

Namaste Fit - Anna

anna



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anna

Namaste Fit - Anna

Welcome to Namaste Fit: A Yoga Studio in Anna, Texas

Namaste Fit is truly a gem in the heart of Anna, Texas. This yoga studio offers not just yoga classes but a supportive community where every individual can thrive. Whether you're new to yoga or an experienced practitioner, there's something for everyone here.

Amazing Offerings for All Ages

At Namaste Fit, the offerings are diverse and cater to all age groups. The studio provides classes that are **good for kids**, making it a family-friendly environment. Parents can engage in their practice while knowing their children are in a safe and welcoming space.

Exceptional Amenities for Every Need

The studio is well-equipped with amenities to enhance your wellness journey:

- Sauna:** Experience relaxation and detoxification in the sauna, built by the owner Josh. It's a fantastic addition for anyone looking to reset and rejuvenate.
- Wheelchair-accessible entrance:** Accessibility is a priority, ensuring that everyone can easily enter and enjoy the classes.
- Gender-neutral toilets:** The inclusion of gender-neutral toilets fosters an inclusive environment for all attendees.
- Wheelchair-accessible toilet:** Facilities are designed to accommodate those with mobility challenges.
- Wheelchair-accessible car park:** Convenient parking options are available for all guests.
- Wi-Fi:** Stay connected while you unwind or participate in online classes.

Service Options for Everyone

Namaste Fit offers a variety of service options, including **online classes** for those who prefer practicing from home. The instructors are dedicated to providing personalized attention, ensuring that each participant feels valued and supported. Whether you're interested in personal training, yoga, or wellness workshops, you will find exceptional guidance.

A Community That Cares

One of the standout features of Namaste Fit is its sense of community. Many clients have expressed how welcomed they felt upon joining. With a mixture of men and women attending classes, the atmosphere is inclusive and encouraging. Regular attendees mention how they have formed lasting friendships, highlighting the supportive nature of the studio.

Conclusion: Your New Yoga Home Awaits

If you're seeking a yoga studio that combines expert instruction with a warm, community-driven vibe, look no further than Namaste Fit in Anna, Texas. With top-notch amenities, a variety of classes for all ages and skill levels, and a commitment to accessibility, this studio is truly a place where you can flourish. Come join the Namaste Fit family today!

The address of our establishment is

2010 W White St Suite 178, 75409 Anna, Texas - United States (US)

The phone number of the mentioned **Yoga studio** is +1214-336-7706
And if you want to send a WhatsApp, you can do so at +1214-336-7706

We open at the following schedule:

