

## Chill Yoga - Lewiston

lewiston

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*lewiston*

### *Chill Yoga - Lewiston*

#### **Welcome to Chill Yoga: Your Premier Yoga Studio in Lewiston, Maine**

**Chill Yoga** is not just another yoga studio; it's a vibrant community that welcomes everyone, from seasoned practitioners to beginners. Nestled in Lewiston, this studio prides itself on offering a supportive atmosphere and a variety of **on-site services** tailored to meet the needs of all its members.

#### **Inclusive and Accessible Space**

At Chill Yoga, accessibility is a key priority. The studio features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can participate in the practice. With a dedicated **transgender safe space**, Chill Yoga fosters an environment where all individuals feel welcome and respected.

## **Flexible Parking Options**

Finding parking is a breeze with multiple options available. Chill Yoga offers a **paid multi-storey car park** nearby and **paid street parking** for those driving in. For those looking for a more budget-friendly option, **free of charge street parking** is also accessible within a short walking distance.

## **A Variety of Classes and Online Services**

Chill Yoga is known for its exceptional **service options**, providing a range of classes suitable for all skill levels. Whether you're a beginner or an experienced yogi, there's something for everyone. Appointments are **recommended**, and depending on the class, an **appointment may be required** to ensure personalized attention. For those who prefer practicing from the comfort of their home, **online classes** are also available.

## **A Unique Community Experience**

What sets Chill Yoga apart is its sense of community. Many clients express their gratitude for the welcoming instructors who prioritize the well-being of every individual. As one attendee noted, "The instructors are all very kind and welcoming, always offering options for whatever level of practice a person might want." This inclusive environment allows students to learn and grow at their own pace.

## **A Commitment to Excellence**

From the owners to the instructors, a commitment to quality and integrity is evident in every class. Teachers like Alexis Magee are praised for their calming energy and ability to make even the most apprehensive beginners feel at ease. As one student said, "I was so intimidated by yoga, but she made me feel comfortable and relaxed." This dedication creates a space where everyone is encouraged to explore their yoga journey.

## **A Welcoming Atmosphere**

Chill Yoga embodies a strong sense of belonging and community. Regular attendees often refer to it as a second family, highlighting the small class sizes

and attentive instructors. This close-knit environment not only fosters personal growth but also enhances the overall yoga experience.

## **A Bright and Inviting Space**

The studio itself is designed to create a zen atmosphere, featuring a bright, airy space perfect for relaxation and focus. Whether you're taking a gentle class or participating in an advanced session, the inspiring ambiance contributes to a fulfilling practice.

## **Join the Chill Yoga Community Today!**

If you're searching for a yoga studio that prioritizes inclusivity, accessibility, and community, look no further than Chill Yoga in Lewiston, Maine. Come experience why so many consider it their favorite yoga home. Embrace the opportunity to grow, connect, and rejuvenate at Chill Yoga.

### **The location of our business is in**

182 Lisbon St 1st floor, 04240 Lewiston, Maine - United States (US)

The contact line of said **Yoga studio** is +1207-240-0760

And if you want to send a WhatsApp, you can do so at +1207-240-0760

### **We are available at these times:**

Day Hours  
Monday

7:30?AM–6:30?PM

Tuesday

7:45–11?AM

Wednesday

8:15–11:30?AM

Thursday

8:45–10:15?AM

Friday

8:30?AM–1:15?PM 5–7:30?PM

Saturday

7:15–10?AM 11:50?AM–1?PM 3:30–7?PM

Sunday

7?AM–6:30?PM

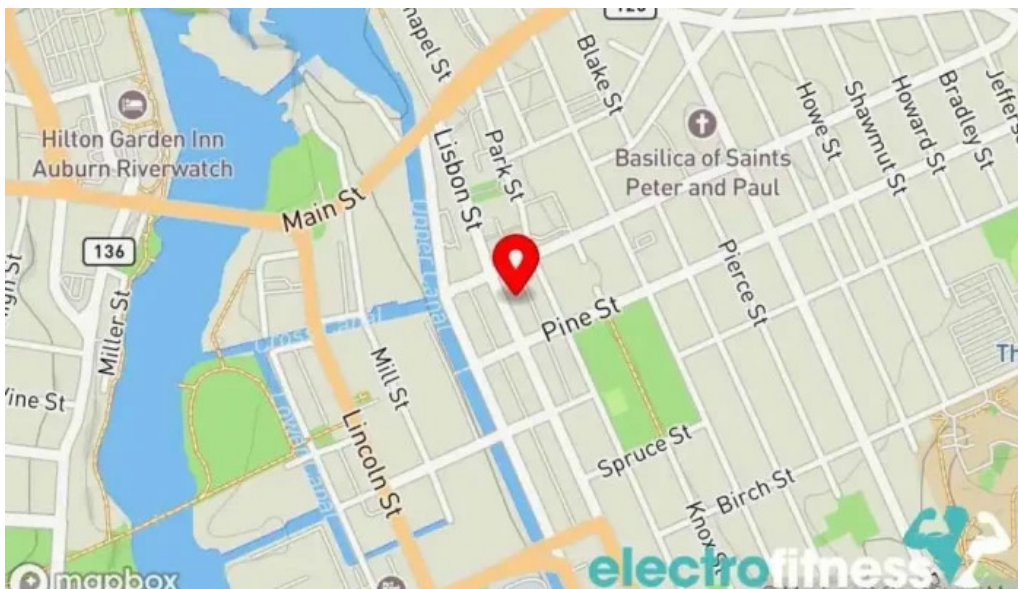
The website is Chill Yoga

In case you want to modify any element that you think is not precise regarding this site, please send a message so we can we will fix it quickly. Thank you in advance thanks for your cooperation.

## Images



*Chill yoga street view 360deg*



*Chill yoga map*





*Chill yoga lewiston*



*Chill yoga by owner*



*Chill yoga all*

## Tags

*Toilet, Appointments recommended, Paid multi-storey car park, Accessibility, From the business, Paid street parking, Appointment required, Free of charge street parking, Planning, Transgender safe space, Wheelchair-accessible car park, Crowd, Identifies as women-owned, Online classes, Outdoor services, LGBTQ+ friendly, Wheelchair-accessible entrance, Amenities, Parking, On-site services, Service options*

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basketball court
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country club
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cultural center
dance club
dance company
dance school
day spa
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disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
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golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant



health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
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pharmacy
physical fitness program
physical therapist
physical therapy clinic

pickleball court
pilates studio
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public educational institution
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restaurant
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rock climbing gym
rv park
sauna
school
school district office
self defense school
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shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school

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training centre
vitamin & supplements store
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weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
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