

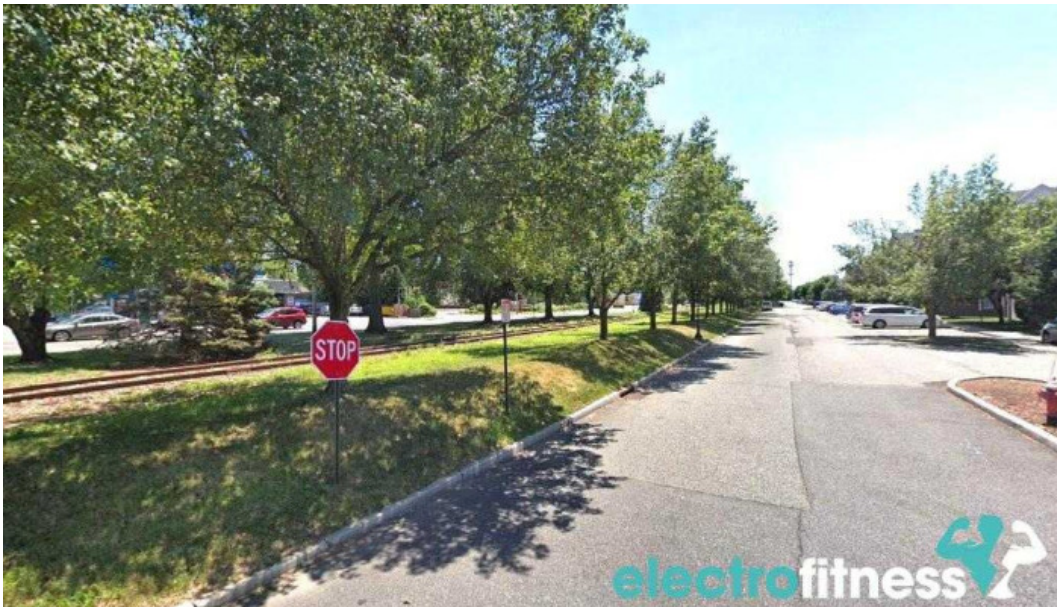
## coolhotyoga & pilates - Cresskill

cresskill

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### *coolhotyoga & pilates - Cresskill*

#### **Welcome to Coolhotyoga & Pilates in Cresskill, New Jersey**

If you are looking for a welcoming and inclusive space to practice yoga and pilates, look no further than **Coolhotyoga & Pilates**. This amazing studio is not only women-owned but also prioritizes accessibility with features such as a **wheelchair-accessible toilet** and a **wheelchair-accessible car park**.

#### **Amenities and Services**

At Coolhotyoga, you will find numerous **amenities** that enhance your experience. The studio offers clean facilities, free **Wi-Fi**, and a variety of workouts designed for all levels. Whether you prefer in-person sessions or the convenience of **online classes**, there's an option tailored to your needs. Appointments are recommended to ensure you get the most out of your sessions.

## **What Makes Us Unique**

This studio stands out for its friendly atmosphere and individualized attention. Many clients have shared how the small class sizes allow instructors to provide **individualized modifications**. One happy client said, "Because it's small, they're able to give you individual attention, which is amazing if you're a beginner like me."

## **Classes That Transform Lives**

Coolhotyoga offers a diverse range of classes, including **Pilates Mat**, **Antigravity Yoga**, and **Booty Barre**. Instructors like Michelle and Montana Cibischino create a supportive environment where students can build strength and confidence. One satisfied customer remarked, "I owe my healed back to Michelle!"

## **Birthday Celebrations and Special Events**

In addition to regular classes, the studio also hosts unique events. A parent recently celebrated their daughter's 8th birthday with a glow-in-the-dark aerial yoga party, receiving high praise from attendees. "Would definitely recommend to anyone!" they exclaimed, highlighting the fun and friendly staff.

