

[solidcore] - Washington

washington

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https://www.electrofitness.com/pilates-studio/washington/solidcore-washington_208372.php



washington

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Discover Solidcore: The Premier Pilates Studio in Washington, DC

Solidcore is a renowned Pilates studio located in Washington, District of Columbia, offering an invigorating full-body workout that is both challenging and rewarding. With a passionate community and dedicated instructors, it is a place where fitness enthusiasts of all levels can thrive.

Accessibility Features at Solidcore

One of the standout features of Solidcore is its commitment to accessibility. The studio boasts a ****wheelchair-accessible entrance**** and a

****wheelchair-accessible car park****, ensuring that everyone can participate in their fitness journey. Moreover, the facility includes a ****wheelchair-accessible toilet****, making it convenient for those with mobility challenges to visit without worry.

Planning Your Visit

When planning your visit to Solidcore, it's advisable to make ****appointments recommended**** to secure your spot. The classes can become quite popular, especially during peak times, so booking in advance is a smart move. A recent visitor shared their experience of arriving just after the class had started, expressing frustration over the strict late policy. To avoid similar situations, arrive early to fully enjoy the atmosphere and begin your workout on time.

Amenities That Enhance Your Experience

Solidcore provides a clean and inviting environment. Though some have noted that the location is a bit small, the friendly instructors and energetic community more than make up for it. Instructors like Karina and Kim are frequently praised for their attentiveness and ability to motivate participants, whether they are beginners or seasoned athletes.

The Community and Classes

The sense of community at Solidcore is palpable. Many members mention how welcomed newcomers feel, regardless of their fitness level. The classes are designed to accommodate everyone, from beginners just starting their fitness journey to ultra pro competitors looking to refine their skills. The unique exercises and swiftly changing routines keep participants engaged and excited throughout the workout.

Conclusion

Whether you are looking to enhance your fitness regimen or simply try something new, Solidcore in Washington, DC is a fantastic option. With its strong focus on accessibility, welcoming atmosphere, and dedicated instructors, it promises an unparalleled Pilates experience. Join the community and discover the benefits of this invigorating workout today!

We are situated in

1441 U St NW, 20009 Washington, District of Columbia - United States (US)

The contact phone of said **Pilates studio** is +1202-350-2391

And if you want to send a WhatsApp, you can do so at +1202-350-2391

We open at the following schedule:

Day Hours

Monday
6?AM–8:30?PM

Tuesday
6?AM–8:30?PM

Wednesday
6?AM–7:30?PM

Thursday
6?AM–6:30?PM

Friday
7?AM–4?PM

Saturday
7?AM–7?PM

Sunday
6?AM–8:30?PM

The website is [\[solidcore\]](#)

If you wish to modify any data that you feel is not precise regarding this portal, we urge you to send a message and we will handle it as soon as possible. With anticipation thanks for your cooperation.

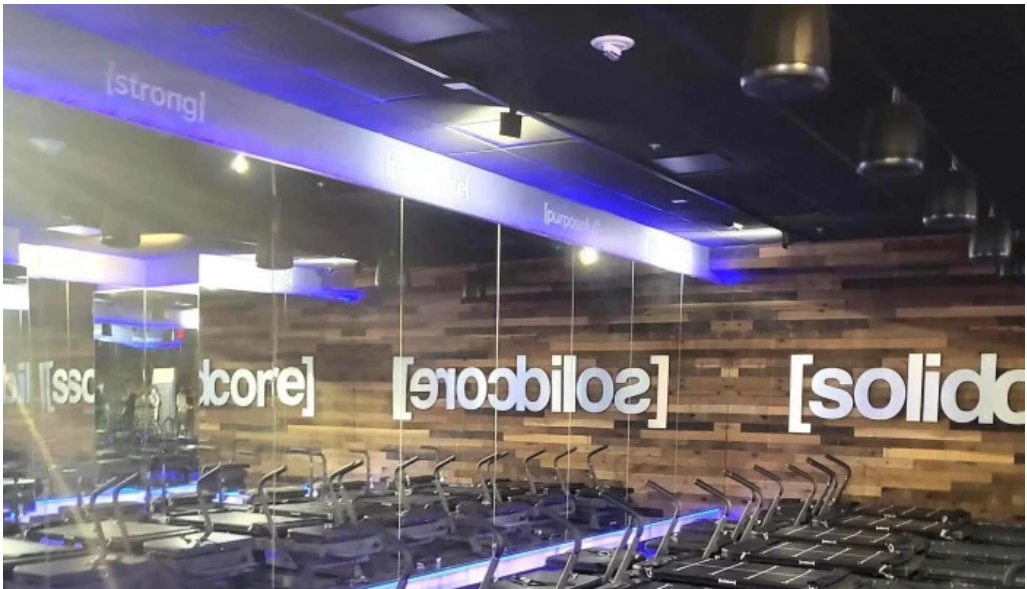
Images



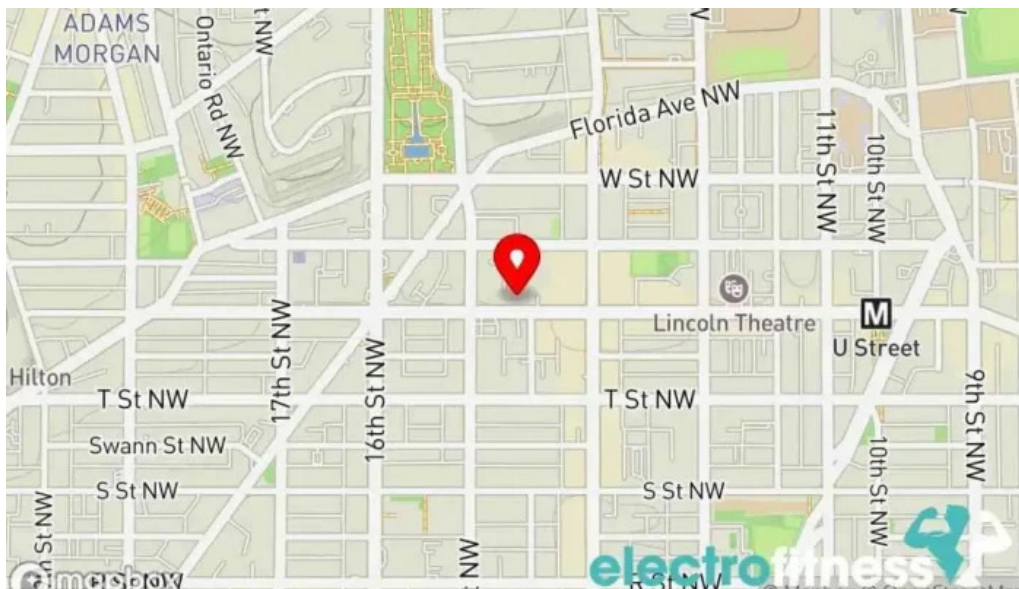
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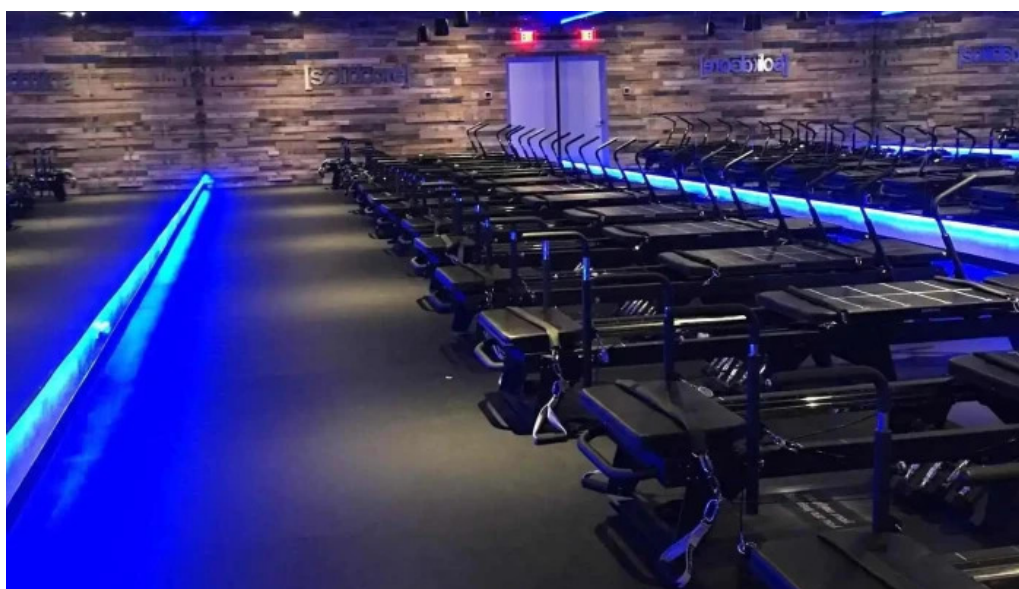
Solidcore street view 360deg



Solidcore pilates studio



Solidcore map



Solidcore by owner



Solidcore all

Tags

Amenities, Wheelchair-accessible toilet, Planning, Toilet, Appointments recommended, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
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