

Carson Valley Hot Yoga - Gardnerville

gardnerville

☐ I'm not a robot



RECAPTCHA

Published on: 20/05/25	Hits: 88
Comments: 0	See comments
Votes: 8	Score: 5

https://www.electrofitness.com/yoga-studio/gardnerville/carson-valley-hot-yoga-gardnerville_314978.p

hp



gardnerville

Carson Valley Hot Yoga - Gardnerville

Discovering Carson Valley Hot Yoga

If you're looking for a transformative yoga experience in Gardnerville, Nevada, ****Carson Valley Hot Yoga**** is a must-visit studio. Nestled in the picturesque Carson Valley, this studio offers breathtaking views of the Sierras Nevada mountains right outside its doors.

Exceptional Instruction

With seasoned instructors like ****Ashlyn and Jordan****, who have traveled

extensively through India and Thailand, students are led through the challenging ****Bikram yoga postures**** with expert guidance. Their knowledge and experience make every class an enlightening journey for practitioners of all levels.

Accessibility and Amenities

Carson Valley Hot Yoga is committed to making their studio welcoming for everyone. The facility features ****wheelchair-accessible entrance****, ensuring that all guests can join in on the rejuvenating practice. Additionally, there is a ****wheelchair-accessible car park**** for convenient access. For those concerned about comfort, the studio is equipped with clean showers, and they offer rental mats and towels to ensure you have everything you need for your session. Importantly, a ****wheelchair-accessible toilet**** is also available, reinforcing their commitment to accessibility.

Community and Atmosphere

The community vibe at Carson Valley Hot Yoga is one of support and encouragement. Many visitors have remarked on the friendly and welcoming atmosphere, with one attendee noting it as a "super friendly and welcoming" place to practice. The sense of camaraderie among participants makes each class not just a workout but an enriching social experience.

A Therapeutic Escape

Many students have shared their experiences, expressing how therapeutic and beneficial the classes have been. One participant noted improvements in sleep and emotional control, emphasizing that finding this studio was "literally the very best thing that's ever happened to me recently."

Plan Your Visit

Whether you're new to hot yoga or an experienced practitioner, Carson Valley Hot Yoga offers a unique opportunity to challenge yourself in a stunning setting. Don't miss the chance to join a class and feel renewed in this incredible studio. With outstanding instructors and ample amenities, it's no wonder that people are raving about their experiences. Next time you find yourself in the Carson Valley, make sure to stop by!

Our establishment is located at

1528 U.S. Hwy 395 N #200, 89410 Gardnerville, Nevada - United States (US)

The contact line of the respective **Yoga studio** is +1775-471-4275

And if you want to send a WhatsApp, you can do so at +1775-471-4275

You can visit us at the following hours:

Day Hours

Monday

9?AM–5:30?PM

Tuesday

9?AM–7:30?PM

Wednesday

9?AM–5:30?PM

Thursday

9?AM–7:30?PM

Friday

9?AM–5:30?PM

Saturday

7:30?AM–3:30?PM

Sunday

9?AM–1:30?PM

The website is [Carson Valley Hot Yoga](#)

If necessary to adjust any detail that you think is incorrect regarding this site, we urge you to deliver a message and we will handle it as soon as possible.

Thanks beforehand thanks.

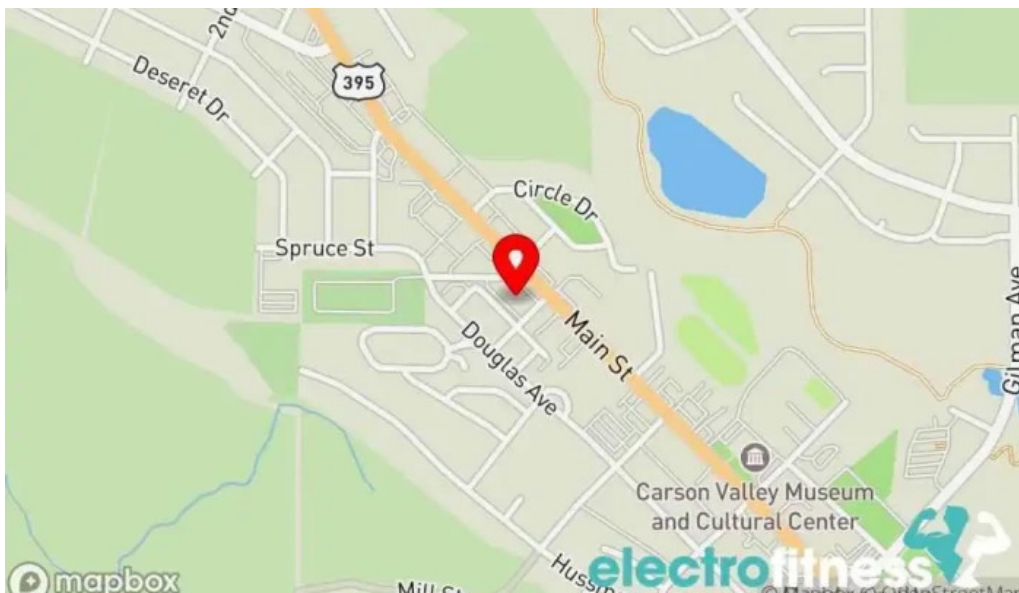
Images



Carson valley hot yoga yoga



Carson valley hot yoga street view 360deg



Carson valley hot yoga map



Carson valley hot yoga gardnerville



Carson valley hot yoga by owner



Carson valley hot yoga all

Tags

Toilet, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Wheelchair-accessible car park, Amenities

Related content

5.0 *	<i>Hot Yoga Stowe - Stowe</i>
4.8 *	<i>Agoura Hot Yoga - Agoura Hills</i>
5.0 *	<i>Hot Yoga Hut - Bethlehem</i>
4.9 *	<i>Renu Hot Yoga - Yakima</i>
4.5 *	<i>Hot Yoga Bowling Green - Bowling Green</i>
4.5 *	<i>Yoga Hot Spot, Yakima - Yakima</i>
4.9 *	<i>Dirty Laundry Hot Yoga - Santa Fe</i>
3.6 *	<i>Hot Spot Fitness & More - Adams</i>
4.4 *	<i>Valley Soul Yoga - Waitsfield</i>
4.3 *	<i>Snap Fitness Spokane Valley (Ponderosa Village) - Spokane Valley</i>

Categories

academic department

acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course

dollar store
educational institution
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group

medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club

sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization