


## Yoga Om Tahoe Studio - South Lake Tahoe

south lake tahoe

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*south lake tahoe*

## *Yoga Om Tahoe Studio - South Lake Tahoe*

### **Discover Yoga Om Tahoe Studio in South Lake Tahoe**

Yoga Om Tahoe Studio is a hidden gem located in the heart of South Lake Tahoe, California. Known for its welcoming atmosphere and dedicated instructors, this studio offers a variety of classes suitable for all ages, making it **good for kids** as well as adults.

### **A Family-Friendly Environment**

One of the standout features of Yoga Om Tahoe Studio is its commitment to creating a family-friendly environment. Many parents appreciate the studio's approach, ensuring that **children** can participate in yoga classes that are both fun and educational. The positive energy radiating from the owner, Cindy, and her team makes it easy for families to feel at home.

## **Facilities and Amenities**

Yoga Om Tahoe Studio is equipped with various **amenities** to enhance the experience for all its visitors. The studio boasts a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, providing easy access for everyone, regardless of mobility challenges. This focus on **accessibility** ensures that everyone can enjoy the calming practice of yoga.

## **Exceptional Teachers and Classes**

The studio is renowned for having experienced instructors who specialize in Yoga Therapy Modalities. Cyndi, Rachel, and Ember Speakman (LunaMoth) are just a few of the talented professionals offering their guidance. Their **loving**, magical healing hands help students to connect deeply with their practice. Whether you're a beginner or looking to deepen your existing practice, this studio is the perfect place to start.

## **Testimonials from Happy Yogis**

Visitors to Yoga Om Tahoe Studio consistently rave about their experiences. One satisfied yogi shared, "After 2 months of roadtripping, my body really needed a yoga class. I had an amazing experience with Cyndi! She is so kind and thoughtful, I feel energized and more grounded."

Another participant mentioned, "Cindi led a meditation/yoga session for a group of employees on a sales retreat. Everyone had nothing but wonderful things to say about the entire experience." It's these kinds of reviews that solidify Yoga Om as a must-visit destination in the Lake Tahoe area.

## **Join the Community**

If you're looking for a yoga studio that offers not only excellent classes but also a sense of community and support, Yoga Om Tahoe Studio is the place for you. With its **wheelchair-accessible** facilities, family-friendly environment, and knowledgeable instructors, it stands out amongst other studios in the region. Come visit and find out why so many people love this wonderful place. Namaste!

**The location of our business is in**

2520 Lake Tahoe Blvd #11, 96150 South Lake Tahoe, California - United States (US)

The contact phone of this **Yoga studio** is +1530-307-9721

And if you want to send a WhatsApp, you can do so at +1530-307-9721

**We look forward to seeing you at:**

Day Hours  
Monday  
8?AM–7?PM  
Tuesday  
8?AM–7?PM  
Wednesday  
8?AM–7?PM  
Thursday  
8?AM–7?PM  
Friday  
8?AM–7?PM  
Saturday  
8?AM–7?PM  
Sunday  
8?AM–7?PM

The website is Yoga Om Tahoe Studio

If you need to adjust any detail that you believe is not precise regarding this page, we urge you to send a message and we will handle it as soon as possible. With anticipation thanks.

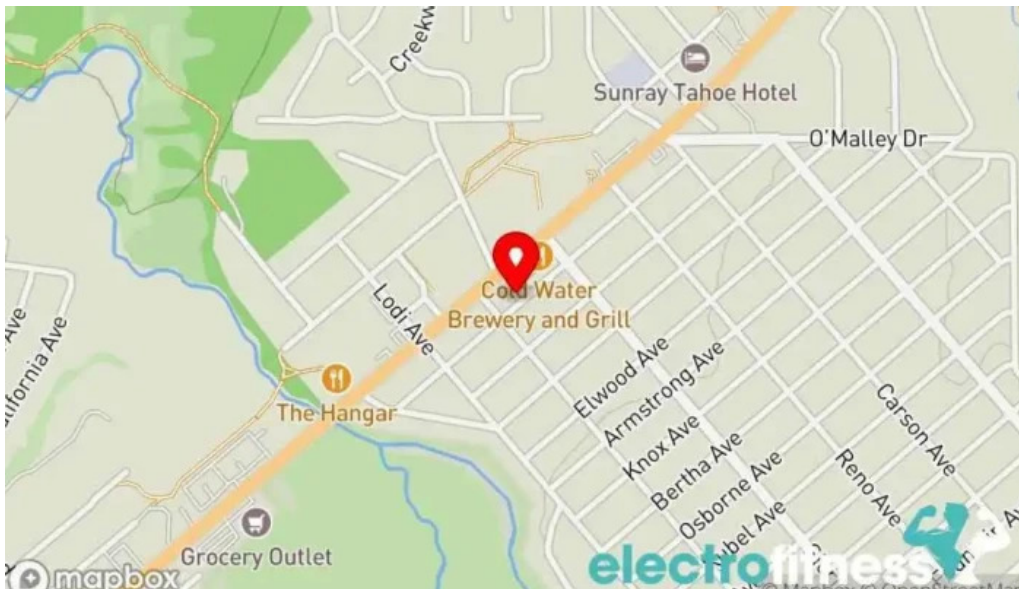
**Images**



*Yoga om tahoe studio street view 360deg*



*Yoga om tahoe studio south lake tahoe*



*Yoga om tahoe studio map*



*Yoga om tahoe studio by owner*



*Yoga om tahoe studio all*

## Tags

*Toilet, Accessibility, Amenities, Wheelchair-accessible car park, Wheelchair-accessible toilet, Good for kids, Children*

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boxing ring
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health food restaurant
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health spa
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hospital
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jujitsu school
karate club
karate school
kennel
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kinesiologist
kinesiotherapist
martial arts club
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medical group
medical spa
meditation center
metaphysical supply store
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non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
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recreation center
rehabilitation center
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rock climbing
rock climbing gym
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