

Shepherd Street Yoga - Lufkin

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Shepherd Street Yoga - Lufkin

Discover Shepherd Street Yoga in Lufkin, Texas

Shepherd Street Yoga offers an inviting and serene environment for yoga enthusiasts of all levels. Located in the heart of Lufkin, Texas, this studio has been praised for its clean and beautiful atmosphere, making it an ideal place to unwind and connect with both body and mind.

Amenities That Enhance Your Experience

At Shepherd Street Yoga, you'll find a variety of ****amenities**** designed to support your practice. The studio is equipped with mats, blocks, and belts,

ensuring that you have everything you need for a successful session. Upon entering, participants are welcomed to sign in and store their shoes and belongings in designated cubby holes, which adds to the organized and peaceful experience.

Accessibility for Everyone

Accessibility is a priority at Shepherd Street Yoga. The studio features a ****wheelchair-accessible car park****, allowing easy access for those with mobility challenges. Inside, the studio includes a ****wheelchair-accessible toilet****, ensuring that all guests can navigate the space comfortably. This commitment to accessibility demonstrates the studio's dedication to creating an inclusive environment where everyone can enjoy the benefits of yoga.

Comfortable Facilities and Atmosphere

The atmosphere at Shepherd Street Yoga is described as warm and welcoming, fostering a sense of community. Clients appreciate the friendly staff and superb instruction tailored to all levels of yoga students. Whether it's your first time or you're a seasoned yogi, the instructors encourage you to "listen to your body," providing modifications as needed while also pushing you to explore new poses.

A Variety of Classes for All Levels

The studio offers a diverse range of classes, including gentle yoga, which has received positive feedback from participants. Many find the gentle stretching and pose-holding to be both challenging and fulfilling. The welcoming environment, coupled with experienced instructors, keeps clients coming back for more.

Conclusion

In conclusion, Shepherd Street Yoga in Lufkin, Texas, stands out as a fantastic destination for anyone looking to enhance their yoga practice. With its excellent amenities, thoughtful accessibility features, and a nurturing atmosphere, it truly embodies what a yoga studio should be. Whether you are a beginner or a seasoned practitioner, you will find a home here.

Our address is

115 E Shepherd Ave, 75901 Lufkin, Texas - United States (US)

The phone of this **Yoga studio** is +1505-577-5700

And if you want to send a WhatsApp, you can do so at +1505-577-5700

The website is Shepherd Street Yoga

If necessary to modify any element that you consider is not precise concerning this page, please deliver a message and we will correct it promptly. In advance thanks for your cooperation.

Images



Shepherd street yoga street view 360deg



Shepherd street yoga map



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Shepherd street yoga all

Tags

Amenities, Toilet, Wheelchair-accessible toilet, Accessibility, Wheelchair-accessible car park

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