

## Luminecta Yoga & Wellness - Santa Fe

santa fe



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santa fe

# Luminecta Yoga & Wellness - Santa Fe

## Discover Luminecta Yoga & Wellness in Santa Fe, New Mexico

Luminecta Yoga & Wellness stands out as a premier destination for relaxation and rejuvenation in Santa Fe. This women-owned studio offers an array of \*\*on-site services\*\* designed to cater to both newcomers and seasoned practitioners alike.

## **Accessibility and Amenities**

Located conveniently in Sena Plaza, Luminecta provides \*\*wheelchair-accessible car park\*\* options, ensuring that everyone can enjoy their wellness experience without hurdles. The studio features various \*\*service options\*\*, including sound baths and yoga classes, tailored to enhance your mindfulness journey. The ambiance is designed to be comforting and warm, which contributes to a serene experience. \*\*Amenities\*\* include clean, accessible toilets and nearby \*\*paid street parking\*\* and a \*\*paid parking lot\*\*, making it easy for visitors to find convenient places to park while they unwind at the studio.

## **Unique Experiences Offered**

Visitors have praised Luminecta for its unique offerings. One guest shared, "I had a wonderful experience at my Hot Stone Himalayan Sound Massage," highlighting the professional and friendly environment cultivated by Kay and her team. Guests often describe their experiences as not just sessions, but as journeys toward deeper relaxation and healing. Luminecta is particularly known for its sound therapy sessions. Many clients have experienced significant relief from stress and physical discomfort, with one individual noting that personal sound therapy helped them breathe more easily after recovering from surgery.

## **A Welcoming Community**

The studio's atmosphere fosters a sense of community. One visitor mentioned the calming presence of instructors like Wren, who creates a welcoming environment and provides thoughtful guidance. This supportive setting encourages returning clients and attracts new visitors looking for a peaceful escape.

#### **Plan Your Visit**

If you're planning a visit to Santa Fe, make sure to include Luminecta Yoga & Wellness on your itinerary. Whether you're interested in a \*\*Vinyasa flow\*\*, a soothing sound bath, or just wish to relax in their exceptional space, this studio promises enriching experiences tailored to your needs. With its focus on accessibility and high-quality services, Luminecta Yoga & Wellness is not just a studio, but a sanctuary for those seeking balance and tranquility in their lives.

#### You can reach us at

125 E Palace Ave No. 72, 87501 Santa Fe, New Mexico - United States (US)

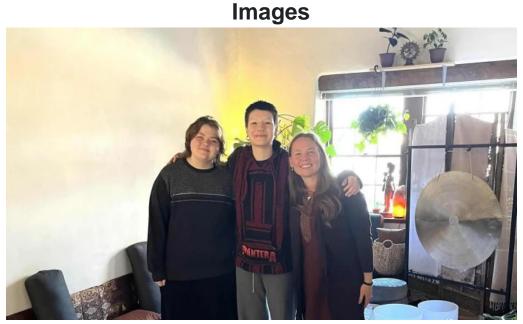
The phone number of this **Yoga studio** is  $\pm 1505-525-0254$ And if you want to send a WhatsApp, you can do so at $\pm 1505-525-0254$ 

## We are open during the following hours:

Day Hours Monday 9?AM-8?PM Tuesday 9?AM-8?PM Wednesday 9?AM-8?PM Thursday 9?AM-8?PM Saturday 9?AM-8?PM Saturday 9?AM-8?PM

## The website is Luminecta Yoga & Wellness

If you need to change any detail that you consider is not accurate about this site, we urge you to deliver a message so that we will adjust it at the earliest convenience. Thank you in advance thank you very much.



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Luminecta yoga wellness by owner



Luminecta yoga wellness all

## Tags

Toilet, Identifies as women-owned, Accessibility, Paid street parking, Parking, On-site services, Paid parking lot, Wheelchair-accessible car park, Amenities, Service options, From the business

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