

Elements Wellness Spa and Fitness Center - Cumberland

cumberland

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cumberland

Elements Wellness Spa and Fitness Center - Cumberland

Discover Elements Wellness Spa and Fitness Center in Cumberland, Maryland

Elements Wellness Spa and Fitness Center stands out as a gem in Cumberland, Maryland, offering a welcoming atmosphere for fitness enthusiasts of all levels. With a focus on providing ****accessibility**** to all patrons, this wellness center is equipped with features such as a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone

can enjoy their facilities without barriers.

A Personal Touch From the Owner

Visitors often praise the personalized service provided by Terry, the owner of Elements Wellness. Many have shared their experiences, noting how the facility maintains a friendly and respectful environment. "Terry has an amazing facility and is a very personal owner," one gym-goer remarked, highlighting the warmth and dedication found at this center.

Well-Maintained Equipment for All Levels

At Elements Wellness, patrons can expect a simple yet effective gym experience. The center features fully functioning, albeit older, workout machines that cater to those seeking basic workouts. As one visitor noted, "If your goal is to get in a basic workout... then this is a perfect place." This focus on functional equipment, combined with a well-maintained space, makes it an ideal choice for all fitness seekers.

Welcoming Environment and Helpful Staff

Another aspect that sets Elements Wellness apart is its community vibe. Visitors have consistently mentioned the politeness and respect among members, as well as the extremely helpful staff. "People are generally polite and respectful," shares one satisfied patron, emphasizing the supportive atmosphere that encourages individuals to stay committed to their fitness journey.

Affordable Fitness Solution

Affordability is a significant factor for many when choosing a fitness center. Elements Wellness boasts a reasonable monthly rate, making it accessible for a diverse clientele. "The monthly rate is also quite reasonable," states a member, reinforcing that quality fitness doesn't have to come at a high cost.

Conclusion

In summary, Elements Wellness Spa and Fitness Center is not just a gym; it's a community hub that prioritizes ****accessibility**** and personalization. With its ****wheelchair-accessible entrance**** and ****car park****, as well as a welcoming atmosphere filled with supportive staff and respectful patrons, it's no wonder why it's regarded as the best gym in town. Whether you're looking for a straightforward workout or a place to unwind, Elements Wellness offers everything you need to achieve your wellness goals.

We are at

14315 National Hwy, 21502 Cumberland, Maryland - United States (US)

The phone number of the mentioned **Wellness center** is +1301-729-9401

And if you want to send a WhatsApp, you can do so at +1301-729-9401

Our service hours are:

Day	Hours
Monday	Closed
Tuesday	9?AM–6?PM
Wednesday	8?AM–2?PM
Thursday	9?AM–6?PM
Friday	8?AM–2?PM
Saturday	9?AM–6?PM
Sunday	Closed

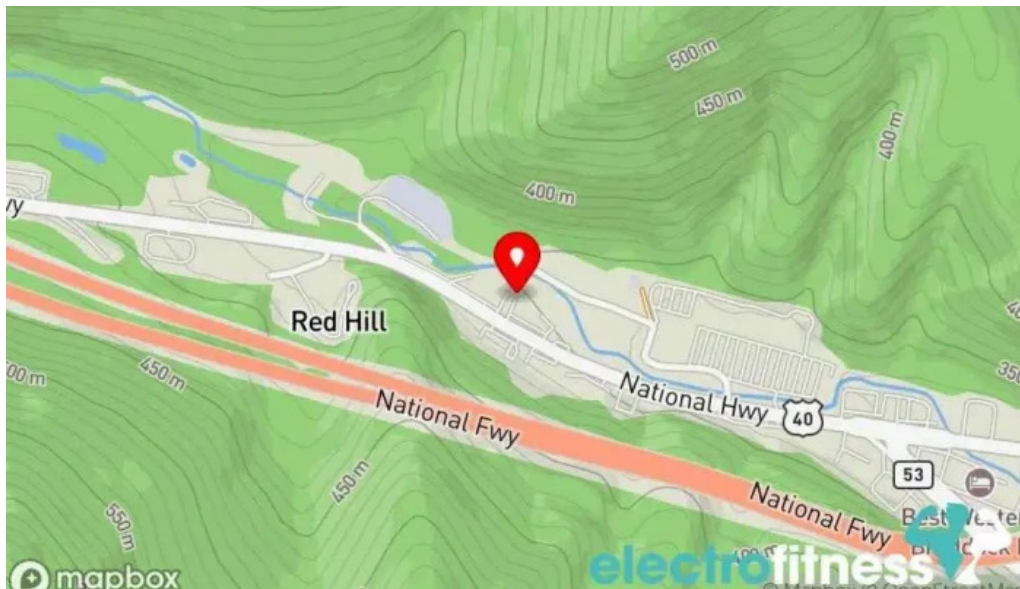
The website is Elements Wellness Spa and Fitness Center

If you need to change any detail that you consider is not precise regarding this site, we ask deliver a message and we will adjust it promptly. In advance thanks for your cooperation.

Images



Elements wellness spa and fitness center street view 360deg



Elements wellness spa and fitness center map



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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Comments

Megan Hill

09-05-25 08:17

Top fitness center in the city.

Ann Ford

09-05-25 10:08

Fantastic location with great flexibility. I haven't experienced a massage yet, however, the center is equipped with top-notch facilities and ample space. The atmosphere is consistently pleasant and respectful, with an incredibly helpful staff on hand.

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pharmacy
physical fitness program
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physical therapy clinic
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pilates studio
private golf course
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recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
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