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Lake Tahoe Yoga Paddle Yoga Classes - South Lake Tahoe

south lake tahoe



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Experience Yoga at Lake Tahoe: Paddle Yoga Classes

Welcome to **Lake Tahoe Yoga**, where tranquility meets community in the serene environment of South Lake Tahoe, CA. Our specialized **Paddle Yoga classes** combine the beauty of the lake with the transformative power of yoga, making it an experience you won't want to miss.

A Welcoming Environment for Everyone

At Lake Tahoe Yoga, we pride ourselves on being **LGBTQ+ friendly** and a **transgender safe space**. Everyone is welcome here, regardless of their background or identity. Our studio is committed to creating an inclusive atmosphere that fosters connection and acceptance.

Outstanding Amenities

Our studio offers a range of **amenities** designed for your comfort and convenience, including: - **Free parking lot** for easy access - **Wheelchair-accessible car park** - **Wheelchair-accessible toilet** Our facilities ensure that everyone can enjoy the peacefulness of the lake and the calming practice of yoga, regardless of individual needs.

On-site and Online Services

Whether you're looking to practice in-person or from the comfort of your home, we offer both **on-site services** and **online classes**. This flexibility allows you to be part of our community no matter where you are.

A Unique Outdoor Experience

Imagine starting your day with yoga on the tranquil waters of Lake Tahoe. As one visitor shared, "The lake is wonderfully peaceful this time of day." Many participants, like Jenay and Jana, have praised our classes for their calming demeanor and fun atmosphere. Visitors have noted that our **outdoor services** provide a refreshing change from traditional studios, allowing you to connect deeply with nature.

Accessibility for All

We understand the importance of accessibility. Our parking options and restrooms cater to all guests, including those with disabilities. Our **service options** ensure that every individual can participate fully in our yoga classes.

Why Choose Lake Tahoe Yoga?

As a studio that **identifies as women-owned**, we are passionate about empowering our community. Testimonials highlight experiences like, "It was one of the best mornings I've ever had," exemplifying the uplifting spirit that permeates our classes. From the calm laughter of Jana's session to the breathtaking scenery, Lake Tahoe Yoga promises an unforgettable experience. Join us for a class today and immerse yourself in the magic of paddle yoga! You won't just leave with improved flexibility and peace of mind; you'll also carry with you cherished memories created amidst the stunning backdrop of Lake Tahoe.

The premises are located at

02605006, 96150 South Lake Tahoe, CA - United States (US)

The phone of said **Yoga studio** is <u>+1775-580-7224</u>
And if you want to send a WhatsApp, you can do so at<u>+1775-580-7224</u>

Our service hours are:

Day Hours Monday

8-9:30?AM

Tuesday

8-9:30?AM

Wednesday

8-9:30?AM

Thursday

8-9:30?AM

Eriday 8-9:30?AM

Saturday

8-9:30?AM

Sunday

8-9:30?AM

The website is Lake Tahoe Yoga Paddle Yoga Classes

If you require to modify any information that you think is not precise related to this page, we kindly request forward a message and we will handle it as soon as possible. In advance thank you very much.

Images



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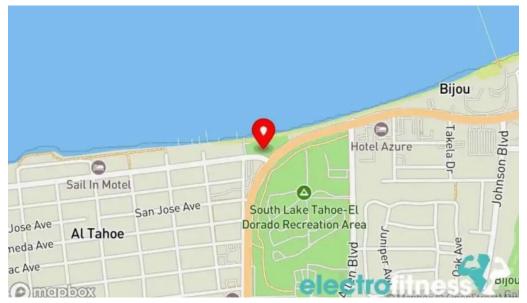
Lake tahoe yoga paddle yoga classes south lake tahoe



Lake tahoe yoga paddle yoga classes score



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Lake tahoe yoga paddle yoga classes map



Lake tahoe yoga paddle yoga classes by owner



Lake tahoe yoga paddle yoga classes all

Tags

Online classes, Transgender safe space, Toilet, Parking, Wheelchair-accessible toilet, Outdoor services, Service options, On-site services, From the business, Crowd, Amenities, Free parking lot, Wheelchair-accessible car park, LGBTQ+ friendly, Accessibility, Identifies as women-owned

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public swimming pool
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rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
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shooting range
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