

## Student Recreation Center - Kirksville

kirksville

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*kirksville*

## *Student Recreation Center - Kirksville*

### **Discovering the Student Recreation Center in Kirksville, Missouri**

The Student Recreation Center (SRC) at Truman State University is a hub of activity for students and staff alike. With an array of **\*\*amenities\*\*** and engaging programs, it serves as an essential part of campus life.

### **Accessibility Features**

One of the standout aspects of the SRC is its commitment to **\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible car park\*\***, ensuring easy access

for all individuals. Additionally, the **\*\*wheelchair-accessible entrance\*\*** welcomes everyone into the center, making it inclusive for all members of the community.

## **A Range of Amenities**

The SRC offers a variety of **\*\*amenities\*\*** designed to cater to different fitness levels and preferences. Visitors can enjoy numerous treadmills and other aerobic machines for cardio workouts. However, it's worth noting that some patrons have mentioned a **\*\*horrible lack of variety of workout equipment\*\*** and **\*\*not enough squat racks\*\*** to accommodate the needs of all users.

## **Facility Highlights**

The center features a spacious gym and specialized rooms, such as the blue room that is ideal for classes. There are also various group fitness classes offered, which are highly appreciated by students. Although some users feel the **\*\*weekend hours are restrictive\*\***, the overall accessibility during weekdays is commendable, especially before peak hours from 3-7 PM.

## **Room for Improvement**

Despite its many advantages, there are areas where the SRC could enhance the experience. Critics point out the enforced dress code that requires t-shirts and closed-toe shoes, even during specific exercises like deadlifting. Additionally, some patrons would like to see the ban on Olympic lifting reconsidered, as it limits advanced training options.

## **Conclusion**

Overall, the Student Recreation Center in Kirksville, Missouri, provides a solid venue for fitness and recreation. While there are improvements to be made regarding equipment variety and operational hours, its **\*\*cost-effective\*\*** nature – included in housing fees – makes it an appealing choice for students looking to stay active. Whether you're a casual gym-goer or someone who takes fitness seriously, the SRC offers a friendly and accommodating environment for everyone.

## **Our business is at**

*Student Recreation Center, 100 E Normal Ave, 63501 Kirksville, Missouri - United States (US)*

The phone of the respective **Recreation center** is +1660-785-4000

And if you want to send a WhatsApp, you can do so at +1660-785-4000

## **We are open during the following hours:**

Day Hours  
Monday  
6:30?AM–10?PM  
Tuesday  
6:30?AM–8?PM  
Wednesday  
9?AM–6?PM  
Thursday  
11?AM–6?PM  
Friday  
6:30?AM–10?PM  
Saturday  
6:30?AM–10?PM  
Sunday  
6:30?AM–10?PM

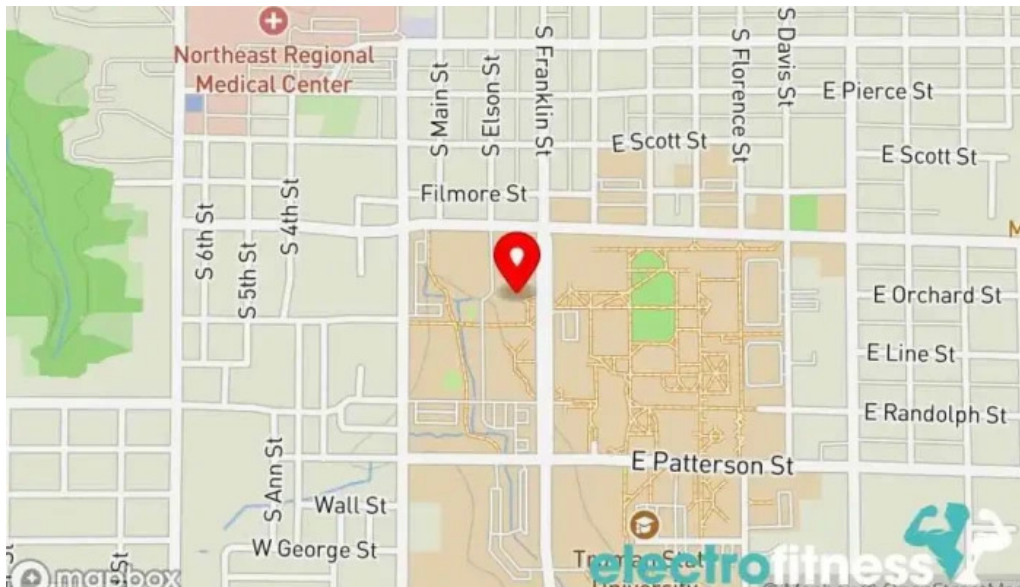
The website is [Student Recreation Center](#)

If you require to modify any data that you think is not precise related to this web, we ask deliver a message so that we will adjust it as soon as possible.  
Thank you in advance thanks.

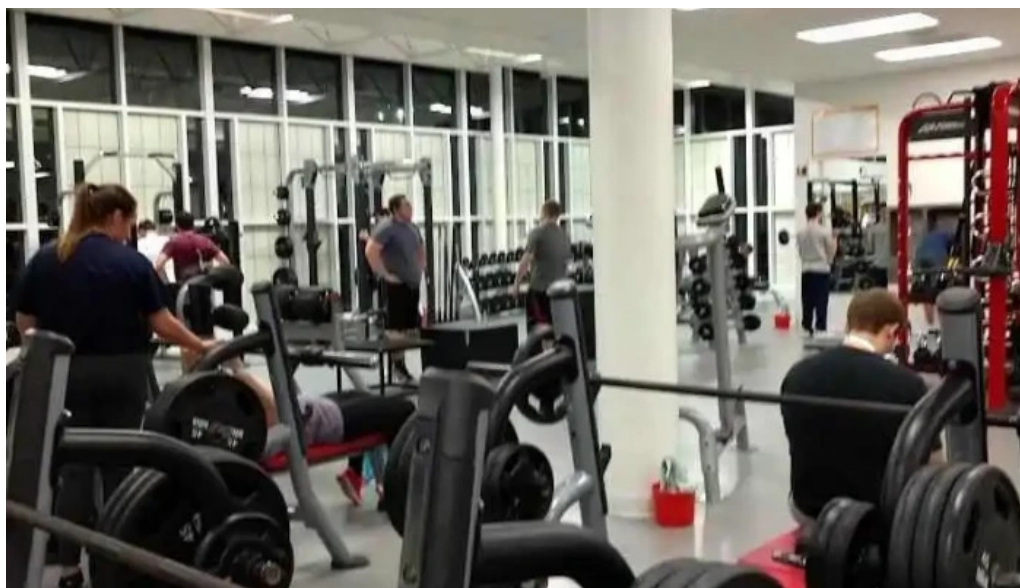
## Images



*Student recreation center street view 360deg*



*Student recreation center map*



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*Student recreation center all*

## Tags

*Basketball court, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance, Amenities*

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**4.6 \*** *Rose Recreation Center - Abilene*

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**4.3 \*** *Apg Recreation Central - Aberdeen Proving Ground*

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**4.8 \*** *Matchbox Sport Recreation Center - Aberdeen*

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**4.0 \*** *Elite Gymnastics & Recreation Center - Waldorf*

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**5.0 \*** *Recreation District #11 Gymnasium - Abita Springs*

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**4.4 \*** *Highlands Ranch Community Association - Northridge Rec Center - Highlands Ranch*

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**4.2 \*** *Capital Clubhouse - Waldorf*

## Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school

kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program

yoga instructor
yoga studio
youth organization