

Sun Mountain Yoga - Carson City

carson city



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Sun Mountain Yoga - Carson City

Discover Sun Mountain Yoga in Carson City, Nevada

If you're looking for an exceptional yoga experience in **Carson City**, look no further than **Sun Mountain Yoga**. This studio has garnered rave reviews from its attendees, highlighting both the quality of classes and the accessibility it offers.

Exceptional Classes with Angela

One of the standout features of Sun Mountain Yoga is the instructor, **Angela**. Many participants have expressed their gratitude for her attention to detail and alignment during classes. One long-time attendee noted, "I have been doing yoga for many years and have never experienced a class this wonderful." Angela's ability to cater to individual needs makes every session feel personalized and enriching.

Accessibility at Sun Mountain Yoga

Sun Mountain Yoga prioritizes **accessibility**, ensuring that everyone can benefit from yoga practice. The studio features a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, making it convenient for individuals of all abilities to enjoy the facilities. This commitment to **amenities** sets Sun Mountain Yoga apart from other studios, as they focus on creating an inclusive environment.

A Grateful Community

The sense of community at Sun Mountain Yoga is palpable. With over 18 years of service, one dedicated participant remarked, "Grateful for the quality of life that I get with regular yoga practice with Angela." This sentiment reflects the positive impact that yoga has on individuals, promoting not just physical well-being but also mental and emotional health.

Conclusion

Overall, Sun Mountain Yoga is more than just a yoga studio; it is a sanctuary for those seeking to enrich their lives through yoga practice. With its excellent instructor, comprehensive **amenities**, and a strong focus on **accessibility**, it stands out as a top choice in Carson City. Whether you're a seasoned yogi or just beginning your journey, Sun Mountain Yoga welcomes you with open arms.

We are located at

2350 S Carson St, 89701 Carson City, Nevada - United States (US)

The contact phone of the respective **Yoga studio** is +1775-885-9965
And if you want to send a WhatsApp, you can do so at +1775-885-9965

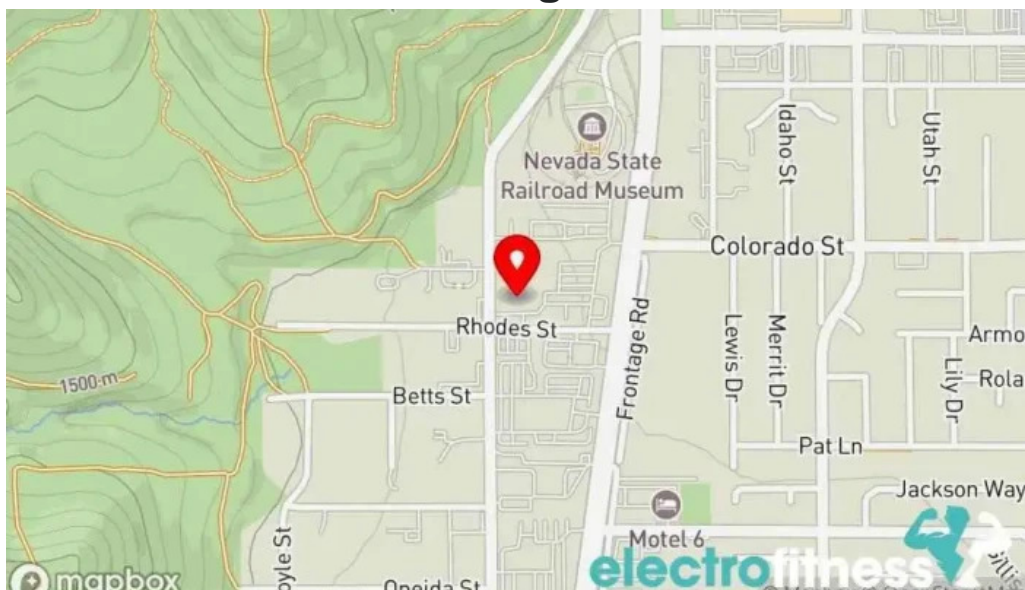
Our business hours are:

Day Hours
Monday
Closed
Tuesday
5:30–7?PM
Wednesday
Closed
Thursday
Closed
Friday
Closed
Saturday
Closed
Sunday
Closed

The website is [Sun Mountain Yoga](#)

If necessary to adjust any detail that you think is not precise related to this web, we urge you to forward a message so that we will handle it promptly.
Thanks beforehand thank you very much.

Images



Sun mountain yoga map



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Tags

Wheelchair-accessible toilet, Toilet, Amenities, Wheelchair-accessible car park, Accessibility

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massage spa
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outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna

school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
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sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
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