

4yoga - Bowling Green

bowling green

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Discover 4yoga: A Women-Owned Yoga Studio in Bowling Green, Kentucky

Welcome to 4yoga, a vibrant and inclusive yoga studio that identifies as women-owned, making it a unique space for personal growth and community connection in Bowling Green, Kentucky.

Accessibility at 4yoga

One of the standout features of 4yoga is its commitment to accessibility. The studio boasts a ****wheelchair-accessible car park**** and offers ****gender-neutral**

toilets**, ensuring that everyone feels comfortable and welcome. The facility is designed with accessibility in mind, providing a supportive environment for all practitioners.

Service Options and Amenities

At 4yoga, you will find an array of **service options** tailored to diverse needs. Whether you're a beginner or an experienced yogi, the offerings include both **in-person classes** and **online classes**. This flexibility allows participants to engage with yoga in a manner that suits their lifestyle. The studio also provides essential **amenities** such as clean **toilets**, convenient **parking**, and a **free multi-storey car park** nearby. For those seeking a stress-free experience, there is **free parking lot** available, along with **free-of-charge street parking** options.

A Welcoming Space for Everyone

4yoga prides itself on being an **LGBTQ+ friendly** community space. It serves not only as a yoga studio but as a **transgender safe space** where individuals from all backgrounds can come together in harmony. The studio cultivates an open atmosphere, encouraging a diverse crowd to engage in mindfulness practices.

Community and Connections

From the moment you step into 4yoga, you become part of a supportive community. The welcoming staff and vibrant crowd create an environment that fosters friendships and connections. Whether you're attending a class or simply enjoying the ambiance, you'll feel the warmth of a true community hub. In conclusion, 4yoga in Bowling Green, Kentucky, stands out as an exemplary yoga studio that emphasizes inclusivity, accessibility, and community engagement. With its various service options and welcoming environment, it's the perfect place for anyone looking to deepen their yoga practice while connecting with like-minded individuals.

The location of our premises is

428 E Main Ave, 42101 Bowling Green, Kentucky - United States (US)

Visit us during the following hours:

Day Hours
Monday

9–10:30?AM 1:30–3?PM

Tuesday

6–7:30?PM

Wednesday

9–10:30?AM 4–5:30?PM

Thursday

9–10:30?AM 6–7:30?PM

Friday

9–10:30?AM

Saturday

4–5:30?PM

Sunday

9–10:30?AM 6–7:30?PM

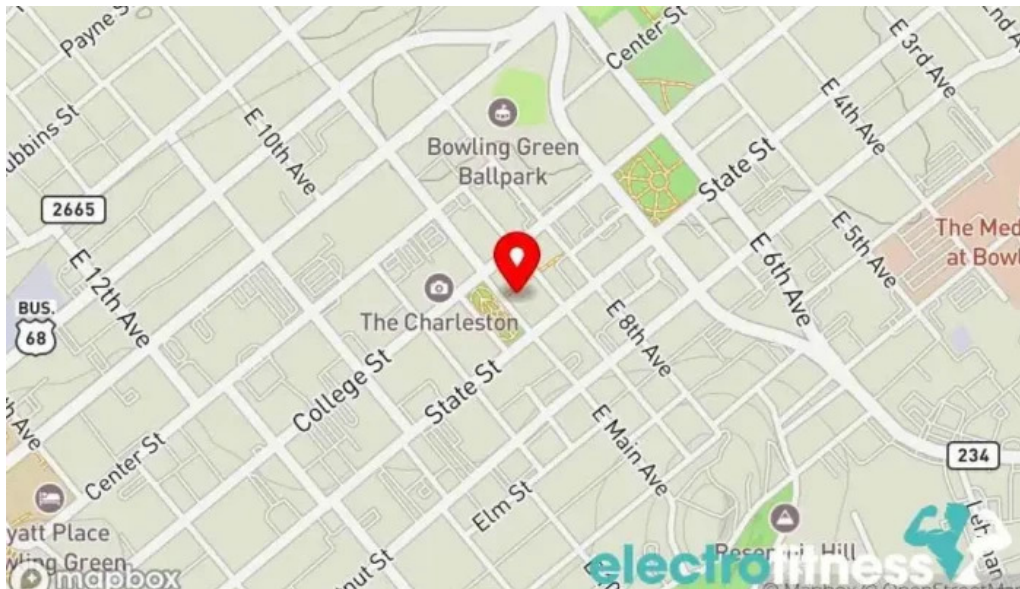
The website is [4yoga](http://4yoga.com)

If you wish to change any information that you consider is not accurate related to this portal, please send a message so that we will adjust it promptly. With anticipation thanks for your cooperation.

Images



4yoga street view 360deg



4yoga map



4yoga by owner



4yoga bowling green



4yoga all

Tags

Online classes, Free parking lot, Wheelchair-accessible car park, Amenities, Free multi-storey car park, Accessibility, Free of charge street parking, Service options, Identifies as women-owned, Toilet, Parking, On-site services, Transgender safe space, From the business, LGBTQ+ friendly, Crowd, Gender-neutral toilets

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martial arts school
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physical fitness program
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private golf course
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public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center

shooting range
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soccer club
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