Day Hours

Monday

8:30?AM–12:30?PM

Tuesday

8:30?AM–12:30?PM

Wednesday

8:30?AM–12:30?PM 5–8:30?PM

Thursday

6?AM–12:30?PM 5–8:30?PM

Friday

8:30?AM–12:30?PM 5–8:30?PM

Saturday

6?AM–12:30?PM 5–8:30?PM

Sunday

8:30?AM–12:30?PM 5–8:30?PM

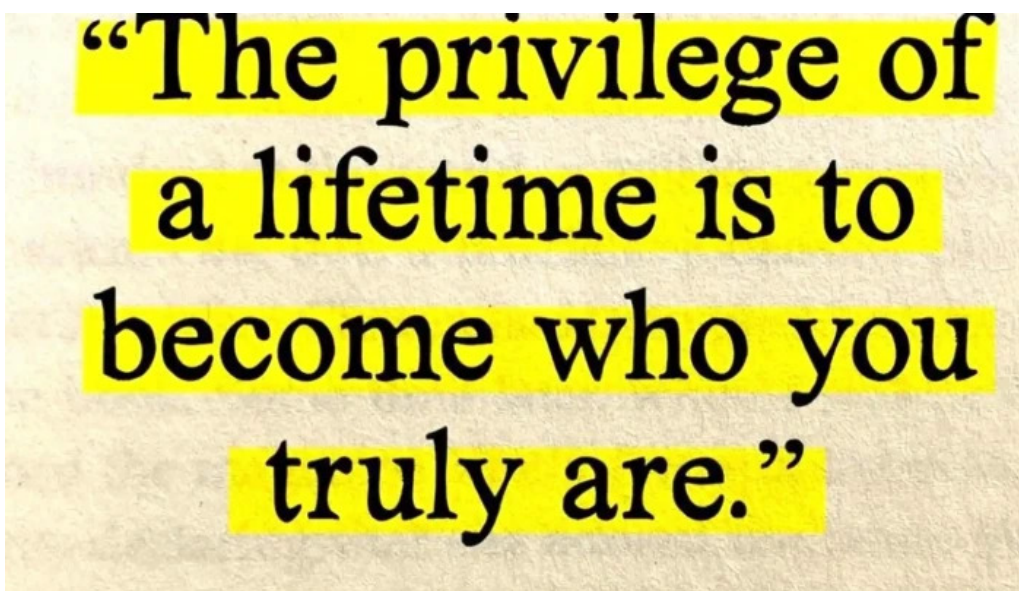
The website is Namaste Fit

If you wish to alter any data that you think is not precise concerning this portal, please send a message so that we will adjust it as soon as possible. With anticipation thanks.

Images



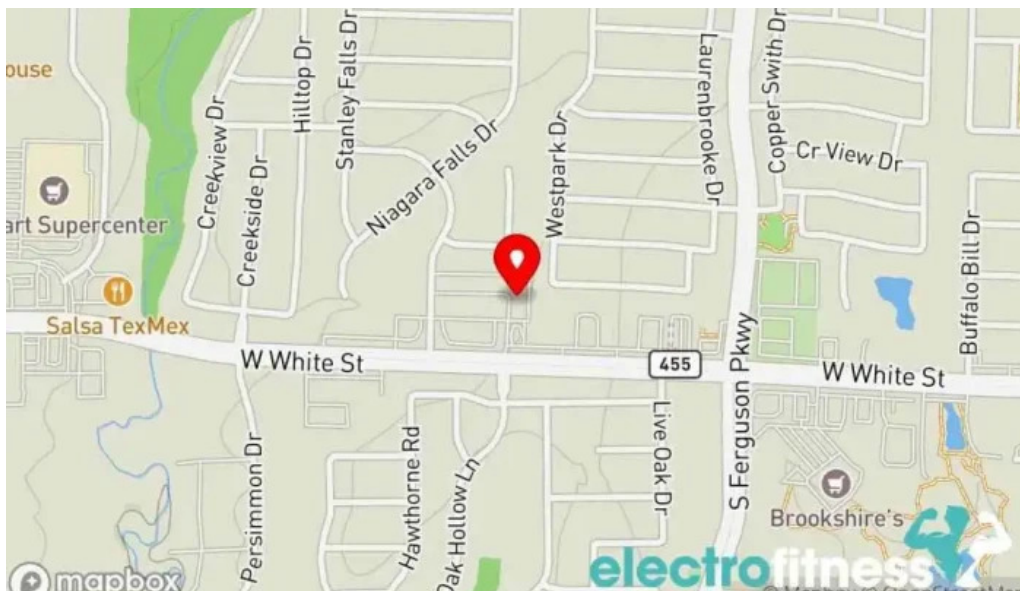
Namaste fit yoga



Namaste fit yoga studio



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Namaste fit by owner



Namaste fit anna



Namaste fit all

Tags

Wheelchair-accessible toilet, Good for kids, Accessibility, Toilet, Wheelchair-accessible car park, Gender-neutral toilets, Service options, Wi-Fi, Sauna, Offerings, Children, Wheelchair-accessible entrance, Amenities, Online classes

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karate club
karate school
kennel
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kinesiologist
kinesiotherapist
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martial arts school
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