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Rise Yoga Gettysburg - Gettysburg

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Rise Yoga Gettysburg - Gettysburg

Explore RISE Yoga Gettysburg: A Welcoming Space for All

If you are in Gettysburg, Pennsylvania, and looking for a **yoga studio** that offers a supportive environment, look no further than **RISE Yoga Gettysburg**. With its beautiful ambiance and dedicated instructors, it has become a beloved spot for both beginners and experienced yogis alike.

A Warm Welcome Awaits

Many visitors have praised the lovely atmosphere of RISE Yoga, especially during the popular Saturday morning class with Heather. Her warm and friendly personality helps create a welcoming vibe, making every participant feel comfortable and supported. As one attendee remarked, "I really enjoyed her vibe." This encouraging environment is ideal for individuals at any level of practice.

Amenities That Enhance Your Experience

RISE Yoga provides several **amenities** to ensure a seamless yoga experience. The studio offers mats and various props for those who may not have their own yoga items, eliminating a common barrier for newcomers. Furthermore, the space is designed to be relaxing and calming, allowing practitioners to fully immerse themselves in their practice.

Accessibility for Everyone

Accessibility is a key feature at RISE Yoga Gettysburg. The studio boasts a **wheelchair-accessible car park**, making it easy for individuals with mobility challenges to visit. Inside, the **wheelchair-accessible toilet** ensures that all guests can enjoy the facilities comfortably.

Engaging Classes for All Levels

The variety of classes offered at RISE Yoga caters to different needs and preferences. The active restore yoga class, for example, combines more dynamic poses with restorative postures, providing the perfect balance for those seeking both strength and relaxation. One participant shared that the class was designed perfectly for their body, highlighting the instructor's knowledge and accommodating nature.

Join the RISE Yoga Community

With its beautiful space, thoughtful amenities, and dedicated instructors like Heather, RISE Yoga Gettysburg is a must-visit for anyone interested in yoga. Whether you're a beginner or a seasoned practitioner, the studio invites you to join their community and discover the benefits of yoga in a supportive environment.

Highly recommended by many, RISE Yoga promises a fulfilling experience that will leave you feeling rejuvenated and connected. Don't miss the opportunity to explore this gem in Gettysburg!

We are at

2311 Fairfield Rd # A, 17325 Gettysburg, Pennsylvania - United States (US)

The phone number of the respective **Yoga studio** is <u>+1434-242-9844</u> And if you want to send a WhatsApp, you can do so at<u>+1434-242-9844</u>

We are open during the following hours:

Day Hours
Monday
6:30?AM-8?PM
Tuesday
8?AM-6?PM
Wednesday
9?AM-12?PM
Thursday
11?AM-8?PM
Eriday
8?AM-5?PM
Saturday
6:30?AM-6:30?PM
Sunday
8?AM-5?PM

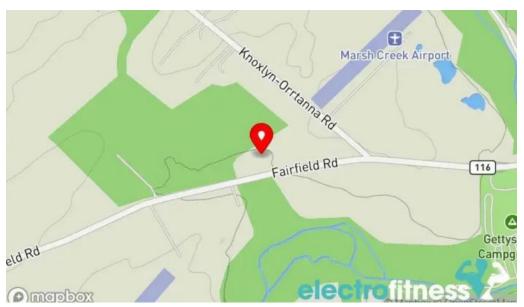
The website is RISE Yoga Gettysburg

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Images



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Tags

Accessibility, Wheelchair-accessible car park, Wheelchair-accessible toilet, Toilet, Amenities

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