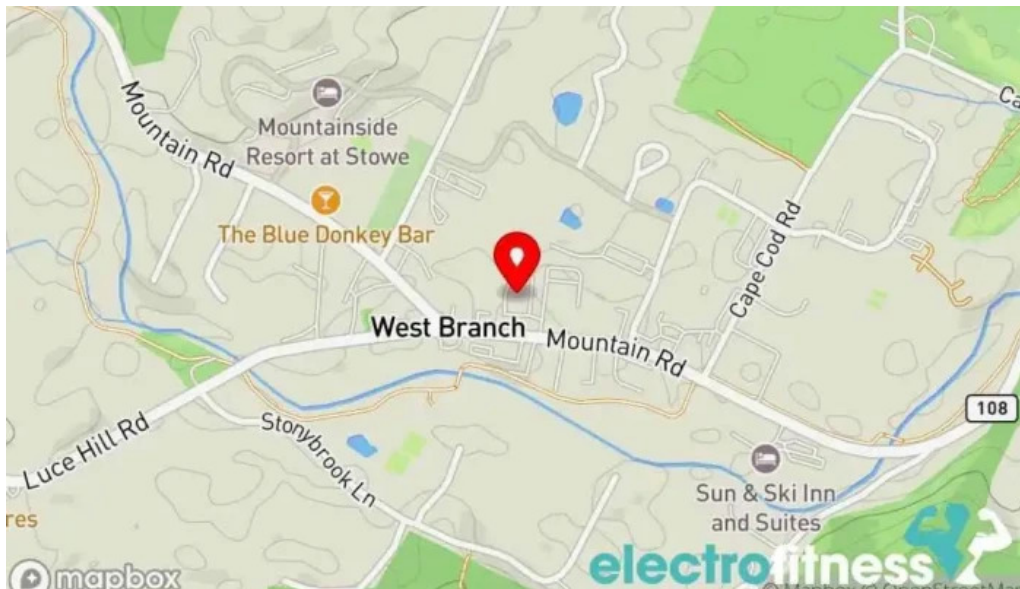
The website is [Curated Pilates + Movement](#)

In case you want to modify any data that you feel is incorrect about this page, please send a message so we can we will fix it at the earliest convenience. With anticipation thank you very much.

## Images



*Curated pilates movement stowe*



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## Tags

*Planning, Wheelchair-accessible toilet, Amenities, Accessibility, Appointments recommended, Wheelchair-accessible car park, Toilet*

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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office

self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization