

## Salt and Sand Studios - Warren

warren

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warren

## Salt and Sand Studios - Warren

### Discover Salt and Sand Studios in Warren, Vermont

Salt and Sand Studios is a unique destination located in the scenic Mad River Valley of Warren, Vermont. Known for its creativity and welcoming atmosphere, this studio offers an array of activities, including yoga classes and glassblowing workshops, making it an ideal spot for both relaxation and artistic expression.

### Accessibility Features

Salt and Sand Studios is committed to providing a welcoming environment for all. With a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, the studio ensures that everyone can enjoy its offerings. The space is designed with **accessibility** in mind, making it easy for individuals with different needs to participate in activities.

## **Catering to a Diverse Community**

As an **LGBTQ+ friendly** establishment, Salt and Sand Studios fosters an inclusive environment where everyone feels safe and welcomed. The studio proudly identifies as **women-owned**, adding to its community-focused ethos. Whether you are coming alone or with family, you will find a **transgender safe space** that promotes acceptance and understanding.

## **Exciting Activities and Services**

At Salt and Sand Studios, visitors can engage in a variety of **on-site services**. From yoga classes taught by the renowned Karen McPhillips to glassblowing sessions led by the knowledgeable Spencer, there's something for everyone. The studio also offers **outdoor services** that highlight the stunning natural surroundings, with options for hiking and exploring nearby swimming holes and waterfalls.

## **Family-Friendly Environment**

This studio is truly **good for kids** as well, with many families enjoying their time learning about glassmaking and participating in yoga classes. Many reviews highlight how much children enjoy these experiences, which are both fun and educational. Families are encouraged to make **appointments** for various classes, ensuring personalized attention and guidance.

## **Experience Unique Offerings**

Salt and Sand Studios provides several **service options** to cater to various interests. Guests have enjoyed making beautiful glass pumpkins, paperweights, and plates during their visits. Whether you're attending a couples' date night or a family class, you'll find each session engaging and informative.

## **Online Classes and Amenities**

In addition to in-person sessions, the studio also offers **online classes**, allowing those who cannot visit in person to partake in the experience from the comfort of their homes. With **amenities** like mats provided for yoga classes and a cozy studio setting, guests can focus on what matters most: their creative

journey and personal growth.

## Plan Your Visit

When visiting Salt and Sand Studios, it is highly recommended to check availability and make an **\*\*appointment\*\*** ahead of time, especially during peak seasons. Whether you're planning a relaxing yoga retreat, a fun glassblowing class, or simply looking to explore new artistic avenues, this studio promises a memorable experience.

## Join the Community

With its strong commitment to community and creativity, Salt and Sand Studios stands out as a must-visit destination in Vermont. Immerse yourself in the arts, relax during a yoga session, and enjoy the stunning beauty of the surrounding area. You won't regret your choice to visit this amazing studio!

## You can find us in

3955 Vermont Rte 100, 05674 Warren, Vermont - United States (US)

The phone of this **Yoga studio** is +1802-583-2559

And if you want to send a WhatsApp, you can do so at +1802-583-2559

## We are open during the following hours:

Day	Hours
Monday	9:30?AM–5?PM
Tuesday	8:30?AM–4?PM
Wednesday	9:30?AM–5?PM
Thursday	9:30?AM–6:30?PM
Friday	9:30?AM–5?PM
Saturday	9:30?AM–5?PM
Sunday	9:30?AM–6:30?PM

The website is [Salt and Sand Studios](#)

If you wish to alter any information that you believe is not accurate concerning this portal, we ask send us a message and we will fix it promptly. In advance thanks for your cooperation.

## Images



*Salt and sand studios yoga studio*



*Salt and sand studios website*





*Salt and sand studios warren*



*Salt and sand studios street view 360deg*



*Salt and sand studios score*



*Salt and sand studios schedule*

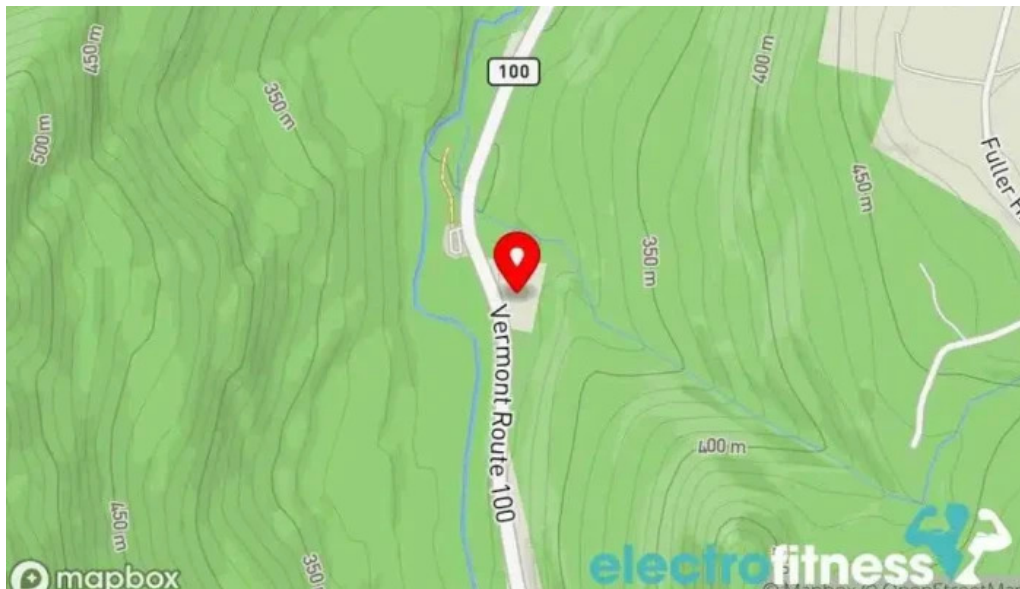




*Salt and sand studios reviews*



*Salt and sand studios open now*



*Salt and sand studios map*



*Salt and sand studios location*





*Salt and sand studios by owner*



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## Tags

*Accessibility, Planning, Wheelchair-accessible toilet, From the business, Toilet, Outdoor services, On-site services, Appointments recommended, LGBTQ+ friendly, Amenities, Children, Identifies as women-owned, Crowd, Good for kids, Wheelchair-accessible car park, Service options, Transgender safe space, Online classes*

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<b>5.0 *</b>	<i>American Martial Arts Gym - Waldorf</i>
<b>4.9 *</b>	<i>Shabach Yoga Studio - Waldorf</i>

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dance school
day spa
dollar store

elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
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health spa
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hospital
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indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
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non-profit organization
nutritionist
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personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution



recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
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yoga studio
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