## **Commitment to Community and Growth**

Coolhotyoga fosters a sense of community among its clients. As one client put it, "I love this studio. It's clean, fun, great vibes, with friendly and professional instructors." This nurturing environment encourages individuals to return, even those who claim to dislike exercise. "I keep coming back," stated another satisfied practitioner.

## **Booking Made Easy**

With a user-friendly platform, booking a class is hassle-free, making it easier than ever to join the engaging community at Coolhotyoga. However, prospective clients are advised to ensure they are choosing the correct location when purchasing classes online.

## Your Journey Awaits!

Whether you're a seasoned yogi or a complete beginner, Coolhotyoga & Pilates is ready to support you every step of the way. With a focus on **accessibility** and individualized attention, you'll find everything you need for a fulfilling experience. Start your journey today by reserving your spot and see how Coolhotyoga can transform your body and mind!

## You can find us in

6 Madison Ave, 07626 Cresskill, New Jersey - United States (US)

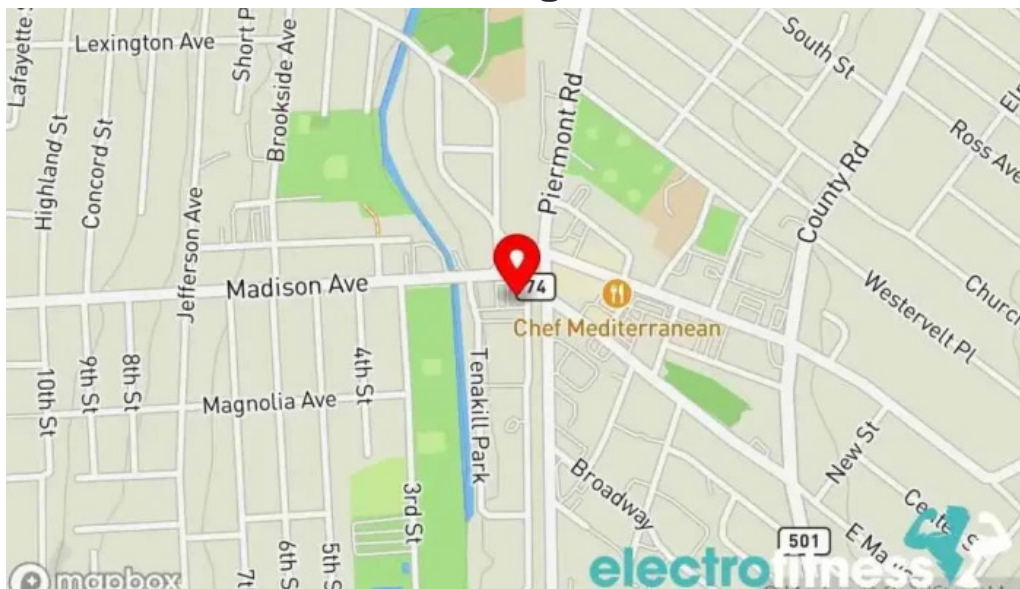
The phone number of said **Yoga studio** is +1201-483-3025

And if you want to send a WhatsApp, you can do so at +1201-483-3025

The website is coolhotyoga & pilates

If you wish to adjust any detail that you consider is not precise about this site, we urge you to send us a message so that we will handle it promptly. Thanks beforehand thanks.

## Images



*Coolhotyoga pilates map*



*Coolhotyoga pilates cresskill*



*Coolhotyoga pilates by owner*





*Coolhotyoga pilates all*

## Tags

*Identifies as women-owned, Toilet, Wheelchair-accessible toilet, Online classes, Appointments recommended, Wi-Fi, Planning, Service options, Amenities, Wheelchair-accessible car park, Accessibility, From the business*

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outdoor swimming pool
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pharmacy
physical fitness program
physical therapist
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recreation center
rehabilitation center
resort hotel
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rock climbing gym
rv park
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