

## creACTIVE Yoga & Wellness Center - Alabaster

alabaster

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## *creACTIVE Yoga & Wellness Center - Alabaster*

### **Welcome to creACTIVE Yoga & Wellness Center in Alabaster, Alabama**

If you're searching for a holistic health experience in Alabaster, look no further than **creACTIVE Yoga & Wellness Center**. This women-owned and veteran-owned establishment has quickly become a beloved community hub, combining wellness offerings with creative art classes and delightful dining options.

## A Range of Service Options

At creACTive, you will find diverse **service options** tailored to fit your lifestyle. Whether you are looking to relax through yoga, indulge in art sessions, or enjoy some nutritious meals, this center has it all. From **on-site services** like yoga classes to engaging art workshops, your body and mind can find rejuvenation here.

## Cozy Amenities for Everyone

Visitors rave about the **amenities** available at creACTive. Enjoy complimentary **Wi-Fi** while sipping on freshly brewed coffee or indulging in a healthy meal from their café. The center also boasts a **wheelchair-accessible entrance**, making it welcoming for everyone. Families will appreciate the **gender-neutral toilets** and **wheelchair-accessible toilet**, ensuring comfort and convenience for all guests.

## A Family-Friendly Environment

CreACTive is also **good for kids**, offering classes designed to engage young minds and bodies. Parents can participate in **yoga**, while their children enjoy creative activities like painting or art classes. The center's inviting atmosphere fosters a sense of community, perfect for family bonding.

## Accessibility for All

Accessibility is a core value at creACTive. With a **wheelchair-accessible car park** and facilities, no one is left behind. Creating a supportive environment extends beyond physical accessibility; the welcoming staff strives to make every visitor feel valued and appreciated. As one patron put it, "It's such a welcoming and supportive environment."

## Celebrating Community and Creativity

From the moment you walk in, you'll feel the positive energy that makes this place special. Many visitors highlight the warmth of the staff, especially Eileen, who is described as a phenomenal instructor. Eileen's commitment to understanding how each participant feels before class truly sets a tone of inclusivity and care.

## Experience the Unique Blend of Yoga and Wellness

Whether you're a beginner or an advanced yogi, creACTive offers **yoga classes** that cater to all levels. Consider trying out their unique trapeze yoga

class, which has received rave reviews for its fun and invigorating environment. “The hardest part of doing yoga is showing up,” says one frequent attendee, highlighting how easy it is to integrate this practice into your life at creACTIVE.

## Join the Community

So why wait? If you are in Birmingham or the surrounding areas, be sure to visit **creACTIVE Yoga & Wellness Center**. It’s not just a place to practice yoga—it’s a vibrant community hub where art, wellness, and friendship come together. Join us and discover everything this amazing center has to offer!

### Our address is

200 1st St S, 35007 Alabaster, Alabama - United States (US)

The contact phone of the respective **Yoga studio** is +1205-918-3305  
And if you want to send a WhatsApp, you can do so at +1205-918-3305

## We look forward to seeing you at:

Day Hours  
Monday  
8–11?AM  
Tuesday  
Closed  
Wednesday  
9–10?AM 5–7:30?PM  
Thursday  
Closed  
Friday  
Closed  
Saturday  
9–10?AM 5–7:30?PM  
Sunday  
Closed

The website is creACTIVE Yoga & Wellness Center

If you wish to alter any data that you consider is not accurate related to this web, we ask forward a message and we will adjust it promptly. With anticipation thanks for your cooperation.

## Images



*Creative yoga wellness center yoga*



*Creative yoga wellness center yoga studio*



*Creative yoga wellness center where*



*Creative yoga wellness center videos*



*Creative yoga wellness center street view 360deg*



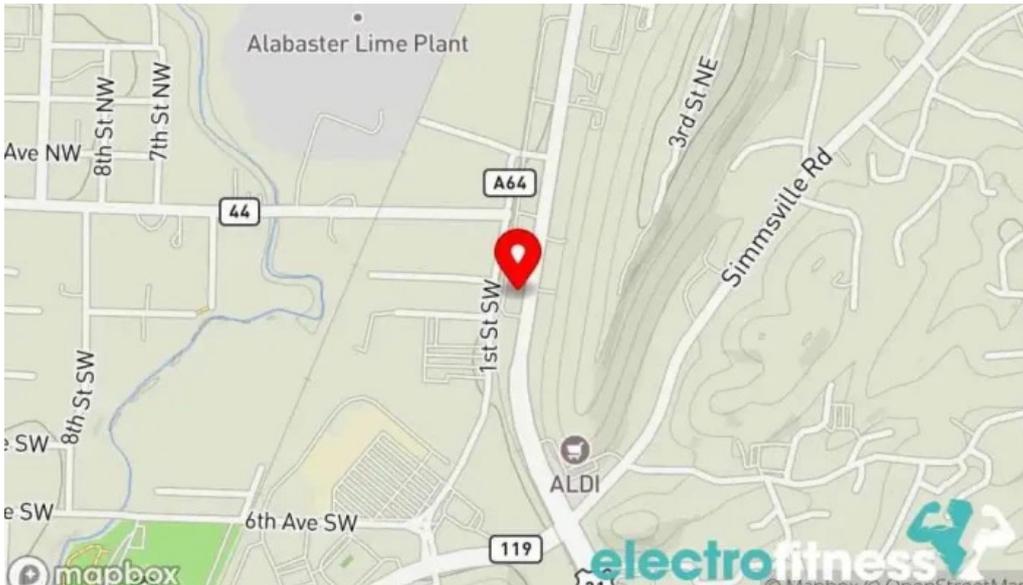
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## Tags

