


Hotworx - Boise, Id - S Federal Way - Boise

boise

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boise

Hotworx - Boise, Id - S Federal Way - Boise

Experience the Best at HOTWORX Boise, ID - S Federal Way

Welcome to **HOTWORX Boise**, located in beautiful Boise, Idaho, specifically on South Federal Way. This innovative Yoga studio offers a unique approach to fitness that intertwines the soothing elements of hot yoga with modern technology. Whether you're a fitness veteran or a newcomer, you'll find the perfect atmosphere here to enhance your wellness journey.

On-Site Services and Amenities

At HOTWORX, the focus is on delivering an exceptional workout experience. The studio provides various **on-site services** that cater to all fitness levels. You can enjoy various classes, including yoga, Pilates, Barre, deep stretch, cycling, and rowing, all within the comfort of infrared saunas. These saunas not only heat the space but also offer numerous health benefits like detoxification and improved mental well-being.

The facilities are designed with accessibility in mind. There is a **wheelchair-accessible entrance** and a spacious **wheelchair-accessible car park** for convenient access. Additionally, you'll find a **wheelchair-accessible toilet** on-site, ensuring that everyone can comfortably use the studio's amenities.

Planning Your Visit

To make the most of your experience at HOTWORX, it's recommended to schedule your workouts in advance, as appointments are **recommended**. This allows you to secure your preferred class time and avoid any wait times. The studio is open 24/7, accommodating even the busiest schedules, which means you can plan your workouts around your lifestyle.

Community and Support

The culture at HOTWORX is one of support and community. Many members express how the environment is devoid of competition, promoting a friendly atmosphere where everyone is encouraged to show up and do their best. The staff is described as **amazing**, helpful, and genuinely caring about the members' progress. They maintain a clean and organized environment that fosters motivation and enjoyment during workouts.

Benefits of Infrared Training

Working out in HOTWORX's saunas offers unique advantages that traditional gyms simply can't match. The infrared heat helps to prevent injuries, enhance flexibility, and promote a deep detox through sweat. Users frequently report feeling stronger and rejuvenated after sessions, thanks to the tailored workouts that push them to their limits.

Conclusion

Whether you're looking for a new workout routine or a supportive community, **HOTWORX Boise** has everything you need. With its variety of workout options, flexible scheduling, and commitment to accessibility and cleanliness, it's no wonder so many individuals have transformed their lives here. Come experience

it for yourself—you won't regret it!

Our business is at

3587 S Federal Way Ste. 100, 83705 Boise, Idaho - United States (US)

The phone number of the mentioned **Yoga studio** is +1208-908-6507

And if you want to send a WhatsApp, you can do so at +1208-908-6507

Our public attention hours are:

Day Hours
Monday
11?AM–8?PM
Tuesday
11?AM–8?PM
Wednesday
11?AM–8?PM
Thursday
11?AM–8?PM
Friday
9?AM–6?PM
Saturday
11?AM–4?PM
Sunday
Closed

The website is HOTWORX - Boise, ID - S Federal Way

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Images



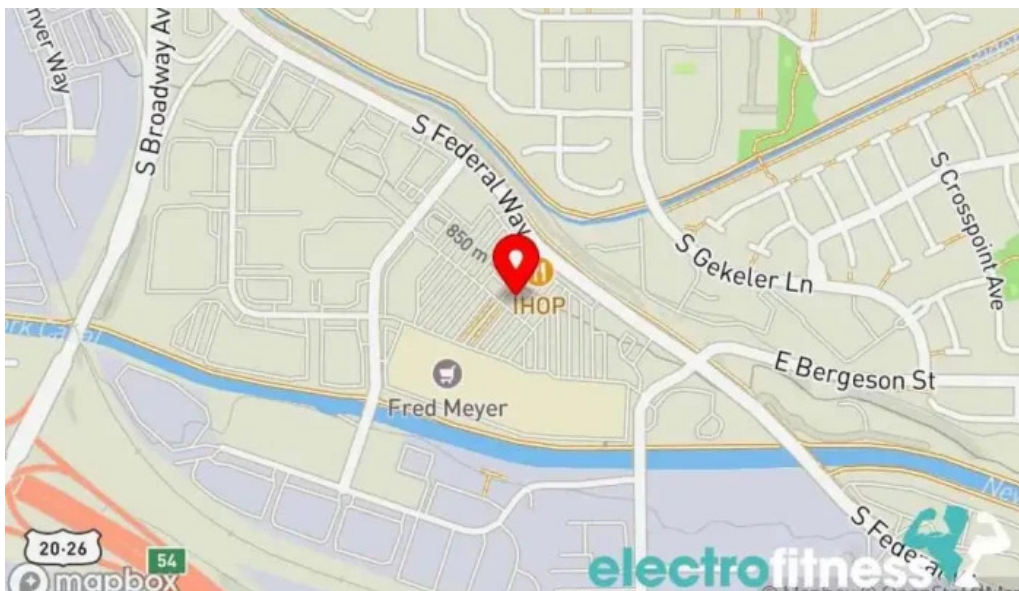
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Tags

Toilet, Wheelchair-accessible car park, On-site services, Accessibility, Appointments recommended, Service options, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Amenities, Planning

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public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
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weightlifting area
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