

Just Breathe Salt Spa & Yoga Studio, Llc - Altoona

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Just Breathe Salt Spa & Yoga Studio, Llc - Altoona

Discover the Tranquility of Just Breathe Salt Spa & Yoga Studio, LLC in Altoona, Pennsylvania

Just Breathe Salt Spa & Yoga Studio, LLC is a hidden gem located in Altoona, Pennsylvania, offering an immersive wellness experience that caters to both body and mind. Whether you are seeking relaxation or therapeutic treatments, this wellness center ensures a calm atmosphere with exceptional amenities.

Amenities for Ultimate Relaxation

At Just Breathe, guests can enjoy a variety of services tailored to enhance their well-being. The ****Salt Room**** provides a serene environment that promotes relaxation and respiratory health through halotherapy. Visitors have praised the calming effect of the salt room, stating it significantly alleviated symptoms like sinus headaches and seasonal allergies. Additionally, the ****Float Pod**** offers a unique way to unwind; many have highlighted the deep relaxation and stress relief experienced during their sessions. Furthermore, the newly introduced ****Bio Trinity Mat**** combines sound frequency, vibrations, heat therapy, and bioacoustic therapy. Clients have reported transformative experiences, where long-standing issues such as eczema and chronic pain were notably improved.

Accessibility Matters

Accessibility is a key focus at Just Breathe Salt Spa & Yoga Studio. The space features a ****wheelchair-accessible entrance****, ensuring that all individuals can enjoy the healing benefits of their services. Additionally, there is a ****wheelchair-accessible car park****, making it convenient for everyone to visit.

A Women-Owned Sanctuary

This wellness center proudly identifies as women-owned, reflecting a commitment to empowering women in the wellness industry. Guests often commend the kindness and professionalism of owners and staff, creating a welcoming environment that enhances the overall experience. Many visitors shared how the attentive and caring nature of the team made them feel valued and relaxed, turning first-time clients into regulars.

A Culinary Experience

While Just Breathe focuses primarily on wellness treatments, it's located conveniently near local dining options to complete your visit. After a rejuvenating session, enjoy a healthy meal at one of the nearby restaurants, enhancing your self-care day.

From the Business: A Commitment to Wellness

The foundation of Just Breathe is rooted in providing clients with a space where they can truly unwind. From glowing reviews indicating the cleanliness and tranquility of the facility to the accommodating nature of the staff, the business strives to create a restorative environment. As clients expressed, "This place is amazing" and "I will definitely be back," it's clear that Just Breathe is dedicated to exceeding expectations.

Experience Just Breathe for Yourself

With its tranquil setting, exceptional amenities, and a focus on accessibility, Just Breathe Salt Spa & Yoga Studio stands out as a premier wellness destination in Altoona, Pennsylvania. Whether you are looking for relaxation,

therapeutic benefits, or simply a peaceful retreat, this spa promises an experience that will leave you rejuvenated and ready to face the world. Don't miss out—plan your visit today and discover why so many have fallen in love with this calming sanctuary!

The address of our establishment is

1216 Pleasant Valley Blvd, 16602 Altoona, Pennsylvania - United States (US)

The contact line of the mentioned **Wellness center** is +1814-943-7258

And if you want to send a WhatsApp, you can do so at +1814-943-7258

We are open during the following hours:

Day	Hours
Monday	10?AM–5?PM
Tuesday	8?AM–4?PM
Wednesday	9?AM–4?PM
Thursday	Closed
Friday	10?AM–5?PM
Saturday	10?AM–5?PM
Sunday	10?AM–5?PM

The website is Just Breathe Salt Spa & Yoga Studio, LLC

If you wish to change any data that you think is incorrect concerning this site, please send a message so that we will handle it quickly. Thank you in advance we appreciate it.

Images



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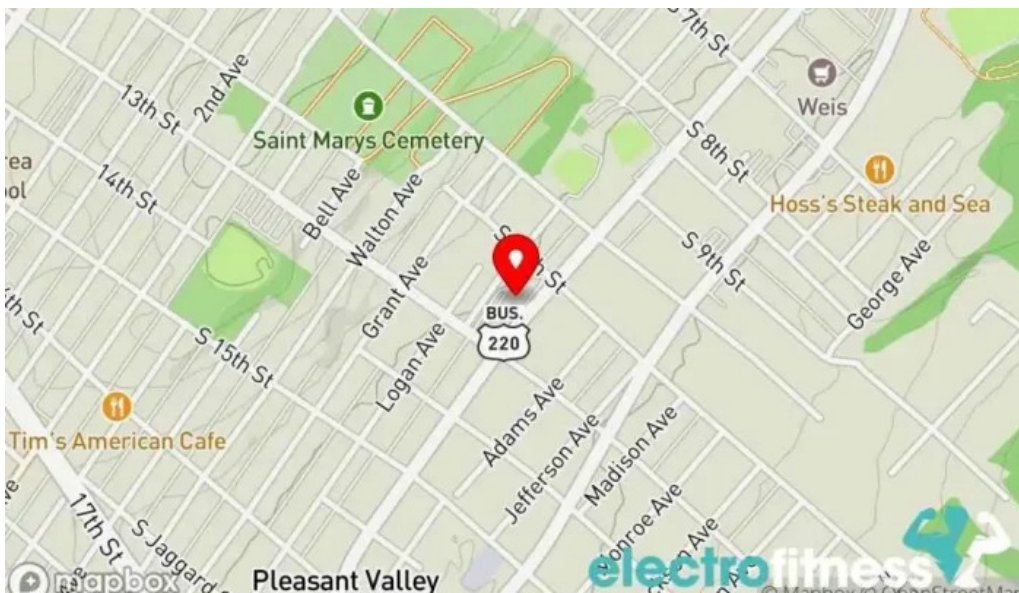
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Tags

Wheelchair-accessible car park, Restaurant, From the business, Wheelchair-accessible entrance, Accessibility, Identifies as women-owned, Amenities

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