

Balance Yoga: A Community Wellness Center - Richmond

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Balance Yoga: A Community Wellness Center - Richmond

Welcome to Balance Yoga: A Community Wellness Center

Located in the heart of Richmond, Vermont, **Balance Yoga** is more than just a yoga studio; it's a vibrant community wellness center dedicated to promoting health and well-being for individuals of all ages and backgrounds.

Amenities That Enhance Your Experience

Balance Yoga offers a variety of **amenities** to ensure a comfortable and convenient experience for all its visitors. The facility includes:

Wheelchair-accessible entrance and **wheelchair-accessible car park**
Wheelchair-accessible toilet facilities **Free parking lot** for stress-free arrival
High-speed **Wi-Fi** for those who need connectivity

Inclusivity and Community

At Balance Yoga, inclusivity is paramount. The studio proudly identifies as **women-owned** and actively promotes a **transgender safe space**, welcoming individuals from the **LGBTQ+** community and beyond. The environment fosters a sense of belonging, making it **good for kids** and adults alike.

A Range of Classes for Everyone

Whether you are a beginner or an experienced yogi, Balance Yoga has something to offer. With **online classes** as well as in-person sessions held in the dome, library, or even on a farm, the studio adapts to meet the needs of its members. As one long-time member shared, "The yogis here are by far the best I have ever experienced." This sentiment reflects the studio's commitment to providing individualized attention and options for all levels.

More Than Just Yoga

Balance Yoga isn't limited to traditional yoga practices. The studio also offers exciting events like salsa dancing lessons, where participants can enjoy a supportive atmosphere while learning new skills. Attendees often express appreciation for the friendly community that makes every activity enjoyable.

On-Site Services

In addition to yoga classes, Balance Yoga provides various **on-site services**, including massage therapy. These complementary services enhance the overall wellness experience, leaving members feeling rejuvenated and cared for.

Join the Balance Yoga Community

With a welcoming community, a diverse range of classes, and exceptional instructors, Balance Yoga stands out as a premier destination for anyone looking to enhance their wellness journey. As one member stated, "I always feel better after each Balance Yoga session." Come and discover why so many choose Balance Yoga as their go-to wellness center!

The location of our premises is

63 Willis Farm Rd, 05477 Richmond, Vermont - United States (US)

The phone number of the respective **Yoga studio** is +1802-434-8401
And if you want to send a WhatsApp, you can do so at +1802-434-8401

We are available at these times:

Day	Hours
Monday	8:30?AM–12?PM
Tuesday	4–5:15?PM
Wednesday	11?AM–7?PM
Thursday	11?AM–5:30?PM
Friday	9?AM–8?PM
Saturday	9?AM–8?PM
Sunday	9?AM–8?PM

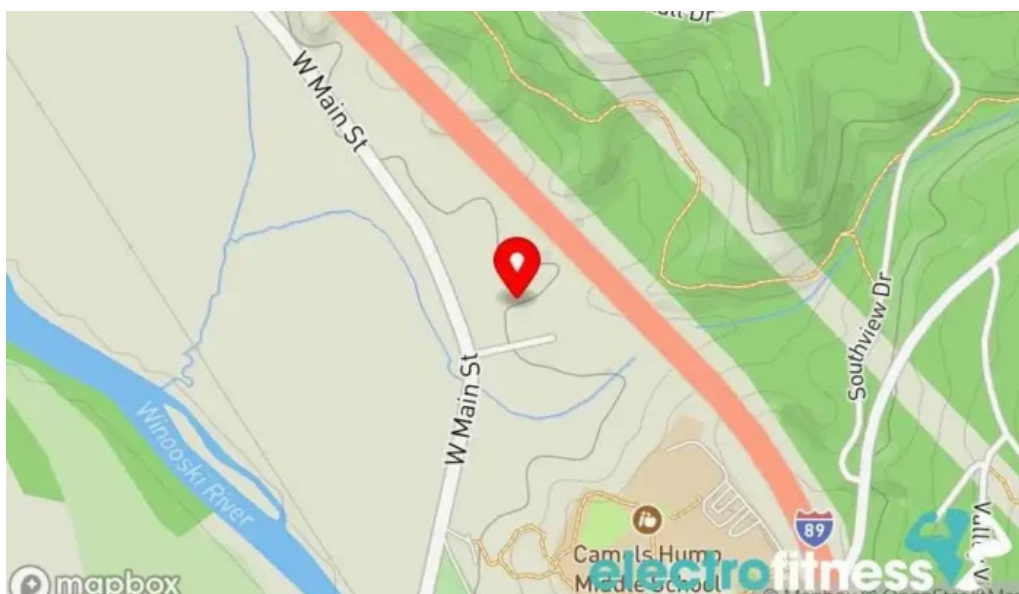
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Images



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Balance yoga a community wellness center map



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Tags

Good for kids, Service options, On-site services, Transgender safe space, Wheelchair-accessible entrance, Amenities, Accessibility, Toilet, Online classes, From the business, Crowd, Wheelchair-accessible car park, Wi-Fi, Free parking lot, Identifies as women-owned, Children, LGBTQ+ friendly, Parking, Wheelchair-accessible toilet

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