*From the business, Wheelchair-accessible entrance, Wheelchair-accessible car park, Children, Toilet, Gender-neutral toilets, Identifies as veteran-owned, Wheelchair-accessible toilet, Identifies as women-owned, Service options, Accessibility, On-site services, Good for kids, Amenities, Wi-Fi*

## Related content

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**5.0 \*** *Kripalu Yoga and Wellness Center - Adams Center*

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**5.0 \*** *Lake Champlain Yoga & Wellness - Essex*

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**5.0 \*** *Balance Yoga: A Community Wellness Center - Richmond*

|              |   |
|--------------|---|
| <b>5.0 *</b> | <i>Acadiana Yoga &amp; Wellness - Lafayette</i>                   |
| <b>4.9 *</b> | <i>Rejuvenate Wellness Center - Kirksville</i>                    |
| <b>5.0 *</b> | <i>Bee Yoga Fusion - Greenbelt</i>                                |
| <b>5.0 *</b> | <i>Luminecta Yoga &amp; Wellness - Santa Fe</i>                   |
| <b>4.0 *</b> | <i>Sage Yoga Center - Abilene</i>                                 |
| <b>5.0 *</b> | <i>Zen Riot Yoga &amp; Wellness Studio - Boise</i>                |
| <b>4.5 *</b> | <i>University of North Dakota : Wellness Center - Grand Forks</i> |

## Categories

|                            |
|----------------------------|
| academic department        |
| acupuncture clinic         |
| after school program       |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment complex          |
| aquatic centre             |
| arena                      |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| basketball club            |
| basketball court           |
| batting cage center        |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| community center           |

|                              |
|------------------------------|
| convenience store            |
| counselor                    |
| country club                 |
| coworking space              |
| cultural center              |
| dance company                |
| dance school                 |
| day spa                      |
| disc golf course             |
| dollar store                 |
| educational institution      |
| elementary school            |
| exercise equipment store     |
| facial spa                   |
| firearms academy             |
| fitness                      |
| fitness center               |
| fitness equipment wholesaler |
| food producer                |
| foot care                    |
| gated community              |
| golf club                    |
| golf course                  |
| golf instructor              |
| grocery store                |
| gym                          |
| gymnasium school             |
| gymnastics center            |
| hair salon                   |
| health consultant            |
| health food restaurant       |
| health spa                   |
| hiking area                  |
| hospital                     |
| hotel                        |
| indoor cycling               |
| jujitsu school               |
| karate club                  |
| karate school                |
| kennel                       |
| kickboxing school            |
| kinesiologist                |

|                                |
|--------------------------------|
| kinesiotherapist               |
| martial arts club              |
| martial arts school            |
| massage spa                    |
| massage therapist              |
| medical spa                    |
| meditation center              |
| metaphysical supply store      |
| muay thai boxing gym           |
| non-profit organization        |
| nutritionist                   |
| park                           |
| parking lot                    |
| parkour spot                   |
| personal trainer               |
| pharmacy                       |
| physical fitness program       |
| physical therapist             |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| public educational institution |
| public swimming pool           |
| recreation center              |
| rehabilitation center          |
| resort hotel                   |
| rock climbing                  |
| rock climbing gym              |
| rv park                        |
| sauna                          |
| school district office         |
| self defense school            |
| senior citizen center          |
| shooting range                 |
| shopping mall                  |
| soccer club                    |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |

|                             |
|-----------------------------|
| sports massage therapist    |
| sports medicine clinic      |
| sports nutrition store      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming facility           |
| swimming instructor         |
| swimming school             |
| tennis club                 |
| thrift store                |
| training centre             |
| vitamin & supplements store |
| weight loss service         |
| weightlifting area          |
| wellness center             |
| wellness program            |
| women's personal trainer    |
| wrestling school            |
| yoga instructor             |
| yoga studio                 |
| youth organization          |