

Electro Fitness: Best Electro Fitness

True Center Yoga and Massage - Randolph

randolph



Published on: 21/04/25	Hits: 32
Comments: 0	See comments
Votes: 4	Score: 4.3

https://www.electrofitness.com/yoga-studio/randolph/true-center-yoga-and-massage-randolph_21874 0.php



randolph

True Center Yoga and Massage - Randolph

Discover True Center Yoga and Massage in Randolph, Vermont

True Center Yoga and Massage is a hidden gem located in Randolph, Vermont, renowned for its warm and welcoming atmosphere. This studio offers a variety of **service options** that cater to all experience levels, ensuring that everyone can find something that suits their needs.

Service Options and On-Site Services

At True Center Yoga and Massage, you'll find an array of **on-site services**

including yoga classes and top-notch massage therapy. The classes are designed to accommodate beginners and experienced practitioners alike. Clients have praised the owner and instructor for her extensive knowledge and supportive approach, making it a wonderful place to deepen your practice or simply unwind.

Amenities and Accessibility

The studio boasts a range of **amenities** that enhance the overall experience for visitors. Additionally, True Center ensures **accessibility** with features such as a wheelchair-accessible car park, making it easier for everyone to join in on the yoga journey.

Online Classes and Planning Your Visit

Although the yoga studio aspect is currently on hiatus, many patrons are hopeful for its return. In the meantime, clients can still benefit from **online classes** offered through the studio, providing flexibility for those who wish to maintain their practice from home. It's advisable to make **appointments** for massage services, which continue to operate at a separate, pleasant location.

From the Business

True Center Yoga and Massage proudly identifies as a **women-owned** business, committed to fostering a positive and inclusive community. Many satisfied customers have experienced improved health, strength, and balance through their offerings.

Community Feedback

The studio has received high praise, with one client describing their experience as "absolutely fantastic" and worthy of "5+ stars across the board." Although there have been mixed reviews regarding the surrounding environment, the magical experiences shared within the studio walls remain a highlight for many.

Conclusion

In conclusion, True Center Yoga and Massage stands out as a welcoming space for all, promoting wellness through both yoga and massage therapy. As they navigate the future of their yoga services, the commitment to accessibility and community remains strong. Whether you're a local or just passing through Randolph, consider planning a visit to this vibrant studio, where healing and support await.

We are established at

23 Merchants Row, 05060 Randolph, Vermont - United States (US)

The phone of this **Yoga studio** is +1802-356-4956

Visit us during the following hours:

Day Hours Monday Closed Tuesday 9–11:30?AM Wednesday 9?AM–7?PM Thursday 9?AM–7?PM Eriday 9?AM–6?PM Saturday 9?AM–6?PM Sunday 9?AM–6?PM

The website is <u>True Center Yoga and Massage</u>

If necessary to update any data that you feel is not accurate about this web, please deliver a message and we will handle it at the earliest convenience. In advance thanks.

Images



True center yoga and massage street view 360deg



True center yoga and massage randolph



True center yoga and massage map



True center yoga and massage by owner



True center yoga and massage all

Tags

On-site services, From the business, Accessibility, Planning, Service options, Online classes, Wheelchair-accessible car park, Toilet, Identifies as women-owned, Appointments recommended, Amenities

Related content

- 5.0 * True Living Fitness Llc Centennial
- 4.8 * All In Fitness Randolph
- 5.0 * Embody Massage and Wellness Solutions Englewood

4.9 * Loosen Up Bodywork & Massage - Walnut Creek
4.0 * Sage Yoga Center - Abilene
5.0 * Zen Riot Yoga & Wellness Studio - Boise
5.0 * Kripalu Yoga and Wellness Center - Adams Center
5.0 * Acadiana Yoga & Wellness - Lafayette
4.9 * Shabach Yoga Studio - Waldorf
5.0 * Ironbeard Yoga - Westport

Categories

academic department
acupuncture clinic
amusement park ride
animal feed store
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school

exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center

rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization