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Yoga Grace - Bristol

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Yoga Grace - Bristol

Discover Yoga Grace: A Transformative Space in Bristol, Vermont

At Yoga Grace, led by the talented instructor **Jen Peterson**, students find a welcoming environment that is not only supportive but also inclusive. Located in scenic Bristol, Vermont, Yoga Grace offers various classes designed for all skill levels and needs.

Accessibility and Amenities

One of the standout features of Yoga Grace is its commitment to accessibility. The studio provides a **wheelchair-accessible car park** and

wheelchair-accessible seating, ensuring everyone can participate in the classes. Additionally, the facility includes **gender-neutral toilets** and is recognized as **LGBTQ+ friendly**, making it a safe and welcoming space for all individuals, including those who identify as transgender—creating a true **transgender safe space**.

On-Site Services and Class Options

Yoga Grace prides itself on offering an array of **on-site services** that cater to diverse needs. Students can enjoy options like **gentle yoga**, **Yin yoga**, and **Ayurvedic Wellness plans** tailored specifically for them. As one happy participant noted, "Jen has a real gift for helping me focus on being IN my body," highlighting the studio's focus on personal growth and well-being. Classes are not confined to physical attendance; participants can join Jen's engaging sessions remotely via Zoom. This flexibility allows for students to create their own **yoga studio** at home with minimal materials, ensuring that everyone can partake in the practice regardless of their circumstances. Moreover, the **asynchronous recording** of classes means students can revisit their practice at their convenience, enhancing their experience.

Parking and Accessibility Features

Yoga Grace understands the importance of convenience. With **free of charge street parking** nearby, students can easily access the studio without the stress of finding a spot. The attention to **accessibility** extends beyond physical parking; Jen encourages all participants to embrace their unique bodies and customize poses to fit their comfort levels.

A Community-Driven Approach

The sense of **community** at Yoga Grace is palpable. Attendees consistently praise the warm, welcoming atmosphere cultivated by Jen. Her ability to connect with students and encourage them through every class shines through in all testimonials. One student remarked that "her classes are soothing and good for the soul," reflecting the communal support found within these sessions. In conclusion, Yoga Grace stands out as a beacon of inclusivity and healing in Bristol, Vermont. With its extensive amenities, commitment to accessibility, and a community-driven approach, Jen Peterson's Yoga Grace invites you to experience the myriad benefits of yoga. Whether you're looking to deepen your practice or are just starting, this welcoming space has something to offer everyone.

We are at

11 Mountain St, 05443 Bristol, Vermont - United States (US)

The contact line of the respective **Yoga instructor** is <u>+1802-881-9121</u>

Our service hours are:

Day Hours
Monday
9?AM-4?PM
Tuesday
Closed
Wednesday
10?AM-7?PM
Thursday
9:30?AM-7?PM
Eriday
Closed
Saturday
9?AM-7?PM
Sunday
Closed

The website is **Yoga Grace**

If you require to modify any information that you think is not precise concerning this site, we kindly request send a message so that we will correct it as soon as possible. In advance thanks.



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Tags

Transgender safe space, Wheelchair-accessible seating, Amenities, Identifies as women-owned, Wheelchair-accessible car park, Parking, Wheelchair-accessible toilet, From the business, Crowd, Free of charge street parking, Service options, Gender-neutral toilets, Accessibility, LGBTQ+ friendly, On-site services

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