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Aum Studio for Wellness - Alpharetta

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Aum Studio for Wellness - Alpharetta

Aum Studio for Wellness: A Transformative Yoga Experience in Alpharetta, Georgia

Aum Studio for Wellness is a unique haven in Alpharetta, Georgia, dedicated to fostering wellness and creativity among individuals of all ages. This beautiful yoga studio is not just about yoga; it offers an extensive range of amenities, on-site services, and outdoor services that cater to the diverse needs of its community.

Amenities and Accessibility

Aum Studio is designed with **accessibility** in mind, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**. Visitors appreciate the **free parking lot** and the **wheelchair-accessible car park**, making it easy for everyone to access this transformative space. The studio also provides **Wi-Fi**, ensuring that members stay connected during their visits.

Diverse Class Offerings

What sets Aum Studio apart is its variety of class offerings. From traditional yoga to innovative workshops like meditative art classes, there's something for everyone. As one member stated, "It is amazing how many options there are to explore ourselves with not only great yoga classes but other amazing activities!" Whether you're interested in Pilates, breathwork, or even women's circles, Aum Studio has a little something for everyone. Their **online classes** also allow participants to engage from the comfort of their homes.

An Inviting Atmosphere

The atmosphere within Aum Studio is described as "pure fire," where individuals can enjoy the shared experience of movement, dance, and connection. Many members expressed that they felt welcomed and at home, with one stating, "This is my favorite yoga studio in the Alpharetta and Roswell areas." From the thoughtfully designed interiors to the warm demeanor of the instructors, every detail contributes to creating a calming and rejuvenating environment.

Community and Support

Aum Studio identifies as a **women-owned** establishment, led by the passionate Yuliya and her team. The focus on community support extends beyond physical wellness; members often participate in uplifting events and workshops that promote personal growth and healing. One participant remarked, "I left feeling completely rejuvenated. To be in community and have the support of women was soul nourishing."

Family-Friendly Environment

Families will find that Aum Studio offers various kid-friendly options, including a kids club where children can engage in art, yoga, and dance. This dual approach to wellness ensures that while parents pursue their personal growth, their children are engaged in meaningful activities. As several reviews highlight, "while the mother is doing yoga, the child is also engaged in activities that are interesting for him."

Special Features

One of the highlights of Aum Studio is the **salt room**, providing additional

relaxation and restorative benefits. Members appreciate the availability of showers, clean locker rooms, and the overall design of the facility, which enhances the experience of visiting the studio.

Affordability and Discounts

Aum Studio offers competitive membership prices for all the services provided, making wellness accessible to a wider audience. Additionally, they offer **active military discounts**, showing their commitment to supporting those who serve.

Conclusion

Aum Studio for Wellness in Alpharetta goes beyond the traditional concept of a yoga studio. It is a multifunctional center designed for holistic healing, community building, and self-exploration. With an inviting atmosphere, diverse class offerings, and family-friendly activities, it truly is a sanctuary for anyone seeking balance in their lives. Whether you're looking to deepen your yoga practice or simply find some peace in your day, Aum Studio is the place to be. Join the community today and discover your path to wellness!

You can reach us at

11550 Webb Bridge Way Suite B2, 30005 Alpharetta, Georgia - United States (US)

The phone number of said **Yoga studio** is <u>+1404-726-2525</u> And if you want to send a WhatsApp, you can do so at+1404-726-2525

We look forward to seeing you at:

Day Hours Monday 9?AM-1?PM Tuesday 9-11?AM Wednesday 8?AM-8?PM Thursday 8?AM-8?PM Eriday 8?AM-8?PM Saturday 7?AM-8?PM Sunday 9?AM-8?PM

The website is Aum Studio for Wellness

If you wish to change any detail that you believe is not precise concerning this web, please send a message and we will handle it quickly. With anticipation thank you very much.





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