

Otter Creek Yoga and Healing Arts - Middlebury

middlebury

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middlebury

Otter Creek Yoga and Healing Arts - Middlebury

Discover Otter Creek Yoga and Healing Arts in Middlebury, Vermont

Otter Creek Yoga and Healing Arts offers a serene environment for individuals seeking to enhance their yoga practice while benefiting from various amenities designed for inclusivity and accessibility.

Accessibility and Amenities

The studio prides itself on its ****accessibility****, ensuring that everyone can enjoy the services offered. The facility includes a ****wheelchair-accessible toilet****

and a ****wheelchair-accessible car park****, making it easier for individuals with mobility challenges to participate in classes. Additionally, ****free parking**** is available, removing the stress of finding a spot so you can focus on your wellness journey.

Service Options

Otter Creek Yoga provides a range of ****on-site services**** that cater to different needs. With classes designed for all experience levels, you can expect a warm and welcoming atmosphere every time you step through the door. Joanne, an exceptional instructor, is particularly praised for her ability to work with older adults, helping them stretch their bodies and calm their minds.

Online Classes

In recognition of the evolving needs of their community, Otter Creek Yoga also offers ****online classes****. This makes it even more convenient for those who may not be able to attend in person, ensuring everyone has access to the benefits of yoga.

Community Testimonials

Visitors frequently express their appreciation for the studio's inviting atmosphere. One attendee noted, "Wonderful yoga studio. Very welcoming to everyone. I always leave feeling energized and happy." Other comments highlight the open and inclusive nature of the classes, stating, "Outstanding classes! Open, incredibly inclusive, welcoming." For those seeking relaxation beyond yoga, the studio's massage services have also garnered rave reviews: "Best massage around," although some wish for additional amenities like air conditioning.

Conclusion

Whether you're a seasoned yogi or new to the practice, Otter Creek Yoga and Healing Arts is a fantastic choice in Middlebury, Vermont. With its commitment to accessibility, welcoming community, and excellent instructors like Joanne, it's a space where everyone can thrive and enjoy the journey of yoga.

The address of our establishment is

99 Maple St, 05753 Middlebury, Vermont - United States (US)

The contact line of this **Yoga studio** is +1802-388-1961

And if you want to send a WhatsApp, you can do so at +1802-388-1961

You can visit us at the following hours:

Day Hours
Monday
9?AM–12?PM
Tuesday
6–7?PM
Wednesday
12–6:30?PM
Thursday
9?AM–7?PM
Friday
10:30?AM–6:30?PM
Saturday
9?AM–6?PM
Sunday
12–1?PM

The website is [Otter Creek Yoga and Healing Arts](#)

If you wish to adjust any information that you believe is incorrect about this portal, we urge you to send a message so we can we will adjust it quickly. In advance thank you very much.

Images



Otter creek yoga and healing arts yoga



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Otter creek yoga and healing arts map



Otter creek yoga and healing arts by owner



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Tags

Free parking lot, On-site services, Toilet, Parking, Service options, Wheelchair-accessible toilet, Wheelchair-accessible car park, Accessibility, Online classes, Amenities

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