

Electro Fitness: Best Electro Fitness

#### Fit2Shine Studio - New Market

new market



Published on: 17/04/25	Hits: 310
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new market

## Fit2Shine Studio - New Market

# Discover Fit2Shine Studio: A Wellness Center in New Market, Maryland

Located in the heart of New Market, Maryland, \*\*Fit2Shine Studio\*\* is a vibrant wellness center that caters to all fitness levels and backgrounds. This \*women-owned\* establishment offers a welcoming environment for everyone, embodying the spirit of community and wellness.

## Accessibility at Fit2Shine Studio

Fit2Shine Studio is committed to making fitness accessible for all. With a \*\*wheelchair-accessible car park\*\* and a \*\*wheelchair-accessible entrance\*\*,

individuals with mobility challenges can easily access the studio. The \*\*wheelchair-accessible toilet\*\* ensures that everyone can enjoy their visit comfortably. This thoughtful design reflects the studio's dedication to \*\*accessibility\*\* for all patrons.

### **Service Options Tailored for Everyone**

The studio offers a variety of \*\*on-site services\*\* including yoga, barre, cycle, and strength training classes. Fit2Shine provides multiple \*\*service options\*\* to cater to diverse fitness interests. Whether you're a beginner or an experienced athlete, there's something for everyone. Many patrons have praised the variety of classes available, emphasizing how each instructor brings their unique spin to the sessions, creating an invigorating atmosphere. From the business perspective, Fit2Shine stands out with its \*\*welcoming, professional staff\*\* who ensure you feel right at home. Customers often share their positive experiences, highlighting how instructors like Kelly and Chrissy are incredibly supportive, motivating, and passionate about fitness.

## A Space for Community and Growth

Fit2Shine isn't just about physical fitness; it fosters a sense of community. As one patron shared, "The space is very inviting and warm," making it ideal for those new to fitness or seasoned practitioners looking for a supportive environment. In addition to adult classes, the studio also offers children's yoga programs, teaching younger generations about kindness, self-love, and anxiety management.

## Join the Fit2Shine Family

If you're looking to transform your fitness journey, look no further than Fit2Shine Studio. Their inclusive approach and commitment to providing a judgment-free zone invite everyone to explore the benefits of yoga and fitness. Many members have discovered a newfound love for exercise, finding joy in the diverse classes offered, whether it's heated vinyasa or fun, engaging barre sessions. Embrace the opportunity to try out classes with ease, thanks to the flexible scheduling and drop-in options available. Experience the energy, support, and professionalism that Fit2Shine Studio has to offer, and discover why so many have made this studio their fitness sanctuary. Whether you're stepping onto the mat for the first time or looking for a community to elevate your practice, Fit2Shine is ready to welcome you into their caring and motivating environment.

#### You can find us in

52 W Main St, 21774 New Market, Maryland - United States (US)

The phone of said **Wellness center** is <u>+1301-882-4935</u>

### Our opening hours are:

Day Hours Monday

5:45?AM-8:15?PM

Tuesday

5:45?AM-12:45?PM

Wednesday

7:45-11:15?AM

Thursday

7:45?AM-7:15?PM

Eriday 5:45?AM-8:45?PM

Saturday

5:45?AM-8?PM

Sunday

5:45?AM-7:30?PM

### The website is Fit2Shine Studio

If you wish to adjust any element that you believe is incorrect about this site, we ask forward a message so we can we will handle it as soon as possible. Thanks beforehand thanks.

## **Images**



Fit2shine studio wellness center



Fit2shine studio street view 360deg



Fit2shine studio new market



Fit2shine studio map



Fit2shine studio by owner



Fit2shine studio all

# **Tags**

Identifies as women-owned, Accessibility, Wheelchair-accessible entrance, Service options, On-site services, Wheelchair-accessible toilet, From the business, Wheelchair-accessible car park

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