

## Brandon Yoga Center - Brandon

brandon

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## Brandon Yoga Center - Brandon

### Discover Brandon Yoga Center: A Haven in Vermont

Located in the heart of Brandon, Vermont, the **\*\*Brandon Yoga Center\*\*** offers a serene and welcoming space for yoga enthusiasts of all levels. With its commitment to accessibility and a strong community atmosphere, this studio stands out as a beacon for both seasoned practitioners and newcomers alike.

### Accessibility Features at Brandon Yoga Center

One of the key amenities that sets Brandon Yoga Center apart is its **\*\*wheelchair-accessible toilet\*\***. This feature ensures that everyone, regardless

of mobility challenges, can enjoy the benefits of yoga in a comfortable setting. Additionally, the studio boasts a **\*\*wheelchair-accessible car park\*\***, making it easy for visitors with varying needs to access the facilities.

### **A Warm and Inviting Atmosphere**

Students rave about the inviting ambiance at Brandon Yoga Center. Judit, the talented instructor, has created a **\*\*warm and clean\*\*** environment that fosters connection and growth. Many attendees express their gratitude for the personalized feedback and guidance they receive, enabling them to deepen their practice effectively.

### **Diverse Class Offerings for Everyone**

Whether you are a fan of hot yoga or prefer something more restorative, Brandon Yoga Center provides a variety of classes tailored to meet different needs. As one student noted, "If Hot Yoga isn't for you, there are other options at this studio, such as Deep Relaxation and Restorative classes." This diversity makes it an ideal choice for anyone looking to enhance their wellness journey.

### **The Impact of Yoga on Health and Well-being**

The benefits of practicing yoga at Brandon Yoga Center extend beyond physical fitness. Many participants have shared how their experience at the studio has positively impacted their well-being. From maintaining strength and a healthy body weight to easing chronic pain, students find solace and healing through their practice. As one participant mentioned, "Nothing makes me feel better," highlighting the transformative power of yoga.

### **Join the Community at Brandon Yoga Center**

With its strong sense of community, supportive instructors, and comprehensive range of classes, **\*\*Brandon Yoga Center\*\*** invites you to embark on your yoga journey today. Whether you're looking to relax, rehabilitate an injury, or elevate your fitness routine, there's a place for you here. Come experience the warmth and positivity that have made this studio a beloved destination for so many.

### **The address of our establishment is**

1340 Grove St, 05733 Brandon, Vermont - United States (US)

The contact line of said **Yoga studio** is +1802-465-8256

And if you want to send a WhatsApp, you can do so at +1802-465-8256

### **Visit us during the following hours:**

Day Hours

Monday

8:15–9:45?AM

Tuesday

8:15–10:15?AM 3:30–5:15?PM

Wednesday

8:15–10:15?AM 5:30–7:30?PM

Thursday

8:15–11:45?AM 4:30–7:30?PM

Friday

6–8?AM 5:30–7:30?PM

Saturday

8:15–9:45?AM 5–6:30?PM

Sunday

6–10:45?AM

The website is [Brandon Yoga Center](#)

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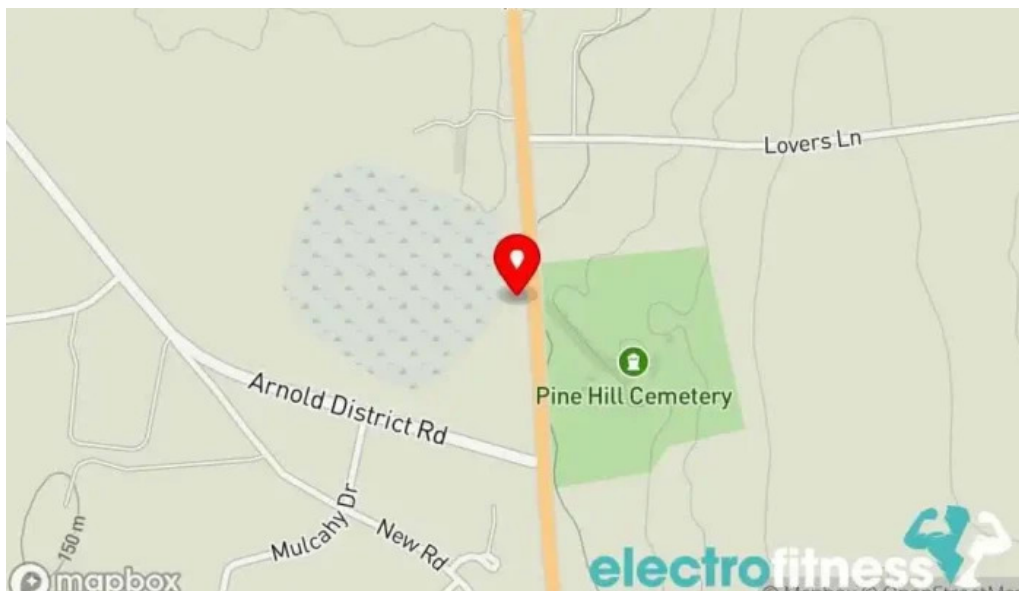
## Images



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*Brandon yoga center map*





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Brandon yoga center all

## Tags

*Accessibility, Amenities, Toilet, Wheelchair-accessible car park, Wheelchair-accessible toilet*

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recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
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sports club
sports complex
sports medicine clinic
sports school
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wellness center
wellness program
women's personal trainer
yoga instructor
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